

Message Notes

Scripture Passages

(taken from the New International Version)

Introduction – Our greatest need

This week's Message:
Renovation Threats Part III

Galatians 2:12, 14

Threats Part I: Anxiety and Depression
Threats Part II: Broken Relationships

Part III: Consumption

Starting Points -

1. This issue impacts every person in the room.
2. This issue impacts every person in the room differently.
3. The gospel speaks to you as it relates to this issue.
4. The gospel speaks to this issue as it relates to you.

A quick history lesson

- The early church
- The imperial church
- An ascetical theology

Historical Indications of Gluttony

An Idolatry of Self

Matthew 4:1-3

Deuteronomy 8:2-3, 7-10

What should we do?

Acts 2:36-47

What should I do about this?

Ask yourself these three questions

- 1.
- 2.
- 3.

Gospel Application –

Galatians 2:12,14

12 For before certain men came from James, he used to eat with the Gentiles. But when they arrived, he began to draw back and separate himself from the Gentiles because he was afraid of those who belonged to the circumcision group.

14 When I saw that they were not acting in line with the truth of the gospel, I said to Peter...

Galatians 1:4

He gave himself for our sins to deliver us from the present evil age, according to the will of our God and Father.

James 1:13-15

13 Let no one say when he is tempted, "I am being tempted by God," for God cannot be tempted with evil, and he himself tempts no one. 14 But each person is tempted when he is lured and enticed by his own desire. 15 Then desire when it has conceived gives birth to sin, and sin when it is fully grown brings forth death.

Titus 2:11-14

11 For the grace of God has appeared, bringing salvation for all people, 12 training us to renounce ungodliness and worldly passions, and to live self-controlled, upright, and godly lives in the present age, 13 waiting for our blessed hope, the appearing of the glory of our great God and Savior Jesus Christ, 14 who gave himself for us to redeem us from all lawlessness and to purify for himself a people for his own possession who are zealous for good works.

Colossians 3:20-22

20 If with Christ you died to the elemental spirits of the world, why, as if you were still alive in the world, do you submit to regulations— 21 "Do not handle, Do not taste, Do not touch" 22 (referring to things that all perish as they are used)—according to human precepts and teachings? 23 These have indeed an appearance of wisdom in promoting self-made religion and asceticism and severity to the body, but they are of no value in stopping the indulgence of the flesh.

Deuteronomy 8:2-3

2 And you shall remember the whole way that the Lord your God has led you these forty years in the wilderness, that he might humble you, testing you to know what was in your heart, whether you would keep his commandments or not. 3 And he humbled you and let you hunger and fed you with manna, which you did not know, nor did your fathers know, that he might make you know that man does not live by bread alone, but man lives by every word that comes from the mouth of the Lord.

Deuteronomy 8:7-10

7 For the Lord your God is bringing you into a good land, a land of brooks of water, of fountains and springs, flowing out in the valleys and hills, 8 a land of wheat and barley, of vines and fig trees and pomegranates, a land of olive trees and honey, 9 a land in which you will eat bread without scarcity, in which you will lack nothing, a land whose stones are iron, and out of whose hills you can dig copper. 10 And you shall eat and be full...and you shall bless the Lord your God for the good land he has given you.

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RENOVATION PROJECT

HOW THE GOSPEL CHANGES US



Accordingly, the greatest need you and I have – the greatest need of collective humanity – is renovation of our heart. That spiritual place within us from which outlook, choices, and actions come has been formed by a world away from God. Now it must be transformed.



Dallas Willard, Renovation of the Heart

Galatians 2:12

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14 When I saw that they were not acting in line with the truth of the gospel, I said to Peter...



