

# Message Notes

## "Lethal Faith: The real power to kill sin"

# Scripture Passages

(taken from the New International Version)

Introduction - *"Is God actually big enough to handle my secrets?"*

Where we've come so far:  
Nine Particular Directions for Killing Sin

**This week: Whack a Mole by Living a life of Repentance**

**How do I repent and receive God's Peace?**  
a study of Hebrews 12

### Three Laws of Repentance

1. Throw off sin  
(Hebrews 12:1a)
2. Run with Perseverance  
(Hebrews 12:1b)
3. Fix your eyes on Jesus  
(Hebrews 12:2)

### How do I live a life of repentance?

1. Consider Jesus (Hebrews 12:3)
2. Don't give up! (Hebrews 12:4-13)
3. Be absolutely diligent in your walk with God (Hebrews 12:14-17)
4. Realize WHO you are following!  
(Hebrews 12:18-24)
5. Worship God with "shock and awe"  
(Hebrews 12:25-29)

**Application - "Are you living a life of repentance?"**

### John 15:5

"I am the vine; you are the branches. If a man remains in me and I in him, he will bear much fruit; apart from me you can do nothing.

### Galatians 5:16, 17

<sup>16</sup>So I say, live by the Spirit, and you will not gratify the desires of the sinful nature. <sup>17</sup>For the sinful nature desires what is contrary to the Spirit, and the Spirit what is contrary to the sinful nature. They are in conflict with each other, so that you do not do what you want.

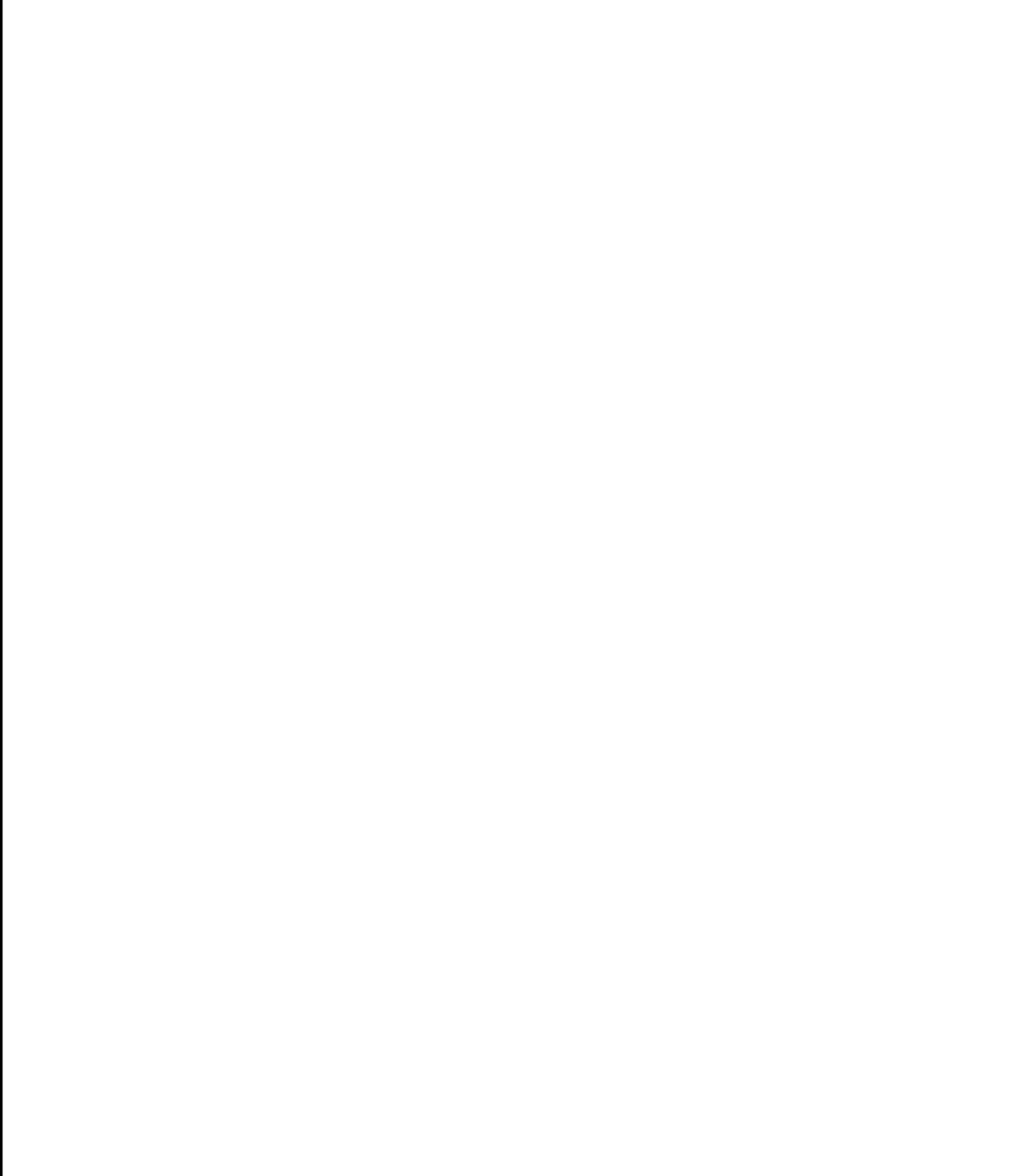
### Romans 6:1-14

<sup>1</sup>What shall we say, then? Shall we go on sinning, so that grace may increase? <sup>2</sup>By no means! We died to sin; how can we live in it any longer? <sup>3</sup>Or don't you know that all of us who were baptized into Christ Jesus were baptized into his death? <sup>4</sup>We were therefore buried with him through baptism into death in order that, just as Christ was raised from the dead through the glory of the Father, we too may live a new life. <sup>5</sup>If we have been united with him like this in his death, we will certainly also be united with him in his resurrection. <sup>6</sup>For we know that our old self was crucified with him so that the body of sin might be done away with, that we should no longer be slaves to sin—<sup>7</sup>because anyone who has died has been freed from sin. <sup>8</sup>Now if we died with Christ, we believe that we will also live with him. <sup>9</sup>For we know that since Christ was raised from the dead, he cannot die again; death no longer has mastery over him. <sup>10</sup>The death he died, he died to sin once for all; but the life he lives, he lives to God. <sup>11</sup>In the same way, count yourselves dead to sin but alive to God in Christ Jesus. <sup>12</sup>Therefore do not let sin reign in your mortal body so that you obey its evil desires. <sup>13</sup>Do not offer the parts of your body to sin, as instruments of wickedness, but rather offer yourselves to God, as those who have been brought from death to life; and offer the parts of your body to him as instruments of righteousness. <sup>14</sup>For sin shall not be your master, because you are not under law, but under grace.

