

INTRODUCTION - TSM

SERMON SERIES

*"Certified Purveyors
of the High Life!"*

Text In Question of the Week:
What is the best decision you've
ever made?

What is the aim? Matter and Manner
(John 5:39-40)

Last Five Weeks

1. Do you want God for God?
2. You can have God thru Christ.
3. The Holy Spirit is personal.
4. The Holy Spirit is essential.
5. The Inner Life of our Thoughts

This Week

The Inner Life of Our Feelings

The connection between thought
and feeling

Romans 6:11-14

Consider yourselves...

Can't Fight This Feeling

- Feelings: Good servants, bad masters
- Unhealthy Responses to Feelings
- Feelings' Underlying Condition
- Text-In Answer

God-Control = Self-Control

Application - *Are your passions
under the control of God? Or are your
passions controlling you?*

Romans 6:11-14

11So you also must consider
yourselves dead to sin and
alive to God in Christ Jesus.

12Let not sin therefore reign in
your mortal body, to make you
obey its passions. 13Do not
present your members to
sin as instruments for un-
righteousness, but present
yourselves to God as those who
have been brought from death to
life, and your members to God as
instruments for righteousness.

14For sin will have no domin-
ion over you, since you are not
under law but under grace.

Galatians 5:22-24

22But the fruit of the Spirit is
love, joy, peace, patience, kind-
ness, goodness, faithfulness,
23gentleness, self-control;
against such things there is no
law. 24And those who belong to
Christ Jesus have crucified the
flesh with its passions and
desires.

TSM

TSM: Toughest Sports Moment

TSM: Toughest Sports Moment

Mounds View/Irondale boys basketball

Mustangs' sharpshooters handle Knights 94-73

Nate Reker
leads scorers
with 28 points

by Greg Schmidt

In preparation for a game, players practice hard while coaches scout opponents and attempt to find weaknesses that can be exploited when game time arrives.

The one thing no basketball team can prepare for is an opponent that converts just about everything they hurl at the basket.

So it was at Irondale Jan. 9, as the Mounds View Mustangs outscored the Knights by more than 20 points to win 94-73. It wasn't just one player having a hot game — everyone on Mounds View's roster ended up in the scoring column.

The Knights came closest midway through the first period, when Craig Flippen scored on a turnaround jumper to bring his team to within two. The Mustangs answered with a three-pointer to go up 20-15 at the end of the first.

The Mustangs shot 72 percent from two-point range and 55 percent from behind the arc for the night.

"Coach Kauls teaches them how to shoot at a young age and they've all got good form," said Knights' coach Adam Holm.

Team effort for 'Stangs

It was a team effort for the Mustangs as Al Slindee, Matt Anderle, and Cor Chmieleski

again and the Mustangs took a 36-23 lead. McFarland scored 15 in the first half and led the Mustangs with 21 for the game.

Mounds View continued to pour it on and took a comfortable 45-29 advantage into the break. "Erik Werner contained Anderle and Reker helped out [on Anderle], but then McFarland had a heckuva night," said Holm.

Mustangs coach Zig Kauls said he has seen this many times during the early part of the season, "Anderle has taken the brunt of the defensive efforts of our opponents and I think it has created opportunities for McFarland."

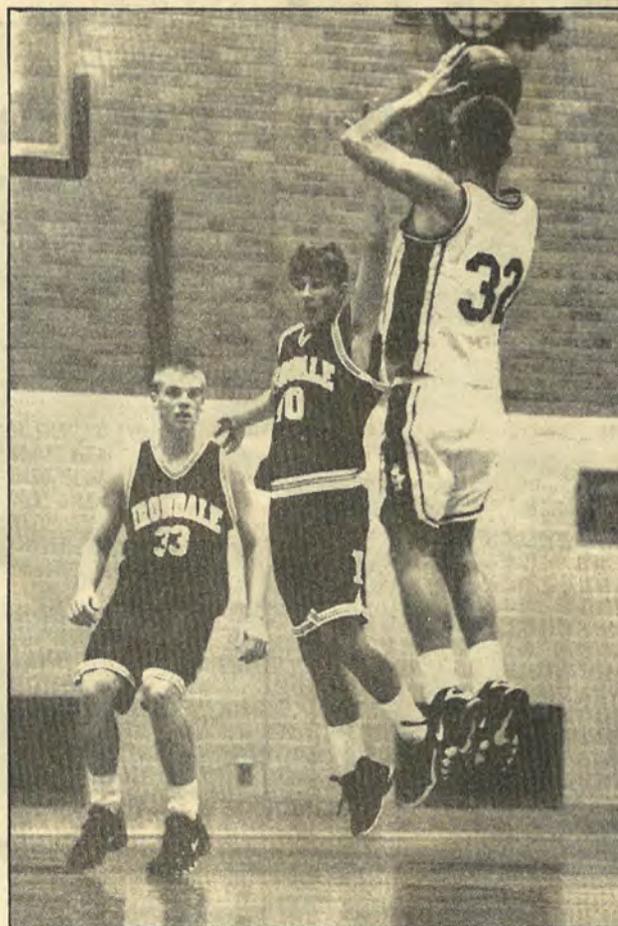
Even though Mustangs guard Todd Kardell had three fouls at the half, he still managed to finish with 12 points in the game — all from three-point land — on five attempts. As a team, Mounds View made 11 of 20 overall from trifecta territory.

