

Message Notes

Habits of Holiness

Scripture Passages

(taken from the New International Version)

Introduction – “The moment before the pain begins...”

Today’s Message: Holiness in all of life:
a call to ruthless pursuit of Jesus

1. Death to the law - An analogy from marriage (Romans 7:1-3)
2. Released from law so we can serve in the new way of the Spirit (Romans 7:4-6)
3. What caused sin to be in me, then? God’s law? (Romans 7:7-12)

What is Sin?
Romans 1:21—25

Areas we need holiness:

- Holiness in Body
- Holiness in Mind
- Holiness in Spirit
- Holiness in Actions
- Holiness in Will

4. Isn’t it then God’s fault indirectly? (Romans 7:13)
5. The Absolute War that goes on within believers (Romans 7:14-20)
6. Taking no prisoners: the role of disciplined fighting (Romans 7:21-25)

Gospel Application - “Repentance and
A Battle Plan”

Intake

Outake

Ephesians 4:17-32

¹⁷So I tell you this, and insist on it in the Lord, that you must no longer live as the Gentiles do, in the futility of their thinking. ¹⁸They are darkened in their understanding and separated from the life of God because of the ignorance that is in them due to the hardening of their hearts. ¹⁹Having lost all sensitivity, they have given themselves over to sensuality so as to indulge in every kind of impurity, with a continual lust for more. ²⁰You, however, did not come to know Christ that way. ²¹Surely you heard of him and were taught in him in accordance with the truth that is in Jesus. ²²You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; ²³to be made new in the attitude of your minds; ²⁴and to put on the new self, created to be like God in true righteousness and holiness. ²⁵Therefore each of you must put off falsehood and speak truthfully to his neighbor, for we are all members of one body. ²⁶“In your anger do not sin”: Do not let the sun go down while you are still angry, ²⁷and do not give the devil a foothold. ²⁸He who has been stealing must steal no longer, but must work, doing something useful with his own hands, that he may have something to share with those in need. ²⁹Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. ³⁰And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. ³¹Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. ³²Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