A hand with a light skin tone is pointing its index finger towards the word "ANXIETY" in a word cloud. The word "ANXIETY" is the largest and most prominent, rendered in a bright yellow, textured font. It is surrounded by various other words in white, sans-serif font, including "scared", "chest pain", "phobia", "tension", "tense", "panic attacks", "stress", "headache", "worry", "emotional", "desperate", "trembling", "tension", "angst", "jumpy", "sweating", "fear", "feelings", "restlessness", "border", "symptoms", and "ood". The background is a solid, vibrant blue.

scared
chest pain
phobia
tension
tense
panic attacks
stress
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worry
emotional
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ANXIETY

Gospel Renovation for Broken Relationships





Starting Points

#1 – This issue impacts every person in the room.

Galatians 1:4

He gave himself for our sins to deliver us from the present evil age, according to the will of our God and Father.

Isaiah 6:5

And I said: “Woe is me! For I am lost; for I am a man of unclean lips, and I dwell in the midst of a people of unclean lips; for my eyes have seen the King, the Lord of hosts!”

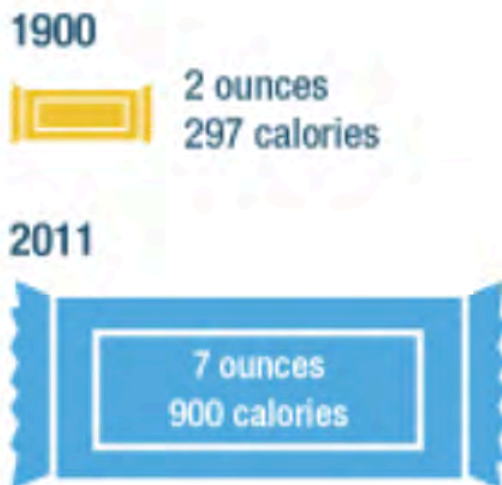
PORTION SIZES

CHANGING PORTION SIZES IN AMERICA

Movie Popcorn



Hershey Bar



Starting Points

#2 – This issue impacts every person in the room
differently.

METRO

Americans are ready to elect a fat president: survey

By [Sophia Rosenbaum](#)

June 10, 2014 | 2:27am



New Jersey Governor Chris Christie

Photo: Getty Images

TRE

Startu
to earnNew Yo
chokerTeache
keep jo

I need to start eating more healthy,
but first I need to eat all
the junk food in the
house so it's not there
to tempt me
anymore.



James 1:13-15

13 Let no one say when he is tempted, "I am being tempted by God," for God cannot be tempted with evil, and he himself tempts no one. 14 But each person is tempted when he is lured and enticed by his own desire. 15 Then desire when it has conceived gives birth to sin, and sin when it is fully grown brings forth death.

Starting Points

#3 – The gospel speaks to you
as you relate to this issue.

Romans 8:1

There is therefore now no condemnation
for those who are in Christ Jesus.

Romans 6:14

Sin will have no dominion over you,
since you are not under law but under grace.

2 Corinthians 5:14-15

14 For the love of Christ controls us, because we have concluded this: that one has died for all, therefore all have died; 15 and he died for all, that those who live might no longer live for themselves but for him who for their sake died and was raised.

Starting Points

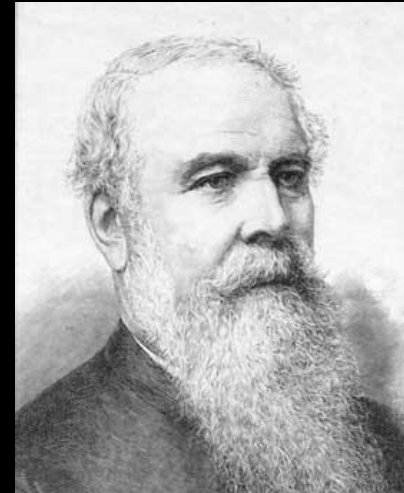
#4 – The gospel speaks this issue
as it relates to you.

Titus 2:11-14

11 For the grace of God has appeared, bringing salvation for all people, 12 training us to renounce ungodliness and worldly passions, and to live self-controlled, upright, and godly lives in the present age, 13 waiting for our blessed hope, the appearing of the glory of our great God and Savior Jesus Christ, 14 who gave himself for us to redeem us from all lawlessness and to purify for himself a people for his own possession who are zealous for good works.