Low score doesn't materialize

The Mustangs outscored the Knights 25-14 in the third to extend their lead to 70-43, which wasn't to Holm's liking. "I was hoping for a lower score. We need to keep it in the 50's."

But their was no lack of effort from the Knights' Flippen, who single-handedly tried to keep his team in the game, scoring 12 of Irondale's 14 points in the third period.

In the final quarter, Kauls pulled his starters and the Knights took advantage. Irondale out-scored their



Bulletin photo by Steve Wewerka

TSM: Toughest Sports Moment

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SHOREVIEW PRESS

sports

Hickman 2, Winberg 18, Ret. #52—White Ball 10-0, 2-7; #SAA Mounds View, 15-2, 9-0. Highlights: Jenny Cafferty had three three-pointers and was 6-for-6 from the free-throw line.

Game of the week

Mustangs hold off Tornadoes for tribute win

by Eric Sorenson
Sports Editor

In a tribute to Jim Bergstrom, the Mounds View boys' basketball team retired their teammate's number and then went on to beat Anoka during a Twin Cities Suburban Conference crossover game last week.

Boys' basketball

Before Tuesday's game at Mounds View High School, the Mustangs presented Bergstrom's father with a framed No. 52 jersey, in honor of their teammate, who passed away during the Mustangs' junior varsity game against Forest Lake on Jan. 19.

After the ceremony, the Mustangs went to work in front of a student section and bench standing in honor of Bergstrom. In a close battle, they were able to down the Tornadoes 42-39.

Anoka was up 8-4 after one quarter, but the Mustangs bounced back, going on a 14-8 run in the second quarter to take an 18-16 advantage into the locker room at halftime.

In the third quarter, the Mustangs held the advantage, outscoring the Tornadoes 18-15.

In the fourth quarter they were able to hold the tornadoes off and come away with the victory.

Stu McFarland, the TCSC's leading scorer, paced the Mustangs with a game-high 19 points. He currently is averaging 16.9 points per game.

Todd Kardell scored nine points, Matt Anderle had five points, and Cor Chmieleski and Seth Anderson added four points each.

The win improved the Mustangs' overall record to 16-6 this season. Their TCSC East Division record remains at 2-2.

The Mustangs' scheduled game with Elk River on Friday was postponed because of the cold weather.



TSM: Toughest Sports Moment

NT PAUL PIONEER PRESS

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After strange turn, Blaine wins in OT

GARY OLSON STAFF WRITER

Marvin Spencer had Blaine's trip

SECTION 4AA BOYS

to the state tournament in his hands as the clock ticked off the final seconds in the fourth quarter of the Section 4AA championship game against Mounds View on Friday at the University of Minnesota Sports Pavilion.

The score was tied and he had the ball. What happened next nearly made time stand still.

"I was kind of scared," said Spencer, a sophomore. "Coach said I should take the last shot with about six seconds left. He said it was OK to start with about 10 seconds to go. I slipped when I started my drive and I lost the

utes to play," Mounds View coach Ziggy Kauls said. "We gave up a three-pointer (by Blaine's Joe Dykoff) right after that that was huge. Still, we had our chances.

"I'm sure when Cor went to the free-throw line he was confident he was going to make them both. Kids dream about a chance like that to take their team to the state tournament. It shouldn't have come down to that."