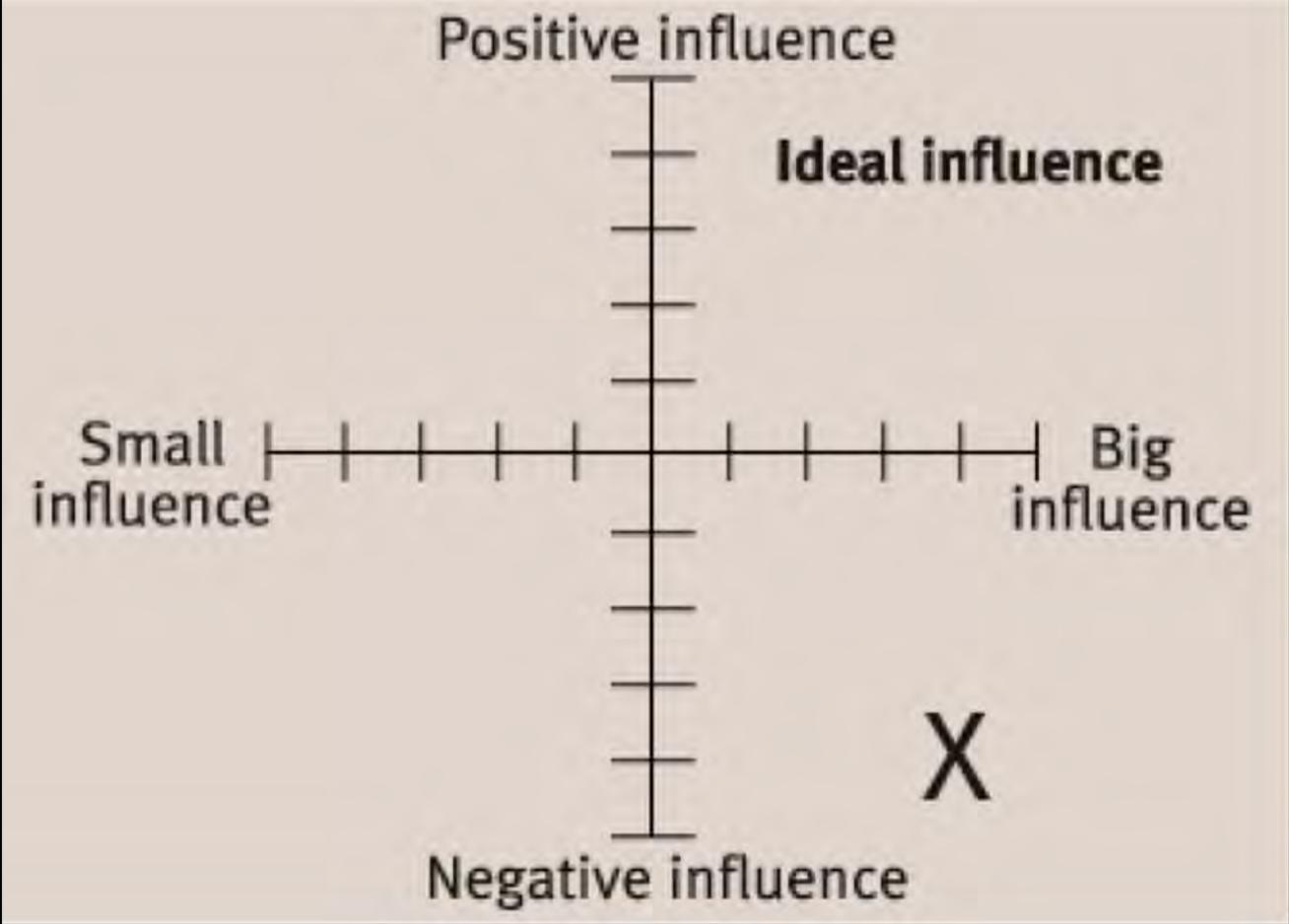
John 17:13-19

¹³“I am coming to you now, but I say these things while I am still in the world, so that they may have the full measure of my joy within them. ¹⁴I have given them your word and the world has hated them, for they are not of the world any more than I am of the world. ¹⁵My prayer is not that you take them out of the world but that you protect them from the evil one. ¹⁶They are not of the world, even as I am not of it. ¹⁷Sanctify them by the truth; your word is truth. ¹⁸As you sent me into the world, I have sent them into the world. ¹⁹For them I sanctify myself, that they too may be truly sanctified.

Romans 12:1-2

¹Therefore, I urge you, brothers, in view of God’s mercy, to offer your bodies as living sacrifices, holy and pleasing to God—this is your spiritual act of worship. ²Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.

Is Change Possible?



**THE
REDEEMED
LIFE
SET FREE**

**THE PURSUIT
OF HOLINESS**

OVER 1,400,000 SOLD

The
PURSUIT
of
HOLINESS

JERRY
BRIDGES

RUN IN SUCH A WAY AS TO GET THE PRIZE.

1 CORINTHIANS 9:24

How Can we CHANGE?

