





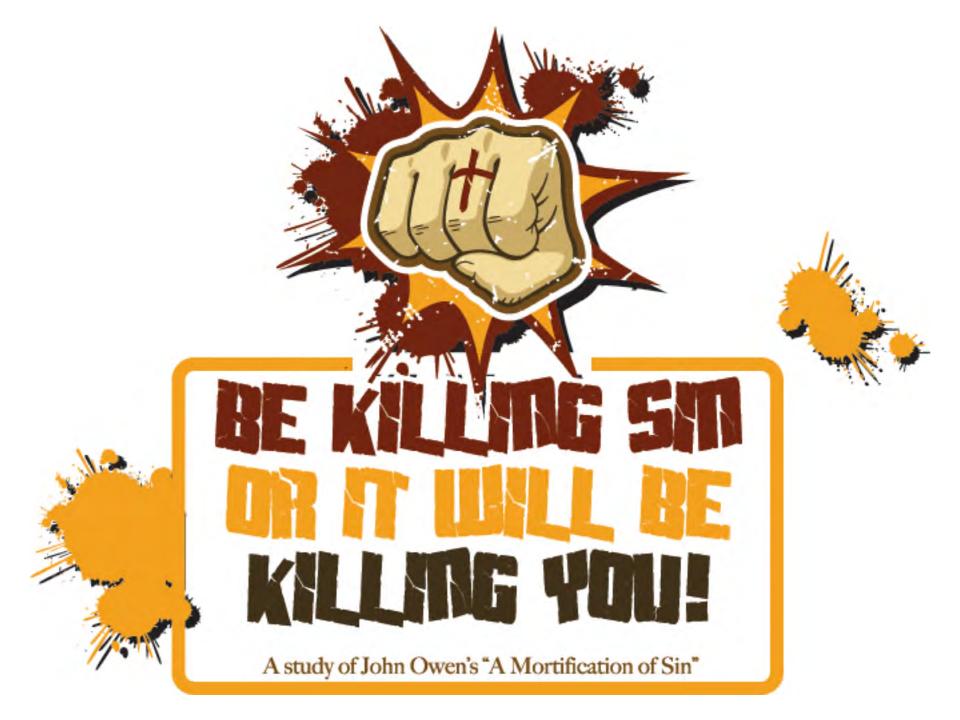
### 1 Thessalonians 2:6-8, 11-12

<sup>6</sup>We were not looking for praise from men, not from you or anyone else. As apostles of Christ we could have been a burden to you, <sup>7</sup>but we were gentle among you, like a mother caring for her little children. <sup>8</sup>We loved you so much

that we were delighted to

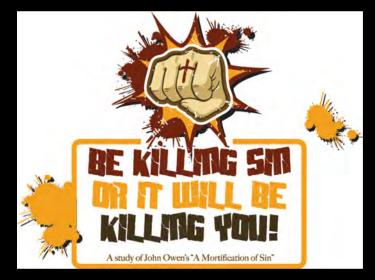
share with you not only the gospel of God but our lives as well, because you had become so dear to us... <sup>11</sup>For you know that we dealt with each of you as a father deals with his own children, <sup>12</sup>encouraging, comforting and urging you to live lives worthy of God, who calls you into his kingdom and glory.





### **Foundation for Mortification** Romans 8:13

### "If you through the Spirit do mortify the deeds of the body you shall live."



**THE MEANS OF MORTIFICATION (ch 14)** 

NINE PARTICULAR DIRECTIONS IN MORTIFYING SIN (chs 9-13)

TWO GENERAL DIRECTIONS IN MORTIFYING SIN (chs 7-8)

WHAT IS MORTIFICATION? (chs 5-6)

FOUNDATIONS FOR MORTIFICATION – WHY DO IT? (chs 1-4) THE MEANS OF MORTIFICATION (ch 14)

### NINE PARTICULAR DIRECTIONS IN MORTIFYING SIN (chs 9-13)

TWO GENERAL DIRECTIONS IN MORTIFYING SIN (chs 7-8)