Sean Thiel, who led the Bengals with 12 points, scored two free throws to start overtime and, after Kameron Kytonen made a couple of huge baskets to give Blaine a 48-44 lead, Mounds View was forced to play a furious game of catch-up.

The Bengals (16-9) ensured victory with their last six points from the free-throw line

TSM: Toughest Sports Moment

Overtime win gained by Blaine Missed shots save Bengals

By Brian Wicker
Star Tribune Staff Writer

The clock read only 2.2 seconds, but it seemed like an eternity to Blaine sophomore Marvin Spencer.

He was going to take the last shot in Friday night's Section 4AA boys' basketball final between his Bengals and Mounds View — a game won by Blaine 54-47 in overtime — at the University of Minnesota Sports Pavilion. Instead, he was watching Mounds View senior guard Cor Chmielecki shoot two free throws with the score tied 42-42. And he put him there.

Blaine called a timeout with 18.9 seconds left in regulation. The plan: Give the ball to Spencer near the top of the key and let him create something. And he did, although not exactly as anticipated.

"I got the ball and I was supposed to take it to the hoop," Spencer said. "I was supposed to go with about 10 seconds left and shoot with about 6, but I tried a crossover dribble, slipped and fell."

Chmielecki scooped up the ball and sprinted the other way. Spencer caught up and fouled him, in agony for both the turnover and the foul. Chmielecki needed either of the shots to send Mounds View to state.

Class AA

SECTION 1
At Rochester Mayo Civic Center
Semifinals/Wednesday

> Faribault 75, Lakeville 63
> Rochester Mayo 43, New Prague 41

Championship/Friday
> Rochester Mayo 76, Faribault 63

SECTION 2

At Mankato State

Semifinals/Thursday
> Marshall 67, Shakopee 58
> Monticello 65, Chaska 49
Championship/Today
> Marshall vs. Monticello, 7 p.m.

SECTION 3

At Roy Wilkins Auditorium

Semifinals/Thursday
> Roseville 56, Simley 42
> St. Thomas Academy 51, Cretin-Dorham Hall 49, OT
Championship/Today
> Roseville vs. St. Thomas Academy, 7:30 p.m.

SECTION 4

At Roy Wilkins Auditorium

Semifinals/Tuesday
> Blaine 66, White Bear Lake 65
> Mounds View 65, Stillwater 54
Championship/Friday
At U of M Pavilion
> Blaine 54, Mounds View 47, OT

SECTION 5

At U of M Pavilion

Semifinals/Tuesday
> Osseo 61, Minneapolis Edison 60, OT
> Minneapolis North 67, Park Center 44
Championship/Today
> Osseo vs. Minneapolis North, 6 p.m.

SECTION 6

At Mankato State

Semifinals/Tuesday
> Hopkins 52, Robbinsdale Armstrong 46
> Eden Prairie 73, Edina 59

Boys' basketball results

Championship/Friday
At U of M Pavilion
> Eden Prairie 51, Hopkins 41

SECTION 7

Semifinals/Tuesday

> Duluth East 58, St. Francis 49
> Grand Rapids 59, Duluth Central 45

Championship/Friday
At Milaca
> Duluth East 57, Grand Rapids 44

SECTION 8

Semifinals

Tuesday/Detroit Lakes
> Moorhead 72, Bemidji 66

Thursday/St. Cloud State
> Rocori 54, Elk River 49
Championship/Today
At St. Cloud State
> Moorhead vs. Rocori, 7:30 p.m.

Class A

SECTION 1

At Rochester Mayo Civic Center

Semifinals/Tuesday
> Calcordia 58, Lake City 49
> Stewartville 50, Kenyon-Wanamamingo 47

Championship/Thursday
> Calcordia 72, Stewartville 61

SECTION 2

At Mankato State

Semifinals/Tuesday
> Janesville-Waldorf-Pemberton 66, Jordan 57
> Lake Crystal-Wellcome Memorial 64, New Ulm Cathedral 57

Championship/Friday
> Janesville-Waldorf-Pemberton 67, Lake Crystal-Wellcome Memorial 54

SECTION 3

At Montevideo

Semifinals/Tuesday
> Luverne 58, Red Rock Central 45
> MACCRAV 52, Redwood Valley 47