### Romans 8:1-16

<sup>1</sup>Therefore, there is now no condemnation for those who are in Christ Jesus, <sup>2</sup>because through Christ Jesus the law of the Spirit of life set me free from the law of sin and death. <sup>3</sup>For what the law was powerless to do in that it was weakened by the sinful nature, God did by sending his own Son in the likeness of sinful man to be a sin offering. And so he condemned sin in sinful man, <sup>4</sup>in order that the righteous requirements of the law might be fully met in us, who do not live according to the sinful nature but according to the Spirit. <sup>5</sup>Those who live according to the sinful nature have their minds set on what that nature desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. <sup>6</sup>The mind of sinful man is death, but the mind controlled by the Spirit is life and peace; <sup>7</sup>the sinful mind is hostile to God. It does not submit to God's law, nor can it do so. <sup>8</sup>Those controlled by the sinful nature cannot please God. <sup>9</sup>You, however, are controlled not by the sinful nature but by the Spirit, if the Spirit of God lives in you. And if anyone does not have the Spirit of Christ, he does not belong to Christ. <sup>10</sup>But if Christ is in you, your body is dead because of sin, yet your spirit is alive because of righteousness. <sup>11</sup>And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies through his Spirit, who lives in you. <sup>12</sup>Therefore, brothers, we have an obligation—but it is not to the sinful nature, to live according to it. <sup>13</sup>For if you live according to the sinful nature, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live, <sup>14</sup>because those who are led by the Spirit of God are sons of God. <sup>15</sup>For you did not receive a spirit that makes you a slave again to fear, but you received the Spirit of sonship. And by him we cry, "Abba, Father." <sup>16</sup>The Spirit himself testifies with our spirit that we are God's children.





When in the Course of human events it becomes necessary for one people to dissolve the political bands which have connected them with another and to assume among the powers of the earth, the separate and equal station to which the Laws of Nature and of Nature's God entitle them, a decent respect to the opinions of mankind requires that they should declare the causes which impel them to the separation.

We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness. That to secure these rights, Governments are instituted among Men, deriving their just powers from the consent of the governed, That whenever any Form of Government becomes destructive of these ends, it is the Right of the People to alter or to abolish it, and to institute new Government, laying its foundation on such principles and organizing its powers in such form, as to them shall seem most likely to effect their Safety and Happiness.



**BE KILLING SIN  
OR IT WILL BE  
KILLING YOU!**

A study of John Owen's "A Mortification of Sin"

EDITED BY  
KELLY M. KAPIC AND JUSTIN TAYLOR



*Overcoming* SIN &  
TEMPTATION

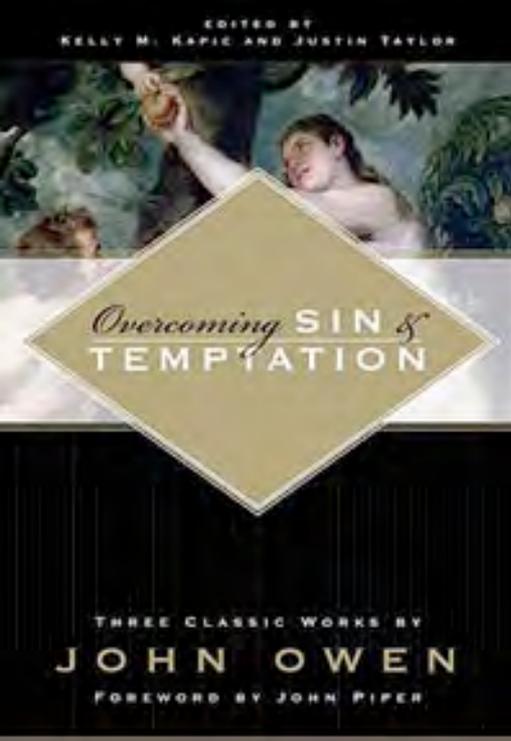
THREE CLASSIC WORKS BY  
**JOHN OWEN**  
FOREWORD BY JOHN PIPER

# Foundation for Mortification

Romans 8:13

“If you through the Spirit do mortify the deeds of the body you shall live.”





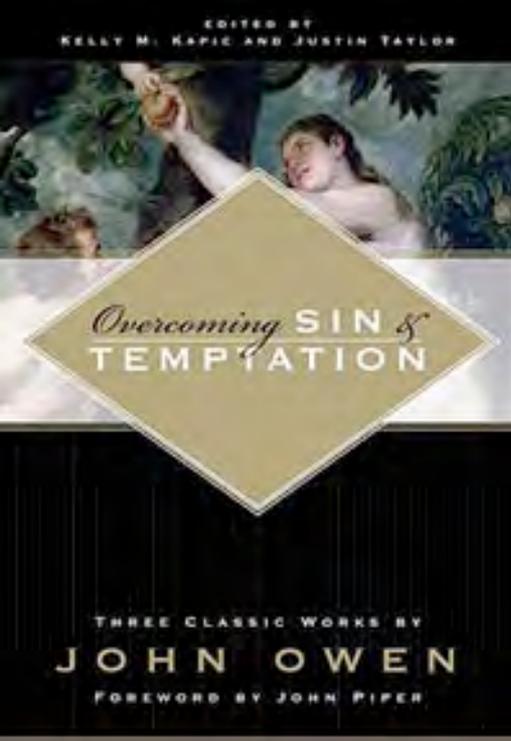
**THE MEANS OF MORTIFICATION (ch 14)**

**NINE PARTICULAR DIRECTIONS IN  
MORTIFYING SIN (chs 9-13)**

**TWO GENERAL DIRECTIONS IN  
MORTIFYING SIN (chs 7-8)**

**WHAT IS MORTIFICATION? (chs 5-6)**

**FOUNDATIONS FOR MORTIFICATION –  
WHY DO IT? (chs 1-4)**



## **THE MEANS OF MORTIFICATION (ch 14)**

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**WHAT IS MORTIFICATION? (chs 5-6)**

**FOUNDATIONS FOR MORTIFICATION –  
WHY DO IT? (chs 1-4)**

# **Nine Particular Directions in Killing Sin**

- 1. Know the Clear Symptoms of Serious Sin**

# **Nine Particular Directions in Killing Sin**

**2. Get a Clear and Abiding Sense Upon  
Your Mind and Conscience of the Guilt,  
Danger, and Evil of Your Sin**

# Nine Particular Directions in Killing Sin

**3. Load your conscience with the guilt of sin.**

# Nine Particular Directions in Killing Sin

4. Ache for deliverance from the power of sin.

# Nine Particular Directions in Killing Sin

5. Consider whether you are prone to certain sins.

# Nine Particular Directions in Killing Sin

**6. Consider whether you are prone to certain sins in certain situations.**

# Nine Particular Directions in Killing Sin

7. "C'mon, fight!"

