

**Ephesians**  
Week Fourteen  
*Out with the Old; In with the New*  
Ephesians 4:17-32  
Pastor Steve Treichler  
April 24<sup>th</sup>, 2022 (8:30 and 10:30am), FB Live (10am)  
*For His Glory and our joy!*

Passage:

**Ephesians 4:17-32**

<sup>17</sup>So I tell you this, and insist on it in the Lord, that you must no longer live as the Gentiles do, in the futility of their thinking. <sup>18</sup>They are darkened in their understanding and separated from the life of God because of the ignorance that is in them due to the hardening of their hearts. <sup>19</sup>Having lost all sensitivity, they have given themselves over to sensuality so as to indulge in every kind of impurity, and they are full of greed.

<sup>20</sup>That, however, is not the way of life you learned <sup>21</sup>when you heard about Christ and were taught in him in accordance with the truth that is in Jesus. <sup>22</sup>You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; <sup>23</sup>to be made new in the attitude of your minds; <sup>24</sup>and to put on the new self, created to be like God in true righteousness and holiness.

<sup>25</sup>Therefore each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body. <sup>26</sup>“In your anger do not sin”: Do not let the sun go down while you are still angry, <sup>27</sup>and do not give the devil a foothold. <sup>28</sup>Anyone who has been stealing must steal no longer, but must work, doing something useful with their own hands, that they may have something to share with those in need.

<sup>29</sup>Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. <sup>30</sup>And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. <sup>31</sup>Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. <sup>32</sup>Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

Message Notes:

**Introduction – *It's Church Planting Sunday!***

Today's Message:

*Out with the Old. In with the New.*

Ephesians 4:17-32

**The Big Idea – Don't live like a Gentile**

Ephesians 4:17

Ephesians 4:1

What, what...?

Ephesians 2:11-13, 19, 3:6

**What's he getting at?**

*Look at context to see what he is talking about*

Ephesians 4:17b-19

**New Life!!**

Ephesians 4:20-24

Romans 8:1-4 – Two Different eras of Salvation History

A diagram to help

**How this works**

Ephesians 4:22-24

Put Off – Be Made New – Put On

**Examples of how this works**

Truthful speech – Ephesians 4:25

Appropriate Displays of Anger – Ephesians 4:26-27

No longer Stealing – Ephesians 4:28

Beneficial Speech – Ephesians 4:29

Not Grieving the Holy Spirit – Ephesians 4:30

Bitterness, Rage, anger, brawling and slander

**A Deep Dive into this as an example of how to live the new life**

Putting off Falsehood

**Gospel Application:** *Are you living the new life?*

Scripture Passages used (New International Version)

**Ephesians 2:11-13, 19**

<sup>11</sup>Therefore, remember that formerly you who are Gentiles by birth and called “uncircumcised” by those who call themselves “the circumcision” (which is done in the body by human hands)—  
<sup>12</sup>remember that at that time you were separate from Christ, excluded from citizenship in Israel and foreigners to the covenants of the promise, without hope and without God in the world.  
<sup>13</sup>But now in Christ Jesus you who once were far away have been brought near by the blood of Christ...<sup>19</sup>Consequently, you are no longer foreigners and strangers, but fellow citizens with God’s people and also members of his household...

**Ephesians 3:6**

This mystery is that through the gospel the Gentiles are heirs together with Israel, members together of one body, and sharers together in the promise in Christ Jesus.

**Ephesians 4:1**

<sup>1</sup>As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received.

**Romans 8:1-4**

<sup>1</sup>Therefore, there is now no condemnation for those who are in Christ Jesus, <sup>2</sup>because through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death.  
<sup>3</sup>For what the law was powerless to do because it was weakened by the flesh, God did by sending his own Son in the likeness of sinful flesh to be a sin offering. And so he condemned sin in the flesh, <sup>4</sup>in order that the righteous requirement of the law might be fully met in us, who do not live according to the flesh but according to the Spirit.