*A study of Ephesians 4:17-21
and developing Habits of Holiness*



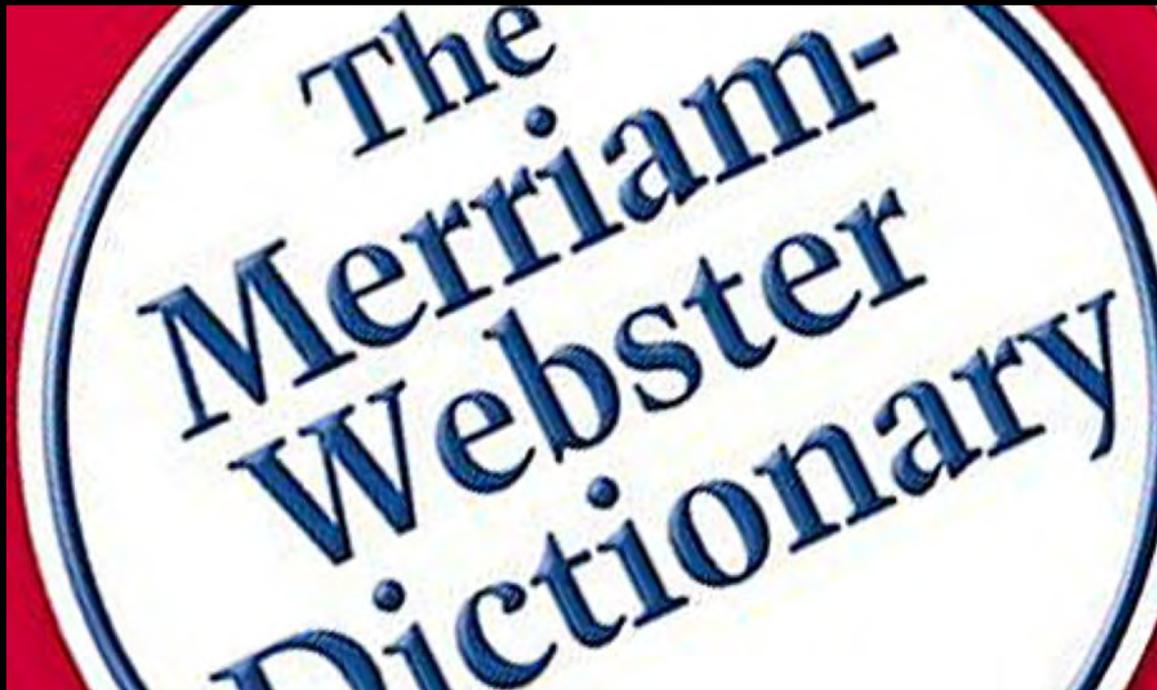
Developing Habits of Holiness

hab·it *noun* \ 'ha-bət \

a : a behavior pattern acquired by frequent repetition or physiologic exposure that shows itself in regularity or increased facility of performance

b : an acquired mode of behavior that has become nearly or completely involuntary <got up early from force of habit>

c : addiction <a drug habit>



Habits of Holiness

1. Insistence that we not live like the rest of the world

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457.086 M

(I CAN'T GET NO) **Satisfaction**



GROWN UP WRONG
THE UNDER ASSISTANT WEST COAST PROMOTION MAN
SUSIE - Q

DECCA

IN but not OF the world

John 17:13-19

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Habits of Holiness

2. Live out the whole gospel

Ephesians 4:20-24

²⁰You, however, did not come to know Christ that way.

²¹Surely you heard of him and were taught in him in accordance with the truth that is in Jesus. ²²You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; ²³to be made new in the attitude of your minds; ²⁴and to put on the new self, created to be like God in true righteousness and holiness.

Habits of Holiness

2. Live out the whole gospel
 - a. *Put off your old self*

Ephesians 4:20-24

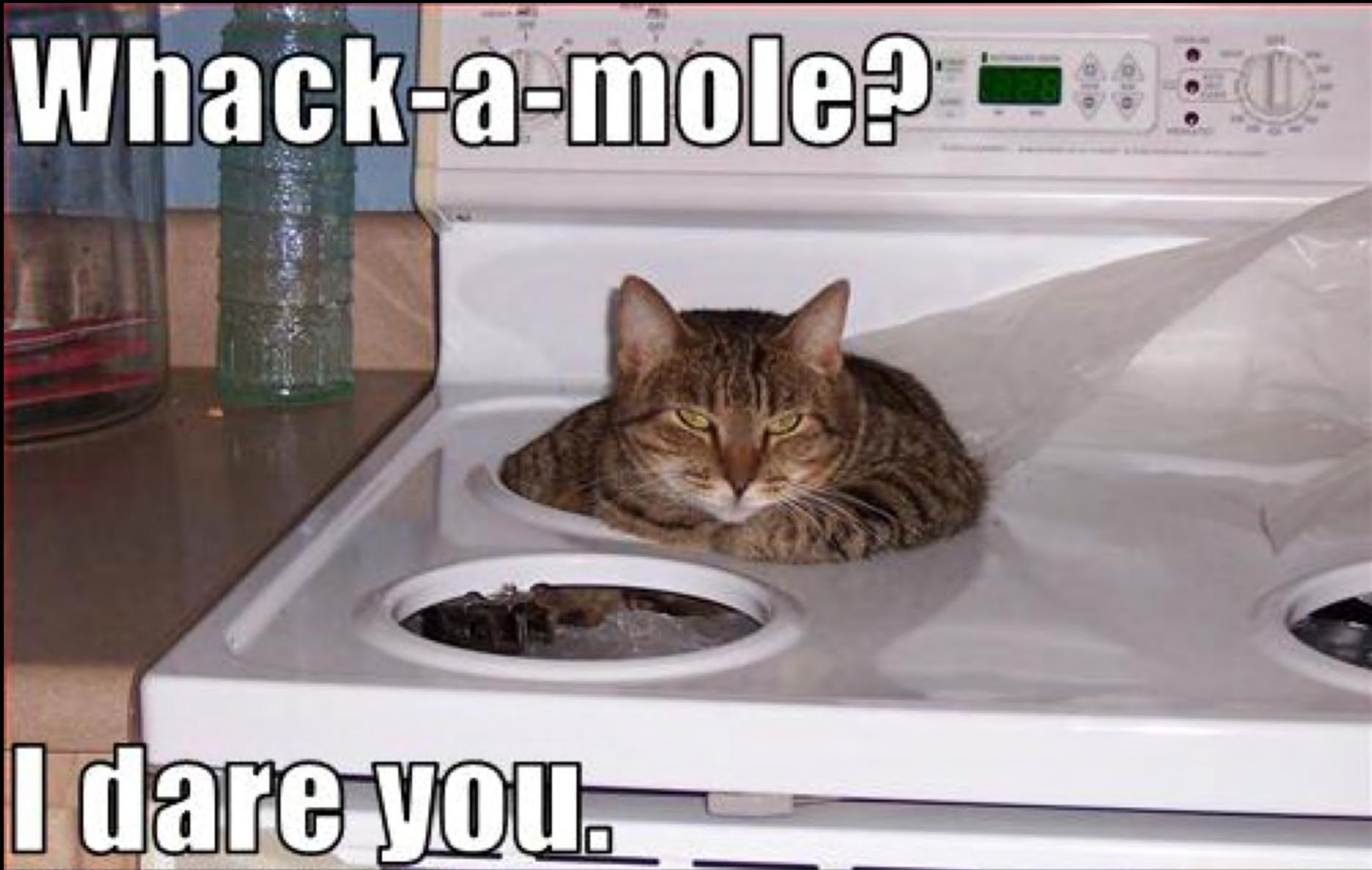
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Whack-a-mole?