# Nine Particular Directions in Killing Sin

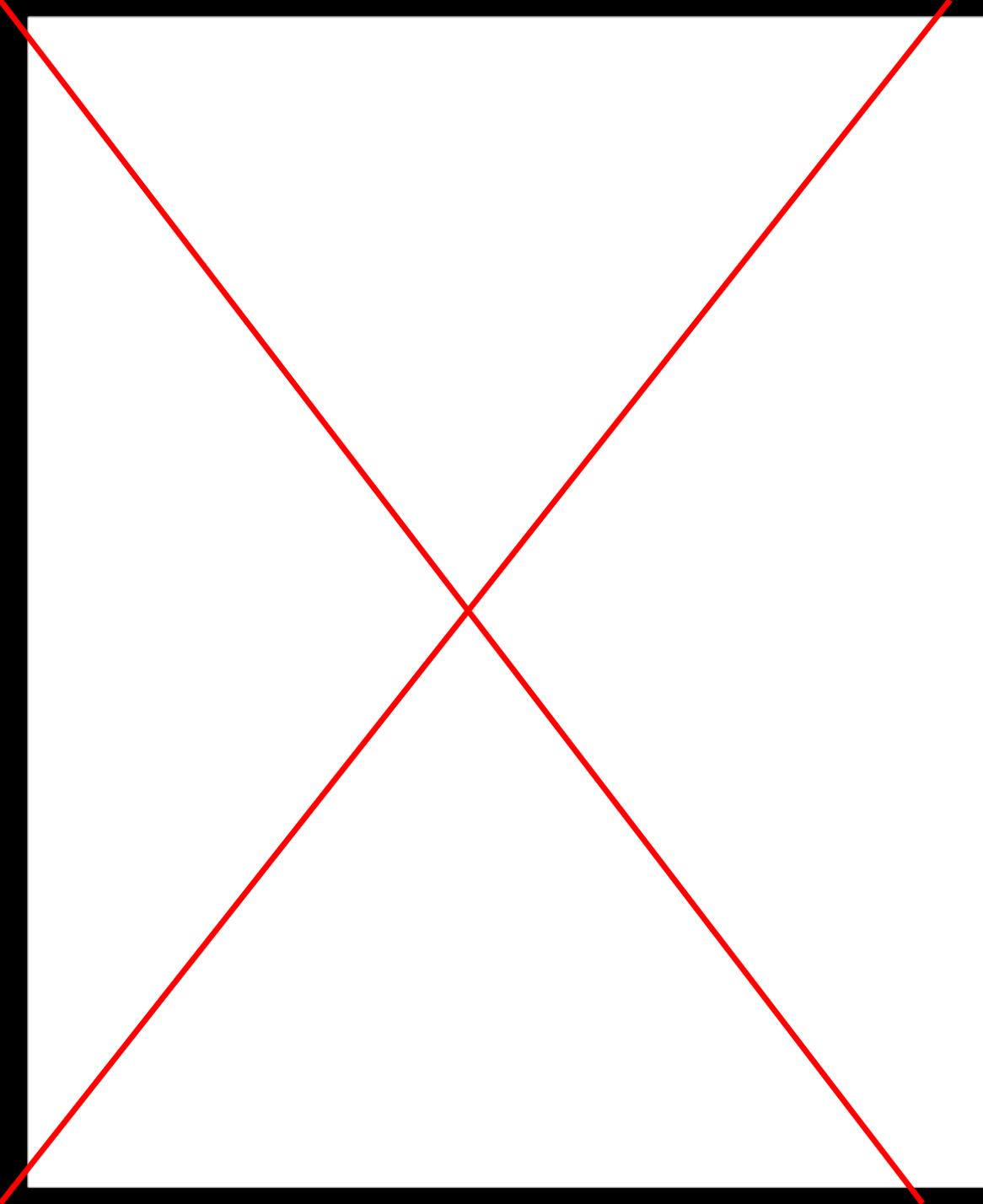
8. Get so filled with God that you, your problems, *even* your sin becomes secondary

# Nine Particular Directions in Killing Sin

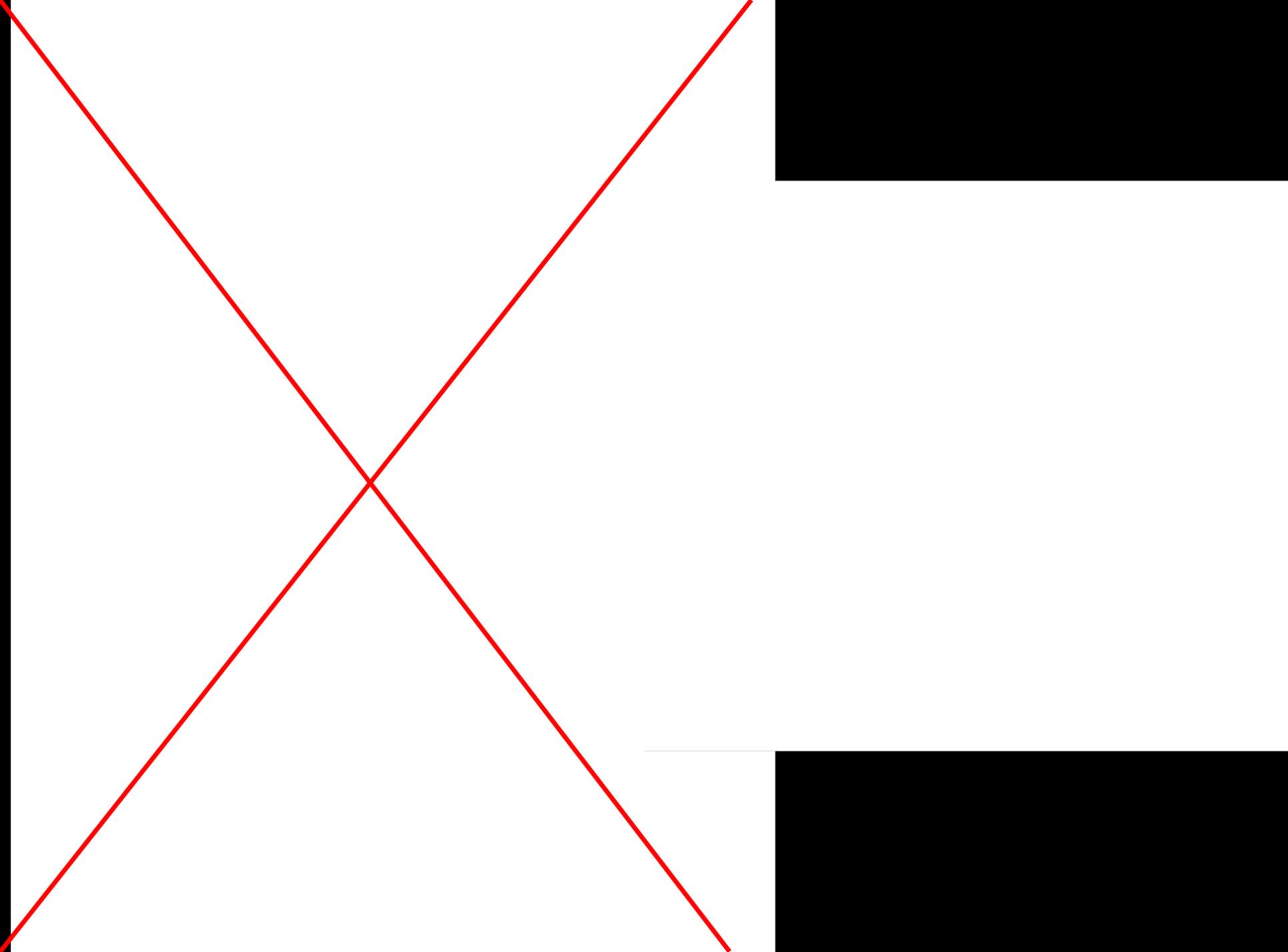
9. Whack-A-Mole continually, diligently, and daily repenting from sin to Jesus until peace comes from God.