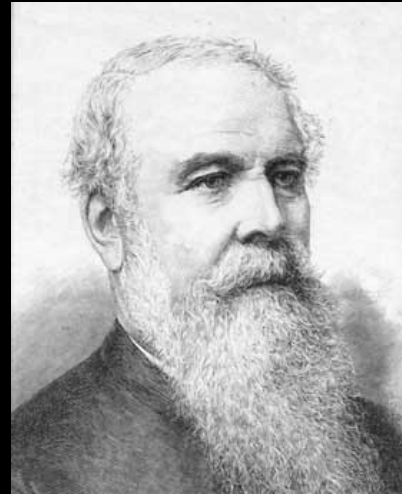
He who supposes that Jesus Christ only lived and died and rose again in order to provide justification and forgiveness of sins for his people, has yet much to learn. Whether he knows it or not, he is dishonouring our blessed Lord, and making him only a half Saviour...

J.C. Ryle, Anglican Bishop



...The Lord Jesus has undertaken everything that His people's souls require; not only to deliver them from the guilt of their sins by his atoning death, but from the dominion of their sin, by placing in their hearts the Holy Spirit.

J.C. Ryle, Anglican Bishop



A quick history lesson

An Early Church

An Imperial Church

Ezekiel 16:49

Now this was the sin of your sister Sodom: She and her daughters were arrogant, overfed and unconcerned; they did not help the poor and needy.

Matthew 16:24-25

24 Then Jesus told his disciples, “If anyone would come after me, let him deny himself and take up his cross and follow me. 25 For whoever would save his life will lose it, but whoever loses his life for my sake will find it.

An Ascetical Theology

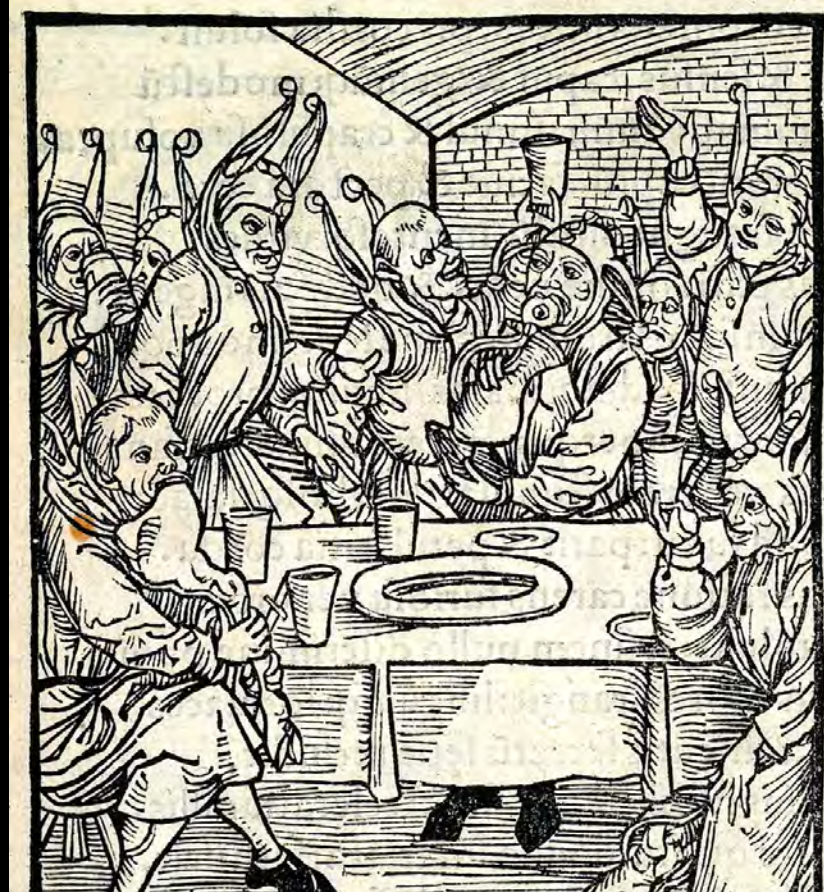
Colossians 3:20-22

20 If with Christ you died to the elemental spirits of the world, why, as if you were still alive in the world, do you submit to regulations – 21 “Do not handle, Do not taste, Do not touch” 22 (referring to things that all perish as they are used) – according to human precepts and teachings? 23 These have indeed an appearance of wisdom in promoting self-made religion and asceticism and severity to the body, but they are of no value in stopping the indulgence of the flesh.