I dare you.



Habits of Holiness

2. Live out the whole gospel
 - b. Be renewed in your minds*

Ephesians 4:20-24

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RENEWING YOUR MIND



Habits of Holiness

2. Live out the whole gospel
 - c. *Put on the new self*

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Theses #1

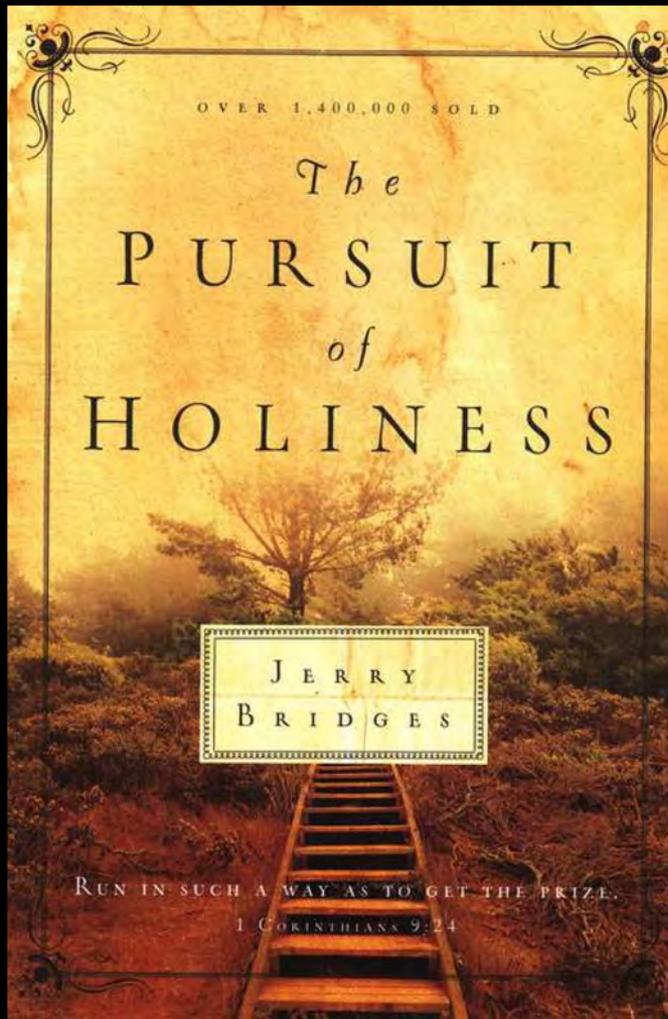
“Our Lord and Master Jesus Christ, when He said “Repent, for the Kingdom of God is at hand”, willed that the whole life of believers should be repentance.”