**All this is great –  
but how do I kill sin?**

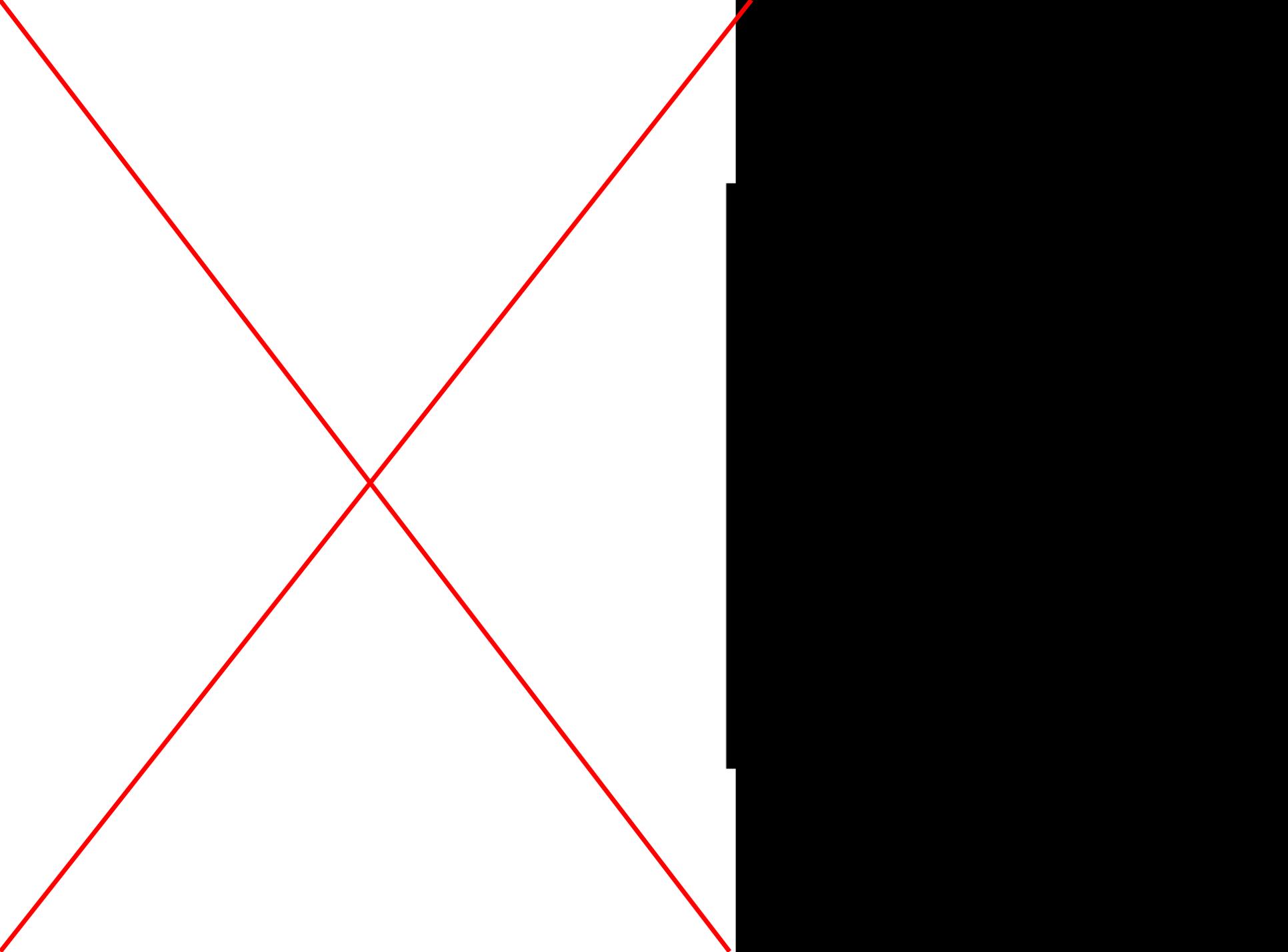












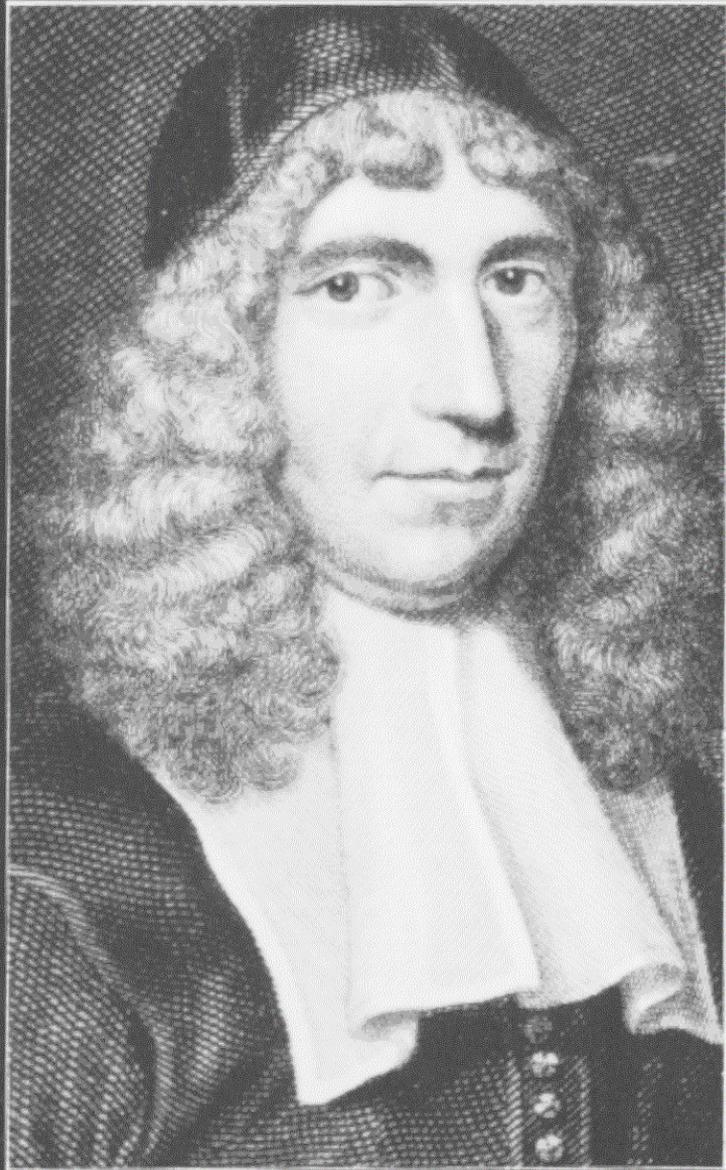
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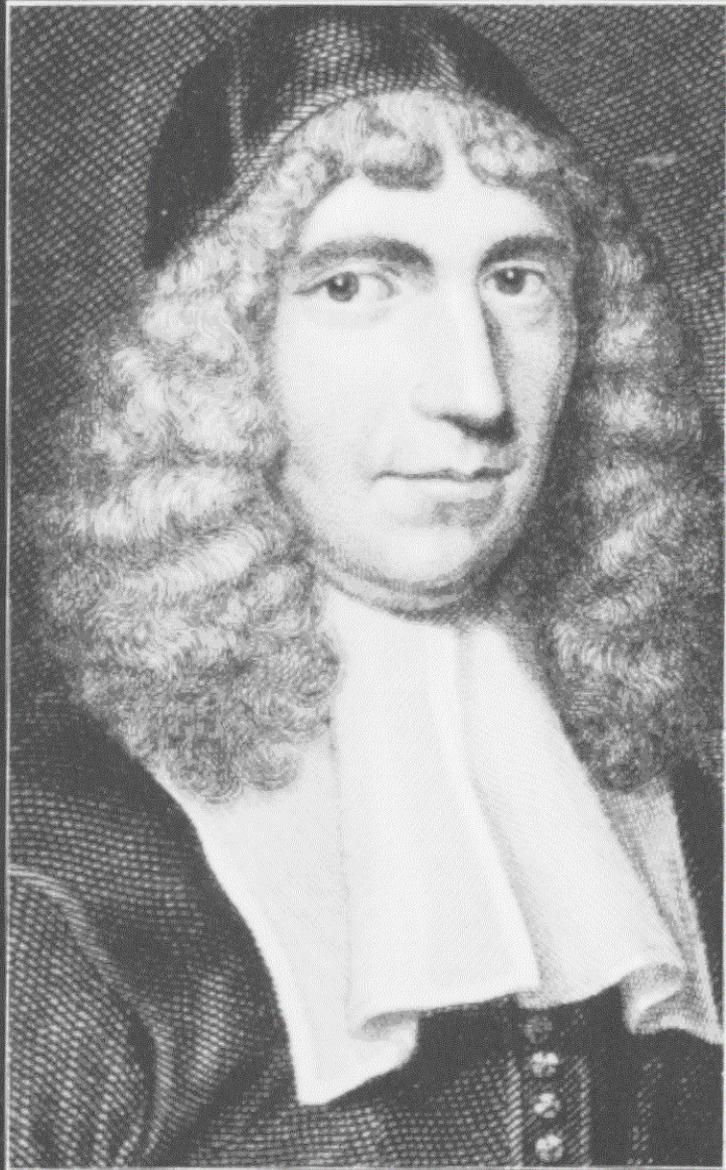
# Now we're talkin'! On to the real sin killin'!



“Now, the considerations which I have hitherto insisted on are rather of things preparatory to the work aimed at than such as will effect it. It is the heart’s due preparation for the work itself, without which it will not be accomplished, that hitherto I have aimed at.”