**2 Corinthians 5:17**

Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!

**Ephesians 2:1-7**

<sup>1</sup>As for you, you were dead in your transgressions and sins, <sup>2</sup>in which you used to live when you followed the ways of this world and of the ruler of the kingdom of the air, the spirit who is now at work in those who are disobedient. <sup>3</sup>All of us also lived among them at one time, gratifying the cravings of our flesh and following its desires and thoughts. Like the rest, we were by nature deserving of wrath. <sup>4</sup>But because of his great love for us, God, who is rich in mercy, <sup>5</sup>made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved. <sup>6</sup>And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus, <sup>7</sup>in order that in the coming ages he might show the incomparable riches of his grace, expressed in his kindness to us in Christ Jesus.

Quotes:

About Romans 8:1-4

[In this passage], flesh and Spirit stand over against each other not as parts of a person (an anthropological dualism), nor even as impulses or powers within a person, but as the powers, or dominating features, of the two realms of salvation history. “To walk according to the flesh,” then, is to have one’s life determined and directed by the values of this world, of the world in rebellion against God. It is a lifestyle that is purely human in its orientation. To “walk according to the Spirit,” on the other hand, is to live under the control, and according to the values, of the new age, created and dominated by God’s Spirit as his eschatological gift.<sup>1</sup>

What then could Paul mean when he speaks of grieving the Holy Spirit? The picture Paul paints is of believers, each sealed with the Spirit, choosing whether to walk in their new self or fall back into old pagan ways. Do they speak from the redemptive power within them, a Holy Spirit-shaped deposit guaranteeing their inheritance? Or do they spew rotten words at another believer, who is sealed with the same Holy Spirit (1:13)? Do they tear down the temple wherein God dwells by his Spirit (2:22)? Putrid talk weakens the Christian community, and what diminishes God’s temple grieves God’s Spirit. Truth-telling in its many dimensions expresses life as the new self, which, by God’s grace and resurrection power, will continue into eternity.<sup>2</sup>

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<sup>1</sup> Douglas J. Moo, [The Letter to the Romans](#), ed. Ned B. Stonehouse et al., Second Edition., The New International Commentary on the New Testament (Grand Rapids, MI: William B. Eerdmans Publishing Company, 2018), 508.

<sup>2</sup> Lynn H. Cohick, [The Letter to the Ephesians](#), ed. Ned B. Stonehouse et al., New International Commentary on the Old and New Testament (Grand Rapids, MI: William B. Eerdmans Publishing Company, 2020), 300–301.

### **Praises:**

- We received over \$364,000 in our 3rd quarter
- 16 new donors decided to partner with Hope in Q3
- 159 donor units give over \$250/month

### **Prayers:**

- Wisdom as we start our budget planning season for the next ministry year
- Pray for insight into where God is leading us to focus our gifts (time, resources, etc.)!
- Continued trust in God as the provider for His church

*As of 4/17/2022*

Amount received YTD: \$1,506,192.60 (82.8%)

Budgeted Income YTD: \$1,818,656.73

Comp. to budget: -\$312,464.13

 CONVERGE

 ACTS 29

# Church Planting Sunday

APRIL 24, 2022

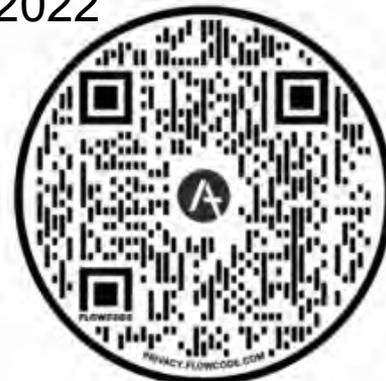


[acts29.com/cps2022](https://acts29.com/cps2022)



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and sign-up for regular  
updates about church planting  
around the world.