Seven Deadly Sins

1. Anger
2. Greed
3. Sloth
4. Pride
5. Lust
6. Envy
7. Gluttony

Historical Indications of Gluttony



Historical Indications of Gluttony

1. Seeking delicacies and better quality of food (e.g. too luxurious, exotic, or costly) to gratify the “vile sense of taste.”

Historical Indications of Gluttony

2. Seeking to stimulate the palate with sauces and seasonings
(e.g. too daintily or elaborately prepared)

Historical Indications of Gluttony

3. Exceeding the necessary quantity of food

Historical Indications of Gluttony

4. Eating before the time of meals
(e.g. too soon, inappropriate times, etc.)
in order to satisfy the palate

Historical Indications of Gluttony

5. Taking food with too much eagerness, even when eating the proper amount, and even if the food is not luxurious

**If hunger is not the problem,
then food is not the solution.**

Matthew 4:1-3

1 Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. 2 And after fasting forty days and forty nights, he was hungry.

Matthew 4:1-3

3 And the tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread."

4 But he answered, "It is written, "Man shall not live by bread alone, but by every word that comes from the mouth of God.'"

Deuteronomy 8:2-3

2 And you shall remember the whole way that the Lord your God has led you these forty years in the wilderness, that he might humble you, testing you to know what was in your heart, whether you would keep his commandments or not. 3 And he humbled you and let you hunger and fed you with manna, which you did not know, nor did your fathers know, that he might make you know that man does not live by bread alone, but man lives by every word that comes from the mouth of the Lord.

Deuteronomy 8:7-10

7 For the Lord your God is bringing you into a good land, a land of brooks of water, of fountains and springs, flowing out in the valleys and hills, 8 a land of wheat and barley, of vines and fig trees and pomegranates, a land of olive trees and honey, 9 a land in which you will eat bread without scarcity, in which you will lack nothing, a land whose stones are iron, and out of whose hills you can dig copper. 10 And you shall eat and be full...

Deuteronomy 8:10

...and you shall bless the Lord your God
for the good land he has given you.

Idolatry of Self

“It is not a fault to feel pleasure in eating: for it is, generally speaking, impossible to eat without experiencing the delight which food naturally produces. But it is rebellion to eat, like beasts, through the sole motive of sensual gratification.