~ John Owen – The Mortification of Sin quoted from *Overcoming Sin and Temptation*, page 131.

# Now we're talkin'! On to the real sin killin'!



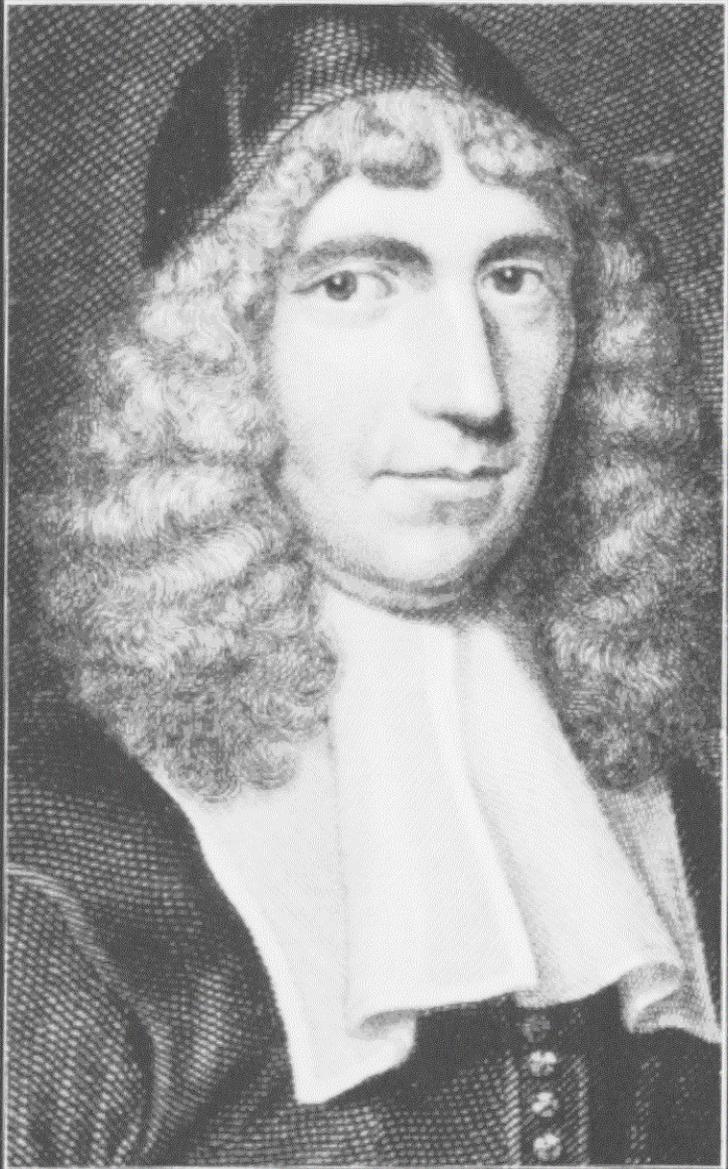
“Set faith at work on Christ for the killing of your sin. His blood is the great sovereign remedy for sin-sick souls. Live in this, and you will die a conqueror; yea, you will, through the good providence of God, live to see your lust dead at your feet.”

~ John Owen - The Mortification of Sin quoted from *Overcoming Sin and Temptation*, page 131.