*Ephesians*

## **Ephesians 4:17-32**

<sup>17</sup>So I tell you this, and insist on it in the Lord, that you must no longer live as the Gentiles do, in the futility of their thinking.

<sup>18</sup>They are darkened in their understanding and separated from the life of God because of the ignorance that is in them due to the hardening of their hearts. <sup>19</sup> Having lost all sensitivity, they have given themselves over to sensuality so as to indulge in every kind of impurity, and they are full of greed.

## **Ephesians 4:17-32**

<sup>25</sup>Therefore each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body. <sup>26</sup>“In your anger do not sin”: Do not let the sun go down while you are still angry, <sup>27</sup>and do not give the devil a foothold. <sup>28</sup>Anyone who has been stealing must steal no longer, but must work, doing something useful with their own hands, that they may have something to share with those in need.

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<sup>29</sup>Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. <sup>30</sup>And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. <sup>31</sup>Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. <sup>32</sup>Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

Today's Message:

**Out with the Old. In with the New.**

Ephesians 4:17-32

# The Big Idea

## Ephesians 4:17

<sup>17</sup>So I tell you this, and insist on it in the Lord, that you must no longer live as the Gentiles do, in the futility of their thinking.

<sup>18</sup>They are darkened in their understanding and separated from the life of God because of the ignorance that is in them due to the hardening of their hearts. <sup>19</sup> Having lost all sensitivity, they have given themselves over to sensuality so as to indulge in every kind of impurity, and they are full of greed.

# The Big Idea

## Ephesians 4:1

<sup>1</sup>As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received.

# What a minute!!

## Ephesians 2:11-13, 19

<sup>11</sup>Therefore, remember that formerly you who are Gentiles by birth and called “uncircumcised” by those who call themselves “the circumcision” (which is done in the body by human hands) — <sup>12</sup>remember that at that time you were separate from Christ, excluded from citizenship in Israel and foreigners to the covenants of the promise, without hope and without God in the world. <sup>13</sup>But now in Christ Jesus you who once were far away have been brought near by the blood of Christ...

# What a minute!!

## Ephesians 2:19

<sup>19</sup>Consequently, you are no longer foreigners and strangers, but fellow citizens with God's people and also members of his household.

# What a minute!!

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<sup>19</sup>Consequently, you are no longer foreigners and strangers, but fellow citizens with God's people and also members of his household.

## Ephesians 3:6

This mystery is that through the gospel the Gentiles are heirs together with Israel, members together of one body, and sharers together in the promise in Christ Jesus.

# What's he getting at?

## Ephesians 4:17b-19

<sup>17</sup>So I tell you this, and insist on it in the Lord, that you must no longer live as the Gentiles do, in the futility of their thinking.

<sup>18</sup>They are darkened in their understanding and separated from the life of God because of the ignorance that is in them due to the hardening of their hearts. <sup>19</sup>Having lost all sensitivity, they have given themselves over to sensuality so as to indulge in every kind of impurity, and they are full of greed.



**BOOMTOWN**

HIBBING



EVELETH

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**BOOM TOWN**

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# New Life!!

## Ephesians 4:20-24

<sup>20</sup>That, however, is not the way of life you learned <sup>21</sup>when you heard about Christ and were taught in him in accordance with the truth that is in Jesus. <sup>22</sup>You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; <sup>23</sup>to be made new in the attitude of your minds; <sup>24</sup>and to put on the new self, created to be like God in true righteousness and holiness.

## Romans 8:1-4

<sup>1</sup>Therefore, there is now no condemnation for those who are in Christ Jesus, <sup>2</sup>because through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death.

<sup>3</sup>For what the law was powerless to do because it was weakened by the flesh, God did by sending his own Son in the likeness of sinful flesh to be a sin offering. And so he condemned sin in the flesh, <sup>4</sup>in order that the righteous requirement of the law might be fully met in us, who do not live according to the flesh but according to the Spirit.