Championship/Friday
> MACCRAV 62, Luverne

SECTION 4

At Farmington

Semifinals/Wednesday
> Minnehaha Academy Anthony 48
> Trinity 77, Mora 59

Championship/Friday
> Minnehaha Academy 64, 62

SECTION 5

At St. Cloud State

Semifinals/Tuesday
> New London-Spicer 78, 61
> Sartell 86, Delano 40

Championship/Friday
> New London-Spicer 79, 50

SECTION 6

At Concordia (Moorhead)

Semifinals/Tuesday
> Pelican Rapids 41, Minn. Area 39
> Staples-Motley 73, Moorhead 48

Championship/Friday
> Staples-Motley 60, Rapids 36

SECTION 7

At Minn.-Duluth

Semifinals/Monday
> Esko 75, Orr 60
> Cromwell 63, Bigfork 60

Championship/Thursday
> Cromwell 57, Esko 54

SECTION 8

At Minn.-Crookston

Semifinals/Thursday
> Fertile-Beltrami 85, Red Lake 31
> Fisher/Climax 50, Tri-Karlstad 30

Championship/Friday
> Fertile-Beltrami 41, Fisher 31

"My thought was, 'I probably screwed it up,'" Blaine coach Tim Maaske said. "We've been running that play all year, but with Bereket [Kiros]. Marvin is a great penetrator, so I went with a gut feeling, but I was asking him to do something he hasn't had to do."

Said Spencer of watching Chmielecki shoot: "It took forever. My heart was pounding the whole time."

Chmielecki missed them both. Mounds View, after losing in three overtimes to White Bear Lake in last year's section final, would play another extra session.

Blaine (16-9) clinched its second trip to the state tournament (the first coming in 1987) by rolling off a 9-2 run to start overtime. The Bengals will meet Eden Prairie (25-1) — which defeated Hopkins 51-41 Friday night — in the first round of the Sweet Sixteen next week.

Chmielecki, understandably, was inconsolable during the awards ceremony, even though many of the Mustangs (16-10) tried.

"What can you say to him?" Mounds View coach Ziggy Kasper said. "He did his best."

A neon sign with a red border and yellow text. The text is arranged in four lines, centered within the border. The sign is set against a black background.

CERTIFIED
PURVEYORS
OF THE
HIGH LIFE

Text In Question of the Week

What do you believe is the best decision
you've ever made?

Text/Email to Cor@hopecc.com



Text In Question of the Week

What do you believe is the best decision
you've ever made?

ANSWER CANNOT BE JESUS!

Text/Email to Cor@hopecc.com



What is the aim of this series?

The difference between believers and unbelievers as to knowledge is not so much in the matter of their knowledge as in the manner of their knowing.

~John Owen, *The Mortification of Sin*, in *Overcoming Sin and Temptation*, ed. Kelly Kopic and Justin Taylor, 117. Wheaton: Crossway Books, 2006.



What is the aim of this series?

They may make men self-justiciaries or hypocrites, not Christians. It grieves me oftentimes to see pour souls, that have a zeal for God and a desire of eternal welfare, kept by such directors and directions under a hard, burdensome, outside worship and service of God, with many specious endeavors for mortification, in an utter ignorance of the righteousness of Christ and unacquaintedness with his Spirit all their days. Persons and things of this kind I know too many.

~John Owen, *The Mortification of Sin*, in *Overcoming Sin and Temptation*, ed. Kelly Kopic and Justin Taylor, 86. Wheaton: Crossway Books, 2006.



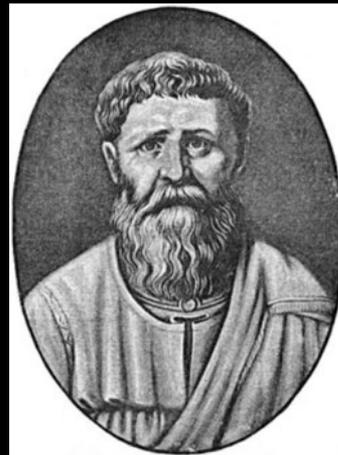
CERTIFIED
PURVEYORS
OF THE
HIGH LIFE

WEEK #1: Do you want God for God?

How are you getting filled?

“Thou hast formed us for Thyself, and our hearts are restless till they find rest in thee.”