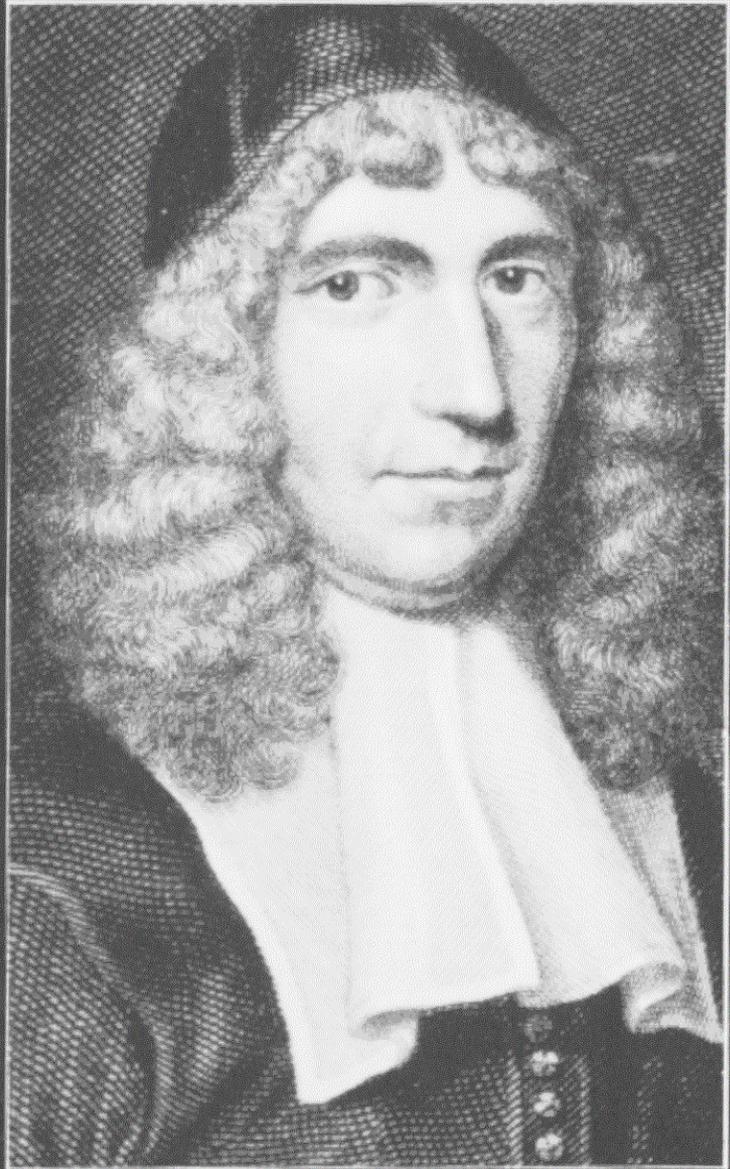
“I am the vine; you are the branches. If a man remains in me and I in him, he will bear much fruit; apart from me you can do nothing.”

~ Jesus in John 15:5

Oh, but I am such a sinner...