Gospel Repentance Cycle

Repentance

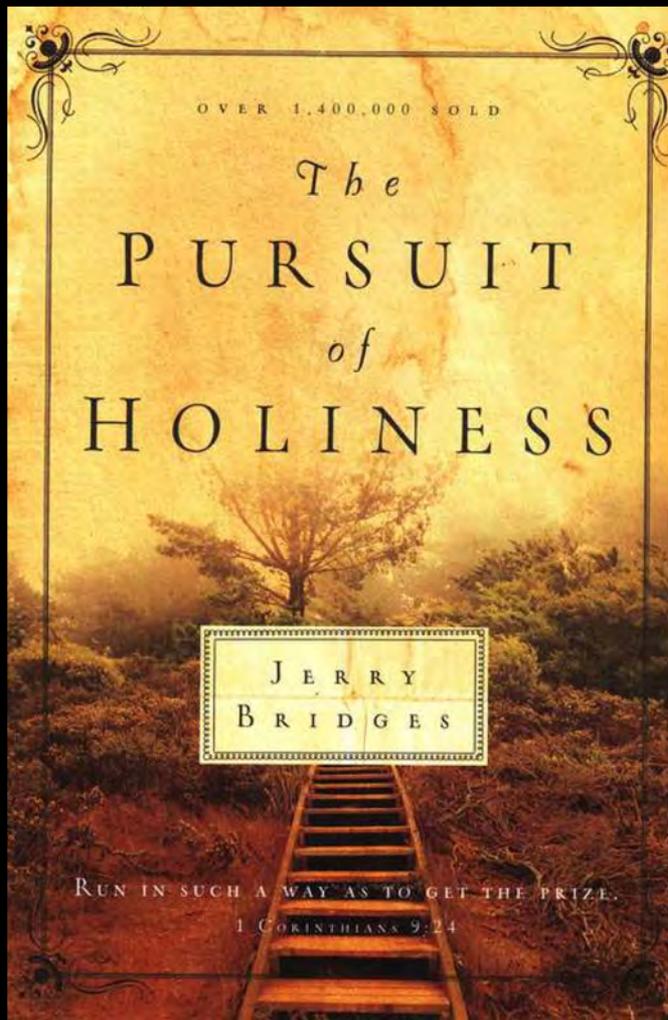
Faith

Obedience



The more we sin, the more we are inclined to sin. John Owen expressed it this way, in his quaint seventeenth-century style: “Repeated acts of the consent of the will unto sin may beget a disposition and inclineableness of the will unto a proneness and readiness to consent unto sin upon easy solicitation.”

~ Jerry Bridges. (1978). *The Pursuit of Holiness* (page 132).



Sow a thought, reap an act;

Sow an act, reap a habit;

Sow a habit, reap a character.

~ Jerry Bridges. (1978). *The Pursuit of Holiness* (page 116).

Habits of Holiness

3. Five Examples of living out Habits of Holiness

Ephesians 4:25-32

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Habits of Holiness

3. Five Examples of living out Habits of Holiness

Ephesians 4:25-32

²⁹Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. ³⁰And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. ³¹Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. ³²Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

Habits of Holiness

3. Five Examples of living out Habits of Holiness
 - a. *Truth Telling*

Ephesians 4:25-32

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Habits of Holiness

3. Five Examples of living out Habits of Holiness
 - b. Appropriately Displaying Anger*

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Habits of Holiness

3. Five Examples of living out Habits of Holiness
 - c. *Working and Sharing*

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Habits of Holiness

3. Five Examples of living out Habits of Holiness
 - d. *Speech that blesses others*

Ephesians 4:25-32

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Habits of Holiness

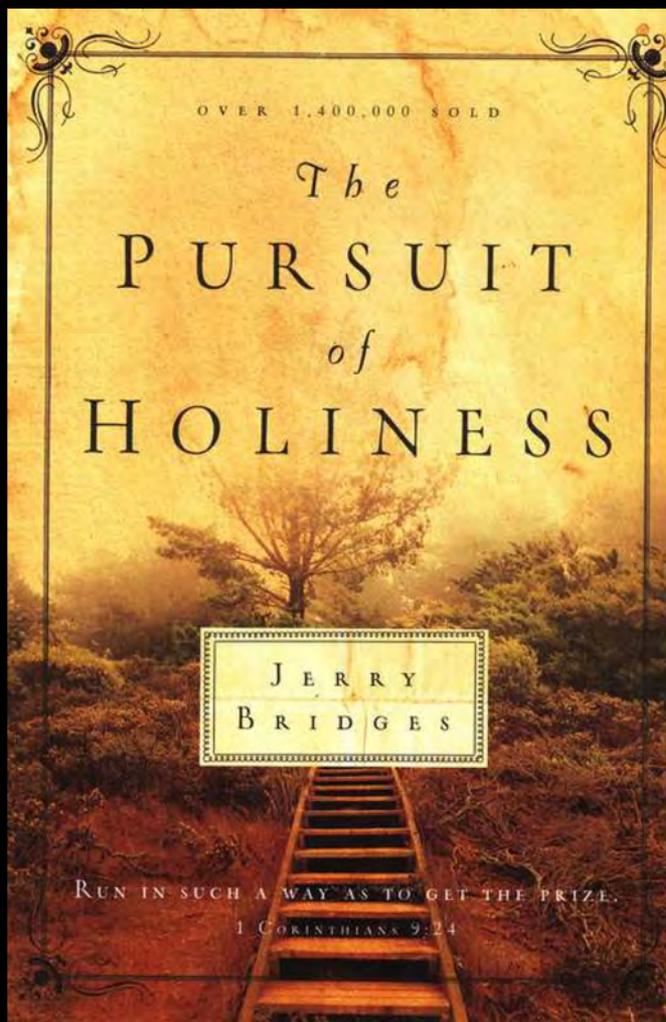
3. Five Examples of living out Habits of Holiness
 - e. *General Habits of Holiness*

