Message Notes

Keep your head IN the clouds

Introduction - The LDI 5k

Today's Message: The Rooted Life: Colossians 3:1-4

Words which change everything Col. 3:1

Set heart and mind above Col. 3:1-2

Similar teachings in Scripture: Matt. 16:21-23, Rom. 8:5-7, Matt. 6:31-34

Your past, present, and future Col. 3:3-4

The book of Colossians according to Yoda

Two BIG questions to apply this teaching:

#1 - HOW have you tried to set your heart and mind on things above?

#2 - Because you set your heart and mind on things above, WHAT are some of the tangible benefits you've experienced in doing so?

Questions to consider this week

- Are you in Christ?
- Are you seeking him setting heart and mind on things above?

Scripture Passages

(taken from the New International Version)

Colossians 3:1-4

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Matthew 16:21-23

21 From that time on Jesus began to explain to his disciples that he must go to Jerusalem and suffer many things at the hands of the elders, the chief priests and the teachers of the law, and that he must be killed and on the third day be raised to life.

22 Peter took him aside and began to rebuke him. "Never, Lord!" he said. "This shall never happen to you!" 23 Jesus turned

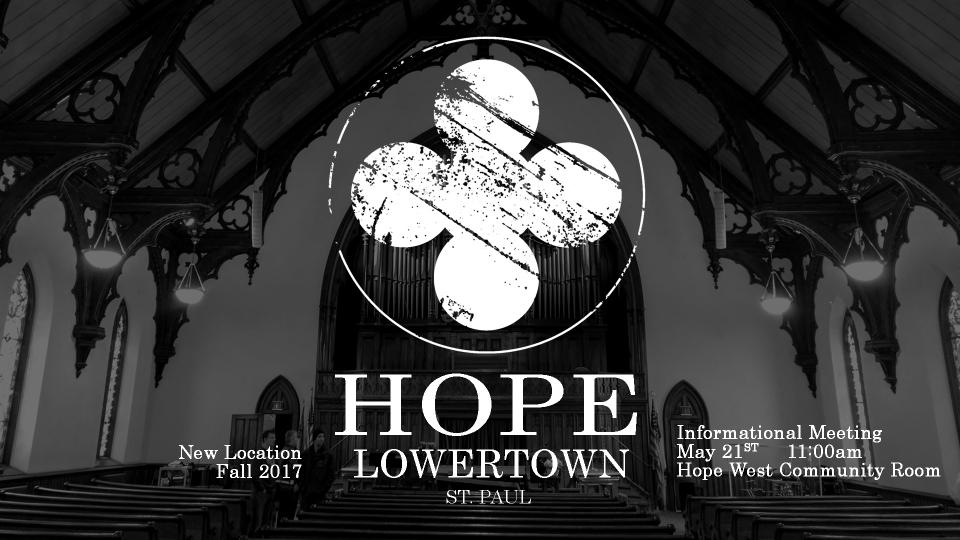
him. "Never, Lord!" he said. "This shall never happen to you!" 23 Jesus turned and said to Peter, "Get behind me, Satan! You are a stumbling block to me; you do not have in mind the concerns of God, but merely human concerns."

Romans 8:5-7

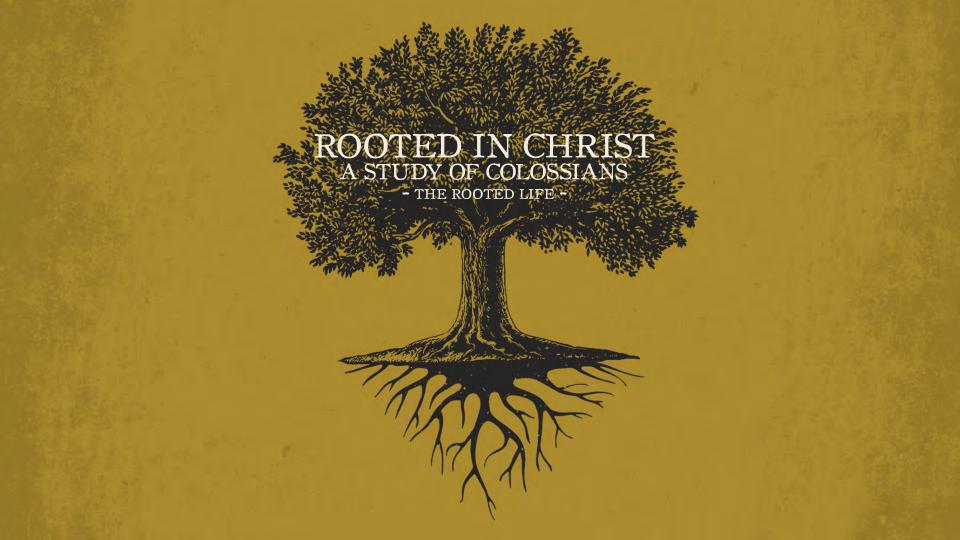
5 Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. 6 The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace. 7 The mind governed by the flesh is hostile to God; it does not submit to God's law, nor can it do so.

Matthew 6:31-34

31 So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' 32 For the pagans run after all these things, and your heavenly Father knows that you need them. 33 But seek first his kingdom and his righteousness, and all these things will be given to you as well. 34 Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.