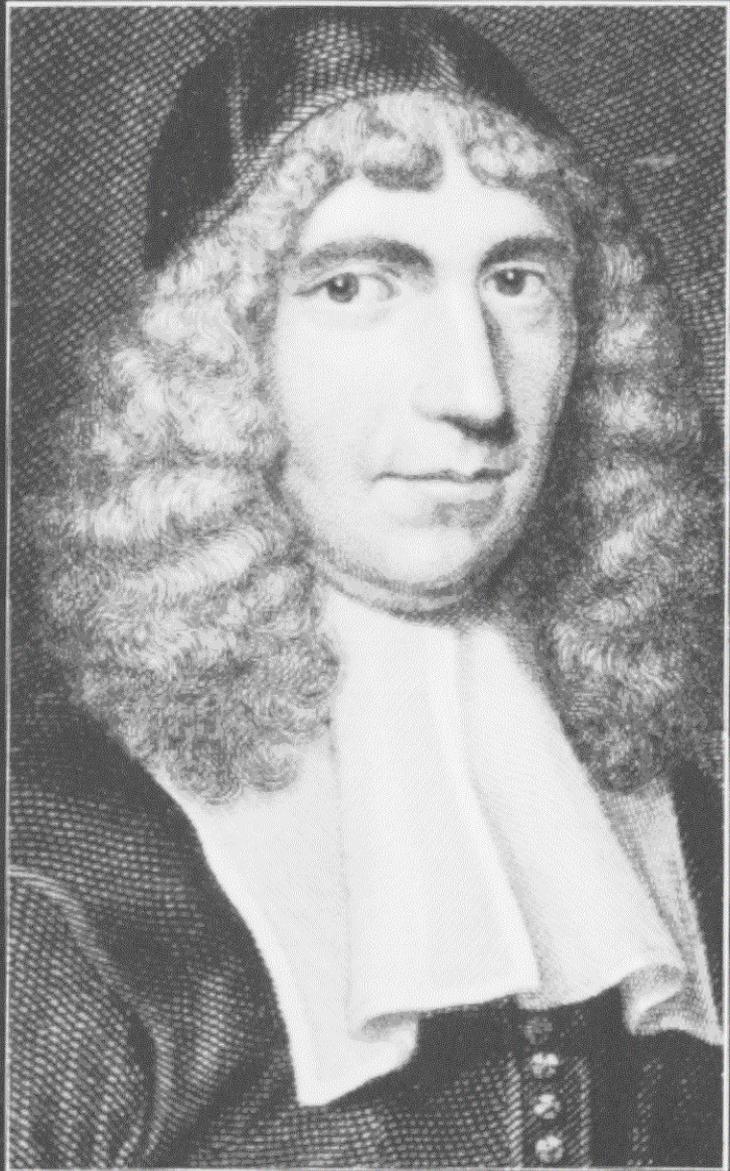


# Oh, but I am such a sinner...



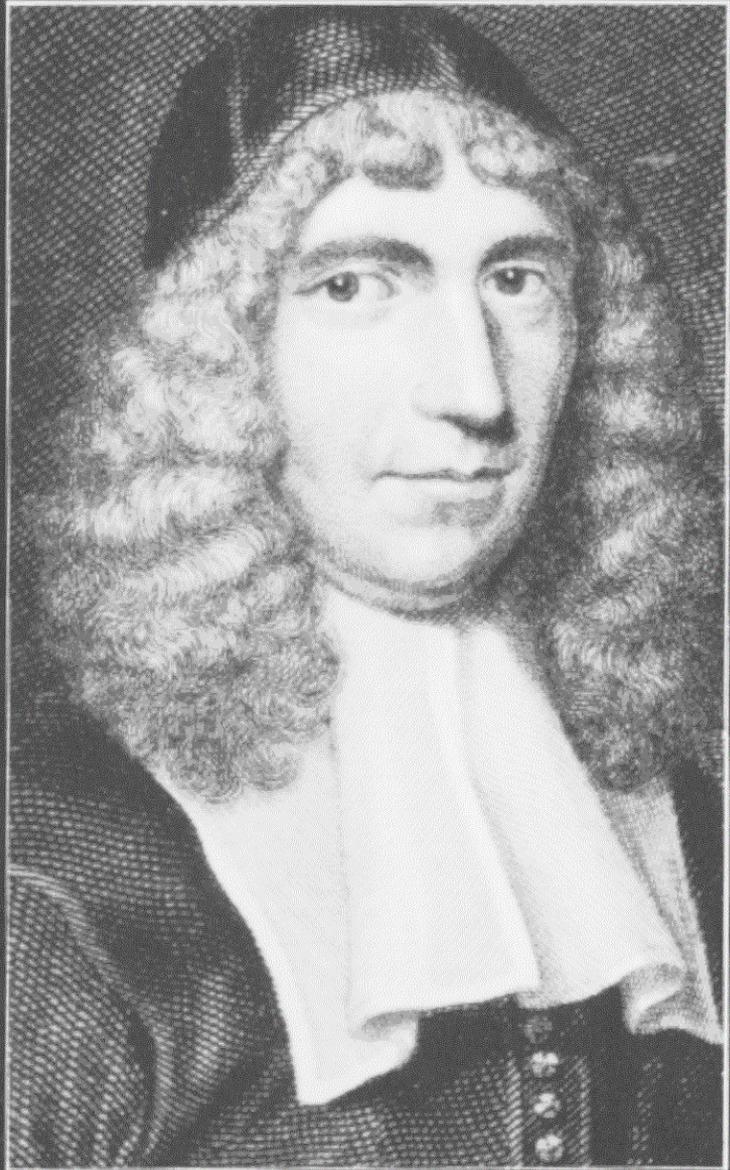
“I am a poor, weak creature; unstable as water, I cannot excel. This corruption is too hard for me, and is at the very door of ruining my soul; and what to do I know not. My soul is become as parched ground, and an habitation of dragons. I have made promises and broken them; vows and engagements have been as a thing of naught. Many persuasions have I had that I had got the victory and should be delivered, but I am deceived; so that I plainly see, that without some eminent succor and assistance, I am lost, and shall be prevailed on to an utter relinquishment of God.

# Oh, but I am such a sinner...



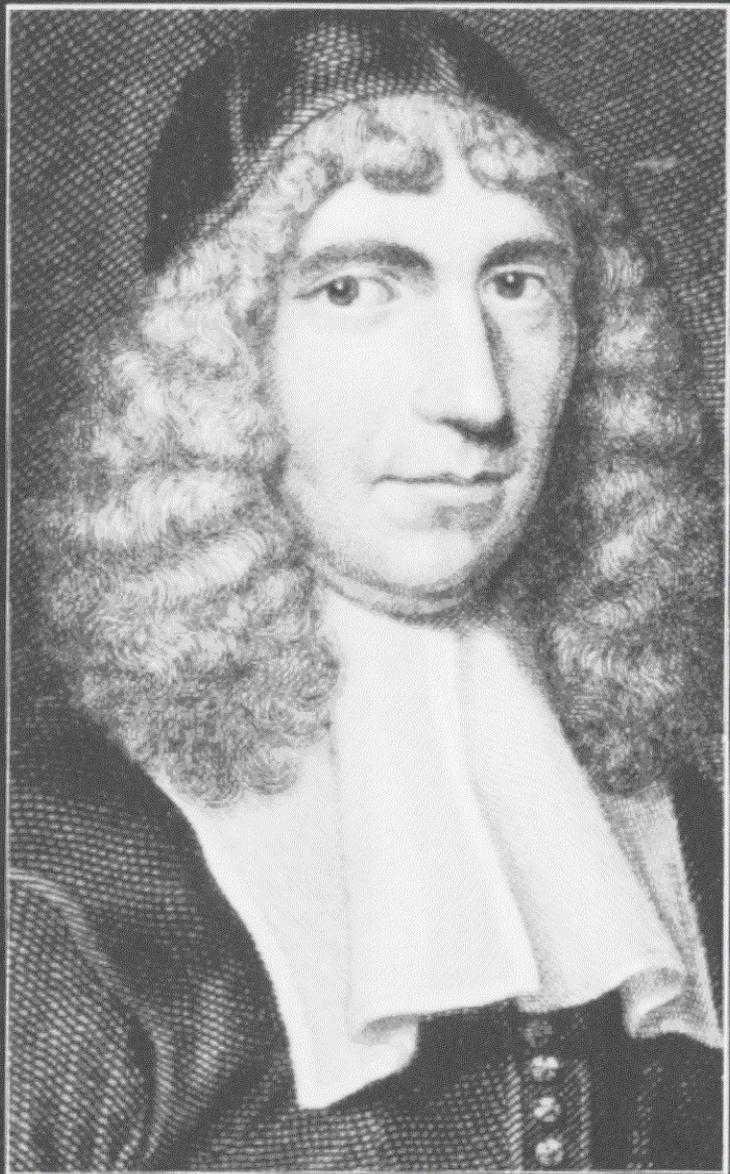
“But yet, though this be my state and condition, let the hands that hang down be lifted up, and the feeble knees be strengthened. Behold, the Lord Christ, that has all fullness of grace in his heart [John 1:16], all fullness of power in his hand [Matt. 28:18], he is able to slay all these his enemies. There is sufficient provision in him for my relief and assistance. He can take my drooping, dying soul and make me more than a conqueror [Rom. 8:37].

# Oh, but I am such a sinner...



“Why do you say, O my soul, My way is hid from the LORD, and my judgment is passed over from my God? Have you not known, have you not heard, that the everlasting God, the LORD, the Creator of the ends of the earth, faints not, neither is weary? There is no searching of his understanding. He gives power to the faint; and to them that have no might he increases strength. Even the youths shall faint and be weary, and the young men shall utterly fall: but they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; they shall walk, and not faint” (Isa. 40:27-31).