~Augustine of Hippo, 354-430



WEEK #2



Week #3: Five Personal Pictures of the Holy Spirit

1. The Spirit speaks
2. The Spirit bears witness
3. The Spirit teaches/reminds
4. The Spirit hears
5. The Spirit helps/intercedes



Week #4: The Holy Spirit is Essential

Romans 12:9-18

9 Let love be genuine. Abhor what is evil; hold fast to what is good. 10 Love one another with brotherly affection. Outdo one another in showing honor. 11 Do not be slothful in zeal, be fervent in spirit, serve the Lord. 12 Rejoice in hope, be patient in tribulation, be constant in prayer. 13 Contribute to the needs of the saints and seek to show hospitality. 14 Bless those who persecute you; bless and do not curse them. 15 Rejoice with those who rejoice, weep with those who weep. 16 Live in harmony with one another. Do not be haughty, but associate with the lowly. Never be wise in your own sight. 17 Repay no one evil for evil, but give thought to do what is honorable in the sight of all. 18 If possible, so far as it depends on you, live peaceably with all.

Colossians 3:12-17

Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience, 13 bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also must forgive. 14 And above all these put on love, which binds everything together in perfect harmony. 15 And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful. 16 Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God. 17 And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

1 Peter 1:13-19

13 Therefore, preparing your minds for action, and being sober-minded, set your hope fully on the grace that will be brought to you at the revelation of Jesus Christ. 14 As obedient children, do not be conformed to the passions of your former ignorance, 15 but as he who called you is holy, you also be holy in all your conduct, 16 since it is written, "You shall be holy, for I am holy." 17 And if you call on him as Father who judges impartially according to each one's deeds, conduct yourselves with fear throughout the time of your exile, 18 knowing that you were ransomed from the futile ways inherited from your forefathers, not with perishable things such as silver or gold, 19 but with the precious blood of Christ, like that of a lamb without blemish or spot.

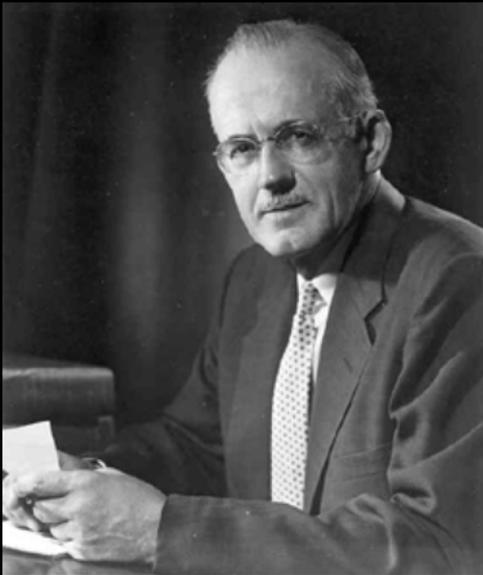
Week #4: The Holy Spirit is Essential

Galatians 3:11

“The righteous shall live by faith.”

The Challenge!

“That our idea of God corresponds as nearly as possible to the true being of God is of immense importance to us. Our real idea of God may lie buried under the rubbish of conventional religious notions and may require an intelligent and vigorous search before it is finally unearthed and exposed for what it is. Only after an ordeal of painful self-probing are we likely to discover what we actually believe about God.”



A.W. Tozer

The Knowledge of the Holy

The Inner Life



Week #5: Set your mind on the Spirit

Romans 8:5-8

⁵For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. ⁶For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. ⁷ For the mind that is set on the flesh is hostile to God, for it does not submit to God's law; indeed, it cannot. ⁸Those who are in the flesh cannot please God.

“The Mind Set on the Spirit”

“The first fruit of love is the musing of the mind upon God. He who is in love, his thoughts are ever upon the object...By this we may test our love to God. What are our thoughts most upon?...Oh, how far are they from being lovers of God, who scarcely ever think of God! A sinner crowds God out of his thoughts.”



Thomas Watson, English preacher and author



Welcome to Hope!

Pamela Lebert-11

Camila Lebert-9

Sebastian Lebert-7

Samantha Lebert-5

*Born in Colombia, arriving home
to the United States*

May 21st, 2010

adopted by

Ed & Amanda Lebert

This Week: The Inner Life

Feelings, Emotions, Sensations,
Desires, Passions



The connection between thought and feeling

“Feeling inclines us toward or away from things that come before our minds. It involves a tone that is pleasant or painful, along with an attraction or repulsion with respect to the existence or possession of what is thought of. Feeling and thought always go together. There is no feeling without something being before the mind in thought and no thought without some positive or negative feeling toward what is contemplated.”