Colossians 2:16-19

16 Therefore do not let anyone judge you by what you eat or drink, or with regard to a religious festival, a New Moon celebration or a Sabbath day. 17 These are a shadow of the things that were to come; the reality, however, is found in Christ. 18 Do not let anyone who delights in false humility and the worship of angels disqualify you. Such a person also goes into great detail about what they have seen; they are puffed up with idle notions by their unspiritual mind. 19 They have lost connection with the head, from whom the whole body, supported and held together by its ligaments and sinews, grows as God causes it to

Colossians 2:20-23

20 Since you died with Christ to the elemental spiritual forces of this world, why, as though you still belonged to the world, do you submit to its rules: 21 "Do not handle! Do not taste! Do not touch!"? 22 These rules, which have to do with things that are all destined to perish with use, are based on merely human commands and teachings. 23 Such regulations indeed have an appearance of wisdom, with their self-imposed worship, their false humility and their harsh treatment of the body, but they lack any value in restraining self indulgence.

Paul is mocking them for their "per(s)nickety scrupulosity."

BQ: Why are you doing what you're doing?

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Words which change everything

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The reality of being with Christ

- "we've heard about your faith"...1:4
- "the word of the truth, the gospel, has come to you"...1:5-6
- "your love in the Spirit"...1:8
- "the Father, who has qualified you to share in the inheritance of the saints"...1:12
- "not shifting form the hope of the gospel"...1:23
- "Christ in you, the hope of glory"...1:27
- "the firmness of your faith in Christ"...2:5
- "as you received Christ Jesus the Lord, so walk in him"...2:6
- "you have been filled in Christ"...2:10

Colossians 3:1-2

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ζητέω ♠) zēteō desire; seek; look for
verb, present, active, imperative, second person, plural | finite verb

Sense: to seek - to try to get or reach something one desires.

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φρονεῖτε phroneite
 Set your minds on things above, not on earthly...
 φρονέω ◆) phroneō think; set one's mind on
 verb, present, active, imperative, second person, plural | finite verb

Sense: to concentrate – to direct one's attention and thought to something.

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Each day has enough trouble of its own.

Paul calls believers to allow the things above, where Christ is, to direct their lives. These are the things that are ultimate and transcendent and contrast with the "philosophy's" dependence on "the basic principles of this world" (2:8, 20), "human tradition" (2:8), and things "destined to perish with use" (2:22)...All of our lives should be ruled by Christ. Every thought, aim, value, aspiration, and striving should come under his lordship.

Garland, D. E. (1998). Colossians and Philemon (p. 201-202). Grand Rapids, MI: Zondervan Publishing House.

Your past, present, and future

Colossians 3:3-4

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The Christian life is a process in which, through constant fellowship with the risen Christ and through the operation of his Spirit, the believer is transformed into his likeness, from one stage of glory to another (2 Cor. 3:18)."

G.B. Caird, Paul's Letters from Prison

If Yoda wrote the book of Colossians

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#2 - Because you set your heart and mind on things above, WHAT are some of the tangible benefits you've experienced in doing so?

What is to be gained for the Christian believer who regularly sets their heart and mind on things above?

#1 - HOW have you tried to set your heart and mind on things above?

"Reading my bible. Thinking acutely about God's good character, his love for me, and how he showed that love for me."

- #1 HOW have you tried to set your heart and mind on things above?
- 1. By taking some time out in the morning to delight in who Christ is and what he's done for us.
 - 2. Throughout the day I meditate on his promises.
 - 3. I talk with my spouse of what God is doing in my life.
- 4. In the morning I pray and try to surrender my will to his.

#1 - HOW have you tried to set your heart and mind on things above?

"I ask myself, 'Will this disagreement matter eternally (or even in a couple of days or hours)? Will this anxiety last forever? Is Christ not bigger than what I'm experiencing right now?'"

#1 - HOW have you tried to set your heart and mind on things above?

"It's a fight to set your mind on things above. It's a conscious effort – a fight of faith. Ways in which I do this are listening to worship music, reading my Bible, listening to sermons, meditating on the promises of God, talking theology with friends, prayer, and trying to sanctify the things I do day after day."

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"I have more freedom knowing that Christ sees all my days with grace rather than 'good days' or 'bad days.' I don't feel burdened to live up to anything. I have peace knowing God is for me. To set your heart and mind on things above, that's liberty from the weight that the world and culture presses into you each day to be a part of it."

#2 - What is to be gained for the Christian believer who regularly sets their heart and mind on things above?

"Instead of self-loathing and self-condemnation, I now feel acceptance and patience and love and forgiveness from God. I am beginning to see myself through his eyes instead of my own and others."

#2 - What is to be gained for the Christian believer who regularly sets their heart and mind on things above?

I don't have to worry about the future. I'm a college student and the future is very unclear, but I know that ultimately it doesn't matter what I do or where I go, as long as I'm serving the Lord.

#2 - What is to be gained for the Christian believer who regularly sets their heart and mind on things above?

"I have peace and no longer conform to the bondage of the performance life and I no longer hold people to it. It keeps me from condemning and makes it fun to give mercy and grace."

#2 - What is to be gained for the Christian believer who regularly sets their heart and mind on things above?

"My biggest life problem is solved and any other earthly problem doesn't seem so big. My heart longs to follow Jesus and do all which he says is best for our souls. It gives my heart freedom to love those around me without expectation. It also gives me desire to lay down my life for others for the sake of the gospel."

#2 - What is to be gained for the Christian believer who regularly sets their heart and mind on things above?

I think what is to be gained is a perspective of keeping first things first things. When we place too much value on other things, as great as they may be, we begin to practice idolatry and fail to take God seriously. Soon, we are led so astray that we stop looking like Jesus. We need better music, we need better sound, we need building maintenance and new lighting, we need more dynamic preaching. We need, need, need. But we won't take the time to pray. We won't meditate on Scripture, and we won't engage our neighbors with the Gospel. First things first. Second things second. "Seek first the Kingdom and his righteousness and all these things will be added to you."

Gospel Application

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Are you in Christ?

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In Christ, you are. Seek him, you must.

Are you in Christ?

Are you seeking him – setting heart and mind on things above?