

The background is a solid black field covered with a dense, repeating pattern of stylized green foliage. The leaves are elongated and pointed, with some showing lighter green highlights, suggesting a watercolor or painted texture. Interspersed among the leaves are small, round, light green berries or fruits. The overall effect is a lush, textured green pattern.

PSALLMS

“I have been accustomed to call this book, I think not inappropriately, 'An Anatomy of all the Parts of the Soul;' for there is not an emotion of which any one can be conscious that is not here represented as in a mirror. Or rather, the Holy Spirit has here drawn to the life all the griefs, sorrows, fears, doubts, hopes, cares, perplexities, in short, all the distracting emotions with which the minds of men are wont to be agitated.”

John Calvin, *Commentary on the Book of Psalms*, vol. 1, trans. James Anderson (Edinburgh: Calvin Translation Society, 1845), xxxvi–xxxvii.

“The other parts of Scripture contain the commandments which God enjoined his servants to announce to us. But here the prophets themselves, seeing they are exhibited to us as speaking to God, and laying open all their inmost thoughts and affections, call, or rather draw, each of us to the examination of himself in particular, in order that none of the many infirmities to which we are subject, and of the many vices with which we abound, may remain concealed.”

John Calvin, *Commentary on the Book of Psalms*, vol. 1, trans. James Anderson (Edinburgh: Calvin Translation Society, 1845), xxxvi–xxxvii.

THE ANATOMY OF THE SOUL



1. PSALM 1
*delight /
rootedness*



2. PSALM 13
*grief /
lament*



3. PSALM 42–43
*longing /
spiritual depression*



4. PSALM 32
*guilt →
the joy of
forgiveness*



5. PSALM 134
*blessing /
corporate worship*



6. PSALM 103
*gratitude /
praise*



7. PSALM 139
*awe +
intimacy*



8. PSALM 112
*the fearless,
settled,
generous life*



9. PSALM 150
*unrestrained
praise*



2. PSALM 13



*grief /
lament*

CHRIS PALMER

A
WORLD
— *The Search for Meaning in a Society* —
WITHOUT
— *Overwhelmed by Despair* —
GOD

FOREWORD BY BRIAN ZAHND
author of When Everything's on Fire





BOOK OF PSALMS · WEEK 2

Afraid of the Dark

Psalms 13:1-6

Today

Afraid of the Dark

Psalm 13:1-6

I. The Complaint vs. 1-2

II. The Petition vs. 3-4

III. The Gospel Turn vs. 5-6

To the choirmaster. A Psalm of David.

To the choirmaster. A Psalm of David.

- ¹ How long, O Lord? Will you forget me forever?
How long will you hide your face from me?
- ² How long must I take counsel in my soul
and have sorrow in my heart all the day?
How long shall my enemy be exalted over me?

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How long will you hide your face from me?
- ² **How long** must I take counsel in my soul
and have sorrow in my heart all the day?
How long shall my enemy be exalted over me?

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PRESENTS

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WITH THE PARTICIPATION OF
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THE COUNT OF MONTECRISTO

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ENTOURAGE

THE COUNT OF MONTECRISTO

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Afraid of the Dark

Psalm 13:1-6

I. The Complaint vs. 1-2

II. The Petition vs. 3-4

III. The Gospel Turn vs. 5-6

3 Consider and answer me, O Lord my God;
light up my eyes, lest I sleep the sleep of death,
4 lest my enemy say, “I have prevailed over him,”
lest my foes rejoice because I am shaken.

3 Consider and answer me, O Lord my God;
light up my eyes, lest I sleep the sleep of death,
4 lest my enemy say, “I have prevailed over him,”
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Afraid of the Dark

Psalm 13:1-6

I. The Complaint vs. 1-2

II. The Petition vs. 3-4

III. The Gospel Turn vs. 5-6

5 But I have trusted in your steadfast love;
my heart shall rejoice in your salvation.

6 I will sing to the Lord,
because he has dealt bountifully with me.

“Everyone then who hears these words of mine and does them will be like a wise man who built his house on the rock. ²⁵ And the rain fell, and the floods came, and the winds blew and beat on that house, but it did not fall, because it had been founded on the rock.

²⁶ And everyone who hears these words of mine and does not do them will be like a foolish man who built his house on the sand. ²⁷ And the rain fell, and the floods came, and the winds blew and beat against that house, and it fell, and great was the fall of it.”

“Father, if you are willing, remove this cup from me. Nevertheless, not my will, but yours, be done.” ⁴³ And there appeared to him an angel from heaven, strengthening him.

¹ My God, my God, why have you forsaken me?
Why are you so far from saving me, from the words of
my groaning?

² O my God, I cry by day, but you do not answer,
and by night, but I find no rest.

How do we apply this?

- It's not wrong to be in the dark



How do we apply this?

- It's not wrong to be in the dark
- Trust in being “known by God” from Ps 1 and take “refuge in the Messiah” from Ps 2



Gospel Application

Are we willing to sit in our darkness knowing we are
built on a solid rock?