Ephesians 4:25-32

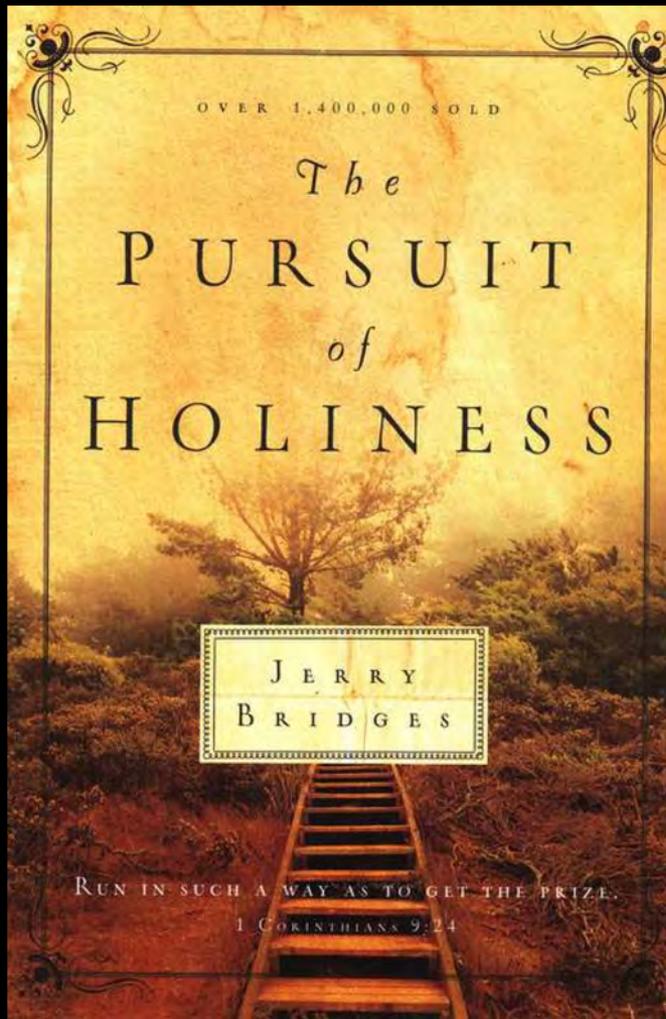
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“God has provided all we need for our pursuit of holiness. He has delivered us from the reign of sin and given us His indwelling Holy Spirit. He has revealed His will for holy living in His Word, and He works in us

to will and to act according to His good purpose. He has sent pastors and teachers to exhort and encourage us in the path of holiness; and He answers our prayers when we cry to Him for strength against temptation.”



“Truly the choice is ours. What will we choose? Will we accept our responsibility and discipline ourselves to live in habitual obedience to the will of God?



Will we persevere in the face of frequent failure, resolving never to give up? Will we decide that personal holiness is worth the price of saying no to our body's demands to indulge its appetites?"

~ Jerry Bridges. (1978). *The Pursuit of Holiness* (page 156-157).

Gospel Applications:

Do you have a plan at all how to battle?

Do you have a plan at all how to battle?

Putting off your old self

What needs to be jettisoned from your life to pursue a life of following Jesus

Do you have a plan at all how to battle?

Renewal of your mind

How can you get regular intake of the word of God, prayer and exposure to truth tellers in your life?

Do you have a plan at all how to battle?

Putting on the new self

What is God asking you to do?

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REDEEMED
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