Dallas Willard

Renovation of the Heart, 32-33

The Inner Life

Romans 6:11-14

¹¹So you also must consider yourselves dead to sin and alive to God in Christ Jesus. ¹²Let not sin therefore reign in your mortal body, to make you obey its passions. ¹³Do not present your members to sin as instruments for unrighteousness, but present yourselves to God as those who have been brought from death to life, and your members to God as instruments for righteousness. ¹⁴For sin will have no dominion over you, since you are not under law but under grace.

Think About It

Romans 6:11-14

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Can't Fight This Feeling

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Feelings: Good Servants, Bad Masters

Those who continue to be mastered by their feelings – whether it is anger, fear, sexual attraction, desire for food or for “looking good,” the residues of woundedness, or whatever – are typically persons who in their heart of hearts believe that their feelings must be satisfied...Satisfaction in feeling alone always in turn demands *stronger* feeling. Addiction is a feeling phenomenon. The addict has given in to feeling of one kind or another and has placed it in the position of ultimate value in his or her life.

Dallas Willard

Renovation of the Heart, 118

Can't Fight This Feeling

Unhealthy/Unhelpful Responses to Feelings



Can't Fight This Feeling

Unhealthy/Unhelpful Responses to Feelings

1. Deny them



Can't Fight This Feeling

Unhealthy/Unhelpful Responses to Feelings

1. Deny them
2. Repress them



Can't Fight This Feeling

Unhealthy/Unhelpful Responses to Feelings

1. Deny them
2. Repress them
3. Fight them with willpower



Can't Fight This Feeling

Unhealthy/Unhelpful Responses to Feelings

1. Deny them
2. Repress them
3. Fight them with willpower
4. Plead for them to change



Can't Fight This Feeling

Unhealthy/Unhelpful Responses to Feelings

1. Deny them
2. Repress them
3. Fight them with willpower
4. Plead for them to change
5. Succumb to them



Can't Fight This Feeling

Unhealthy/Unhelpful Responses to Feelings

1. Deny them
2. Repress them
3. Fight them with willpower
4. Plead for them to change
5. Succumb to them
6. Gratify them



Feelings and Their Underlying Condition

When we confuse the condition with the accompanying feeling – peace, for example, with the feeling of peacefulness – we very likely will try to manage the feelings and disregard or deny the reality of the conditions. The person who primarily wants the feeling of being loved or being ‘in love’ will be incapable of sustaining relationships, whether with God or with other humans. So, as far as our planning for spiritual formation is concerned, we must choose to act with regard to the condition, good or bad, and allow the feelings to take care of themselves, as they certainly will.

Dallas Willard

Renovation of the Heart, 123

Can't Fight This Feeling

I feel like someone should say it. I had sex before I was married. We "loved" each other and were "going to get married anyway". It "made sense" to us. For the record: I'm still not married, I don't even speak to that person, it was the farthest I'd ever been from God in my life, AND it is irreversible. I can NEVER take it back. Worst decision I have EVER made. It doesn't matter if two people came to the conclusion together- it was stupid and I wish I could take it back, every day. I hope you put this on the screen, Cor. As much as I need to say it and confess it, others need to hear it too (hopefully before others make the same mistake that I did).

Can't Fight This Feeling

Romans 6:11-14

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Present yourselves to God

Romans 6:11-14

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I don't feel like it!

God-Control = Self-Control

Self-control is the steady capacity to direct yourself to accomplish what you have chosen or decided to do and be, even though you 'don't feel like it.' Self-control means that you, with steady hand, do what you *don't* want to do when that is needed and do *not* do what you want to do when that is needed. In people without rock-solid character, feeling is a deadly enemy of self-control and will always subvert it.

Dallas Willard

Renovation of the Heart, 127

Is God in control?

Romans 6:11-14

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Passions under God's control

Galatians 5:22-24

²²But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, ²³gentleness, self-control; against such things there is no law. ²⁴And those who belong to Christ Jesus have crucified the flesh with its passions and desires.

TSM

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TSM: Toughest Spiritual Moment



“...for the joy set before him endured the cross.”

TSM: Toughest Spiritual Moment



Will you let God reign over your passions?