WHAT IS MORTIFICATION? (chs 5-6)

FOUNDATIONS FOR MORTIFICATION – WHY DO IT? (chs 1-4)

### 1. Know the Clear Symptoms of Serious Sin

### What hump?

2. Get a Clear and Abiding Sense Upon Your Mind and Conscience of the Guilt, Danger, and Evil of Your Sin



### John 16:7-11

<sup>7</sup>But I tell you the truth: It is for your good that I am going away. Unless I go away, the Counselor will not come to you; but if I go, I will send him to you. <sup>8</sup>When he comes, he will convict the world of guilt in regard to sin and righteousness and judgment: <sup>9</sup>in regard to sin, because men do not believe in me; <sup>10</sup>in regard to righteousness, because I am going to the Father, where you can see me no longer; <sup>11</sup>and in regard to judgment, because the prince of this world now stands condemned.

### 2 Corinthians 7:1-11

<sup>1</sup>Since we have these promises, dear friends, let us purify ourselves from everything that contaminates body and spirit, perfecting holiness out of reverence for God. <sup>2</sup>Make room for us in your hearts. We have wronged no one, we have corrupted no one, we have exploited no one. <sup>3</sup>I do not say this to condemn you; I have said before that you have such a place in our hearts that we would live or die with you. <sup>4</sup>I have great confidence in you; I take great pride in you. I am greatly encouraged; in all our troubles my joy knows no bounds. <sup>5</sup>For when we came into Macedonia, this body of ours had no rest, but we were harassed at every turn—conflicts on the outside, fears within.

### 2 Corinthians 7:1-11

<sup>6</sup>But God, who comforts the downcast, comforted us by the coming of Titus, <sup>7</sup>and not only by his coming but also by the comfort you had given him. He told us about your longing for me, your deep sorrow, your ardent concern for me, so that my joy was greater than ever. <sup>8</sup>Even if I caused you sorrow by my letter, I do not regret it. Though I did regret it—I see that my letter hurt you, but only for a little while—<sup>9</sup>yet now I am happy, not because you were made sorry, but because your sorrow led you to repentance. For you became sorrowful as God intended and so were not harmed in any way by us.

### 2 Corinthians 7:1-11

<sup>10</sup>Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death. <sup>11</sup>See what this godly sorrow has produced in you: what earnestness, what eagerness to clear yourselves, what indignation, what alarm, what longing, what concern, what readiness to see justice done. At every point you have proved yourselves to be innocent in this matter.

### Psalm 32:1-5

<sup>1</sup>Blessed is he whose transgressions are forgiven, whose sins are covered. <sup>2</sup>Blessed is the man whose sin the LORD does not count against him and in whose spirit is no deceit. <sup>3</sup>When I kept silent, my bones wasted away through my groaning all day long. <sup>4</sup>For day and night your hand was heavy upon me; my strength was sapped as in the heat of summer. <sup>5</sup>Then I acknowledged my sin to you and did not cover up my iniquity. I said, "I will confess my transgressions to the LORD" and you forgave the guilt of my sin.

### Consider the guilt...

Let this, then, be the first care of him that would mortify sin – to fix a right judgment of its guilt in his mind. To which end take these considerations to your assistance: Though the power of sin be weakened by inherent grace in them that have it, [so] that sin shall not have dominion over them as it has over others, yet the guilt of sin that does yet abide and remain is aggravated and heightened by it [i.e., sin's power]:

### Consider the guilt...

"What shall we say then? Shall we continue in sin, that grace may abound? God forbid. How shall we, that are dead to sin, live any longer therein?" (Rom. 6:1-2) – "How shall we, that are dead?" The emphasis is on the word "we." How shall we do it, who, as he afterward describes it, have received grace from Christ to the contrary?

~ John Owen – <u>The Mortification of Sin</u> quoted from *Overcoming Sin and Temptation,* page 98.