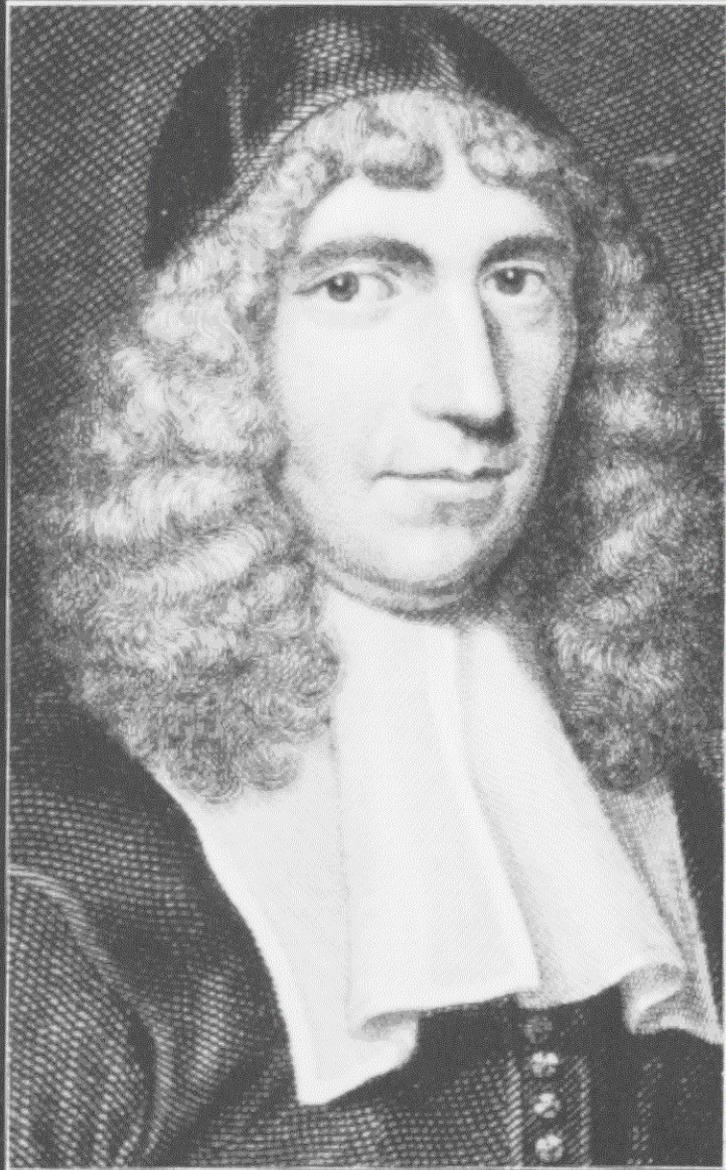
# Oh, but I am such a sinner...



“He can make the “dry, parched ground of my soul to become a pool, and my thirsty, barren heart as springs of water”; yea, he can make this “habitation of dragons,” this heart, so full of abominable lusts and fiery temptations, to be a place for “grass” and fruit to himself (Isa. 35:7).

~ John Owen - The Mortification of Sin quoted from *Overcoming Sin and Temptation*, page 132.

# Now we're talkin'! On to the real sin killin'!



“I have only, then, to add the heads of the work of the Spirit in this business of mortification, which is so peculiarly ascribed to him. In one word: this whole work, which I have described as our duty, is effected, carried on, and accomplished by the power of the Spirit, in all the parts and degrees of it.”

~ John Owen – The Mortification of Sin quoted from *Overcoming Sin and Temptation*, page 138.

## **Romans 8:13**

For if you live according to the sinful nature, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live.

## **Galatians 5:16, 17**

<sup>16</sup>So I say, live by the Spirit, and you will not gratify the desires of the sinful nature. <sup>17</sup>For the sinful nature desires what is contrary to the Spirit, and the Spirit what is contrary to the sinful nature. They are in conflict with each other, so that you do not do what you want.

# A meditation of Romans 6 and 8

# A meditation of Romans 6 and 8

*Is sin the norm for the Christian? NO! Wrestling with temptation is, but victory is ours in Christ!*

## **Romans 6:1-14**

<sup>1</sup>What shall we say, then? Shall we go on sinning, so that grace may increase? <sup>2</sup>By no means! We died to sin; how can we live in it any longer? <sup>3</sup>Or don't you know that all of us who were baptized into Christ Jesus were baptized into his death? <sup>4</sup>We were therefore buried with him through baptism into death in order that, just as Christ was raised from the dead through the glory of the Father, we too may live a new life.

# A meditation of Romans 6 and 8

*It ain't about you!*

*Jesus Christ is the One who will defeat your sin*

## **Romans 6:1-14**

<sup>5</sup>If we have been united with him like this in his death, we will certainly also be united with him in his resurrection. <sup>6</sup>For we know that our old self was crucified with him so that the body of sin might be done away with, that we should no longer be slaves to sin — <sup>7</sup>because anyone who has died has been freed from sin.

<sup>8</sup>Now if we died with Christ, we believe that we will also live with him. <sup>9</sup>For we know that since Christ was raised from the dead, he cannot die again; death no longer has mastery over him. <sup>10</sup>The death he died, he died to sin once for all; but the life he lives, he lives to God.

# A meditation of Romans 6 and 8

Therefore, **DO NOT LET** sin reign any longer in you

## Romans 6:1-14

<sup>11</sup>In the same way, count yourselves dead to sin but alive to God in Christ Jesus. <sup>12</sup>Therefore do not let sin reign in your mortal body so that you obey its evil desires.

# A meditation of Romans 6 and 8

**Offer your body to God!**

## **Romans 6:1-14**

<sup>13</sup>Do not offer the parts of your body to sin, as instruments of wickedness, but rather offer yourselves to God, as those who have been brought from death to life; and offer the parts of your body to him as instruments of righteousness. <sup>14</sup>For sin shall not be your master, because you are not under law, but under grace.

# A meditation of Romans 6 and 8

**Do you really believe in the power of the death of Jesus for you?**

## **Romans 8:1-16**

<sup>1</sup>Therefore, there is now no condemnation for those who are in Christ Jesus, <sup>2</sup>because through Christ Jesus the law of the Spirit of life set me free from the law of sin and death. <sup>3</sup>For what the law was powerless to do in that it was weakened by the sinful nature, God did by sending his own Son in the likeness of sinful man to be a sin offering. And so he condemned sin in sinful man, <sup>4</sup>in order that the righteous requirements of the law might be fully met in us, who do not live according to the sinful nature but according to the Spirit.

# A meditation of Romans 6 and 8

**Have you told the Holy Spirit to have control? Do you live it?**

## **Romans 8:1-16**

<sup>5</sup>Those who live according to the sinful nature have their minds set on what that nature desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. <sup>6</sup>The mind of sinful man is death, but the mind controlled by the Spirit is life and peace; <sup>7</sup>the sinful mind is hostile to God. It does not submit to God's law, nor can it do so. <sup>8</sup>Those controlled by the sinful nature cannot please God. <sup>9</sup>You, however, are controlled not by the sinful nature but by the Spirit, if the Spirit of God lives in you. And if anyone does not have the Spirit of Christ, he does not belong to Christ. <sup>10</sup>But if Christ is in you, your body is dead because of sin, yet your spirit is alive because of righteousness. <sup>11</sup>And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies through his Spirit, who lives in you.

# A meditation of Romans 6 and 8

Are you Spirit-filled?

**Romans 8:1-16**

<sup>12</sup>Therefore, brothers, we have an obligation – but it is not to the sinful nature, to live according to it. <sup>13</sup>For if you live according to the sinful nature, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live, <sup>14</sup>because those who are led by the Spirit of God are sons of God. <sup>15</sup>For you did not receive a spirit that makes you a slave again to fear, but you received the Spirit of sonship. And by him we cry, “Abba, Father.” <sup>16</sup>The Spirit himself testifies with our spirit that we are God’s children.

*Are you Siccing Jesus on  
your sin through the power  
of the Holy Spirit?*