St. Alphonsus Liguori, Italian Catholic Bishop



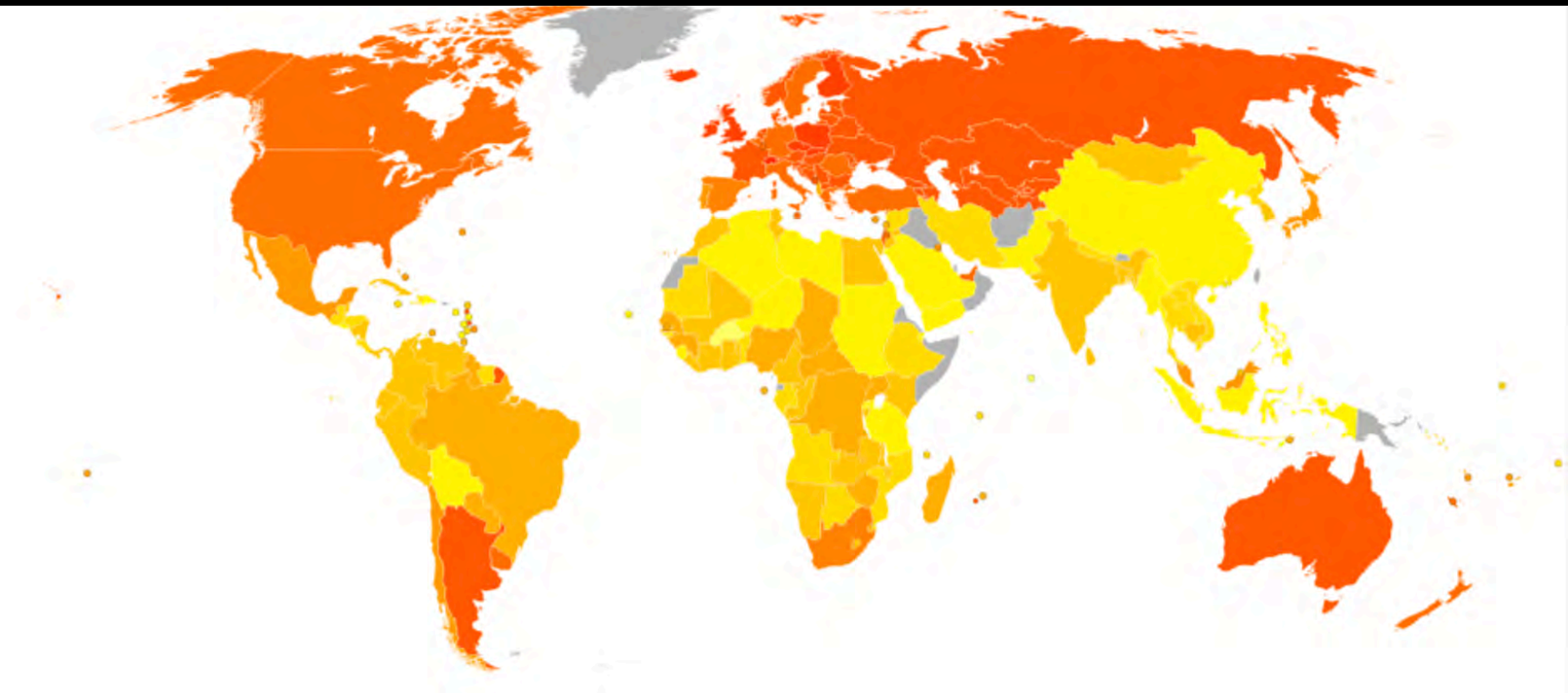
Proverbs 23:1-3

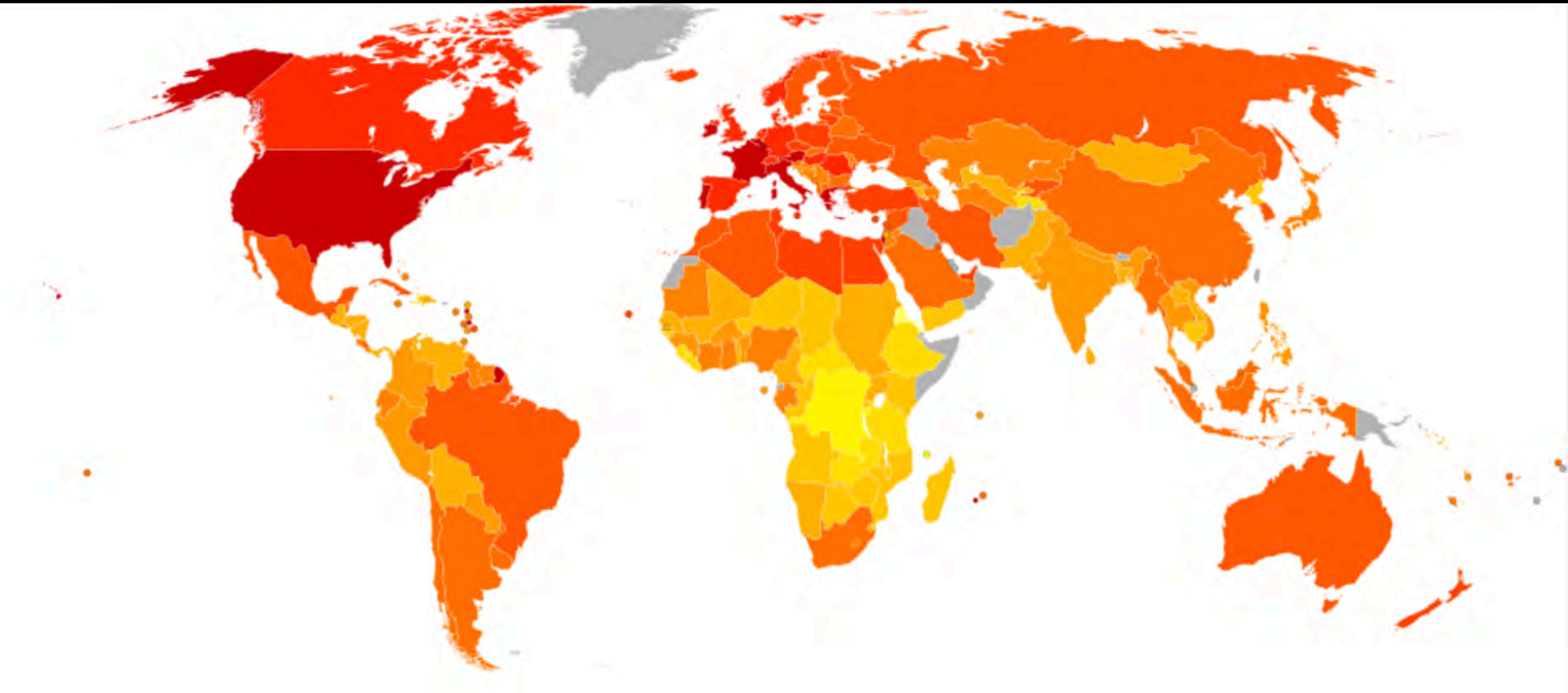
- 1 When you sit down to eat with a ruler, observe carefully what is before you,
- 2 and put a knife to your throat if you are given to appetite (i.e. gluttony).
- 3 Do not desire his delicacies, for they are deceptive food.

Societies the world around are currently in desperate straits trying to produce people who are merely capable of coping with their life on earth in a nondestructive manner. This is as true of North America and Europe as it is of the rest of the world, though the struggle takes superficially different forms in various areas. In spiritual matters there really is no “Third World.” It’s all Third World.



Dallas Willard, Renovation of the Heart





What should we do?

What should we do?

**How do we act in line
with the truth of the gospel?**

Acts 2:36-47

36 “Let all the house of Israel therefore know for certain that God has made him both Lord and Christ, this Jesus whom you crucified.”

37 Now when they heard this they were cut to the heart, and said to Peter and the rest of the apostles, “Brothers, what shall we do?” **38** And Peter said to them, “Repent and be baptized every one of you in the name of Jesus Christ for the forgiveness of your sins, and you will receive the gift of the Holy Spirit.”

Acts 2:36-47

39 "For the promise is for you and for your children and for all who are far off, everyone whom the Lord our God calls to himself." 40 And with many other words he bore witness and continued to exhort them, saying, "Save yourselves from this crooked generation." 41 So those who received his word were baptized, and there were added that day about three thousand souls.

Acts 2:36-47

42 And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers. 43 And awe came upon every soul, and many wonders and signs were being done through the apostles. 44 And all who believed were together and had all things in common. 45 And they were selling their possessions and belongings and distributing the proceeds to all, as any had need.

Acts 2:36-47

46 And day by day, attending the temple together and breaking bread in their homes, they received their food with glad and generous hearts, 47 praising God and having favor with all the people. And the Lord added to their number day by day those who were being saved.

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What should I do?

What should I do?

1. What am I feeling?
2. Why am I feeling this?
3. Is food the solution?

RENOVATION PROJECT

HOW THE GOSPEL CHANGES US