### **Consider the Danger**



# Rules for Bank Robbers

### 1. You might get caught

# You might get caught You might get shot

# You might get caught You might get shot It might lead to a whole life of crime, changing you forever

Proverbs 22:3

<sup>3</sup>A prudent man sees danger and takes refuge, but the simple keep going and suffer for it.

### Isaiah 59:2, 3

<sup>2</sup>But your iniquities have separated you from your God; your sins have hidden his face from you, so that he will not hear. <sup>3</sup>For your hands are stained with blood, your fingers with guilt. Your lips have spoken lies, and your tongue mutters wicked things.

#### Hebrews 3:12, 13

<sup>12</sup>See to it, brothers, that none of you has a sinful, unbelieving heart that turns away from the living God. <sup>13</sup>But encourage one another daily, as long as it is called Today, so that none of you may be hardened by sin's deceitfulness.

### Consider the danger...

"Take heed," says he, "use all means, consider your temptations, watch diligently; there is a treachery, a deceit in sin, that tends to the hardening of your hearts from the fear of God." The hardening here mentioned is to the utmost – utter obduration [hardening]; sin tends to it, and every distemper and lust will make at least some progress toward it. You that were tender, and used to melt under the word, under afflictions, will grow as some have profanely spoken, "sermonproof and sickness-proof"....

### Consider the danger...

"Take heed, this is that [which] your lust is working toward — the hardening of the heart, searing of the conscience, blinding of the mind, stupifying of the affections, and deceiving of the whole soul."

~ John Owen – <u>The Mortification of Sin</u> quoted from *Overcoming Sin and Temptation,* page 99.

### **Consider the Evil**

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Luke 22:47, 48

<sup>47</sup>While he was still speaking a crowd came up, and the man who was called Judas, one of the Twelve, was leading them. He approached Jesus to kiss him, <sup>48</sup>but Jesus asked him,

"Judas, are you betraying the Son of Man with a kiss?"

### Consider the evil...

So the apostle, dehorting [exhorting, in an effort to dissuade] them from many lusts and sins (Eph. 4:25-29), gives this as the great motive of it: "Grieve not the Holy Spirit, whereby you are sealed unto the day of redemption" (v. 30). "Grieve not that Spirit of God," says he, "whereby you receive so many and so great benefits," of which he instances in one signal [significant, remarkable, out of the ordinary ] and comprehensive one - "sealing to the day of redemption...

### Consider the evil...

"He is grieved by it. As a tender and loving friend is grieved at the unkindness of his friend, of whom he has well deserved, so is it with this tender and loving Spirit, who has chosen our hearts for a habitation to dwell in, and there to do for us all that our souls desire. He is grieved by our harboring his enemies, and those whom he is to destroy, in our hearts with him.

~ John Owen – <u>The Mortification of Sin</u> quoted from *Overcoming Sin and Temptation,* page 79

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#### Ephesians 2:1-10

<sup>1</sup>As for you, you were dead in your transgressions and sins, <sup>2</sup>in which you used to live when you followed the ways of this world and of the ruler of the kingdom of the air, the spirit who is now at work in those who are disobedient.
<sup>3</sup>All of us also lived among them at one time, gratifying the cravings of our sinful nature and following its desires and thoughts. Like the rest, we were by nature objects of wrath. <sup>4</sup>But because of his great love for us, God, who is rich

in mercy, <sup>5</sup>made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved. <sup>6</sup>And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus, <sup>7</sup>in order that in the coming ages he might show the incomparable riches of his grace, expressed in his kindness to us in Christ Jesus. <sup>8</sup>For it is by grace you have been saved, through faith—and this not from yourselves, it is the gift of

God—<sup>9</sup>not by works, so that no one can boast. <sup>10</sup>For we are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do.

### The most graceful thing you can know is how sinful you really are.

### 1 John 1:8-10

<sup>8</sup>If we claim to be without sin, we deceive ourselves and the truth is not in us. <sup>9</sup>If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. <sup>10</sup>If we claim we have not sinned, we make him out to be a liar and his word has no place in our lives.