# Walk not in the way of the flesh, but in the way of the Spirit

## Romans 8:1-4

<sup>1</sup>Therefore, there is now no condemnation for those who are in Christ Jesus, <sup>2</sup>because through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death.

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[In this passage], flesh and Spirit stand over against each other not as parts of a person (an anthropological dualism), nor even as impulses or powers within a person, but as the powers, or dominating features, of the two realms of salvation history. “To walk according to the flesh,” then, is to have one’s life determined and directed by the values of this world, of the world in rebellion against God. It is a lifestyle that is purely human in its orientation. To “walk according to the Spirit,” on the other hand, is to live under the control, and according to the values, of the new age, created and dominated by God’s Spirit as his eschatological gift.

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CREATION

FALL

REDEMPTION

RESTORATION

CREATION  
(EDEN)

FALL  
(SIN)

REDEMPTION  
(CROSS)

RESTORATION  
(RETURN)

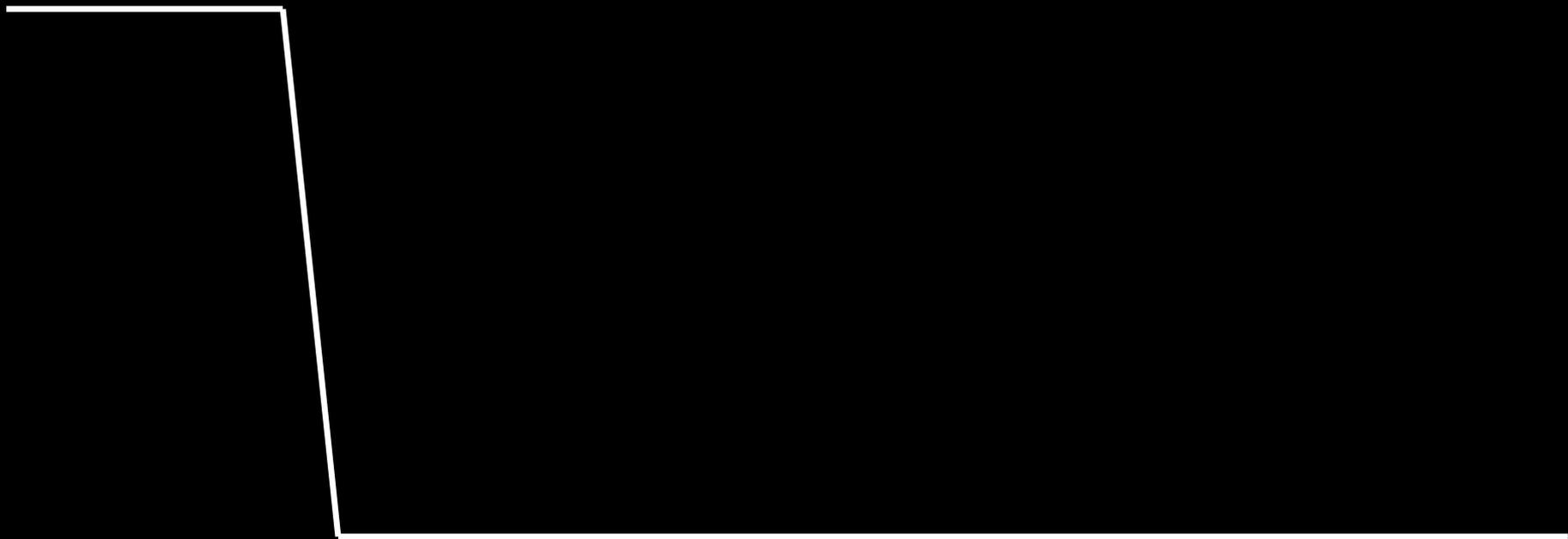
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CREATION  
(EDEN)

FALL  
(SIN)

REDEMPTION  
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RESTORATION  
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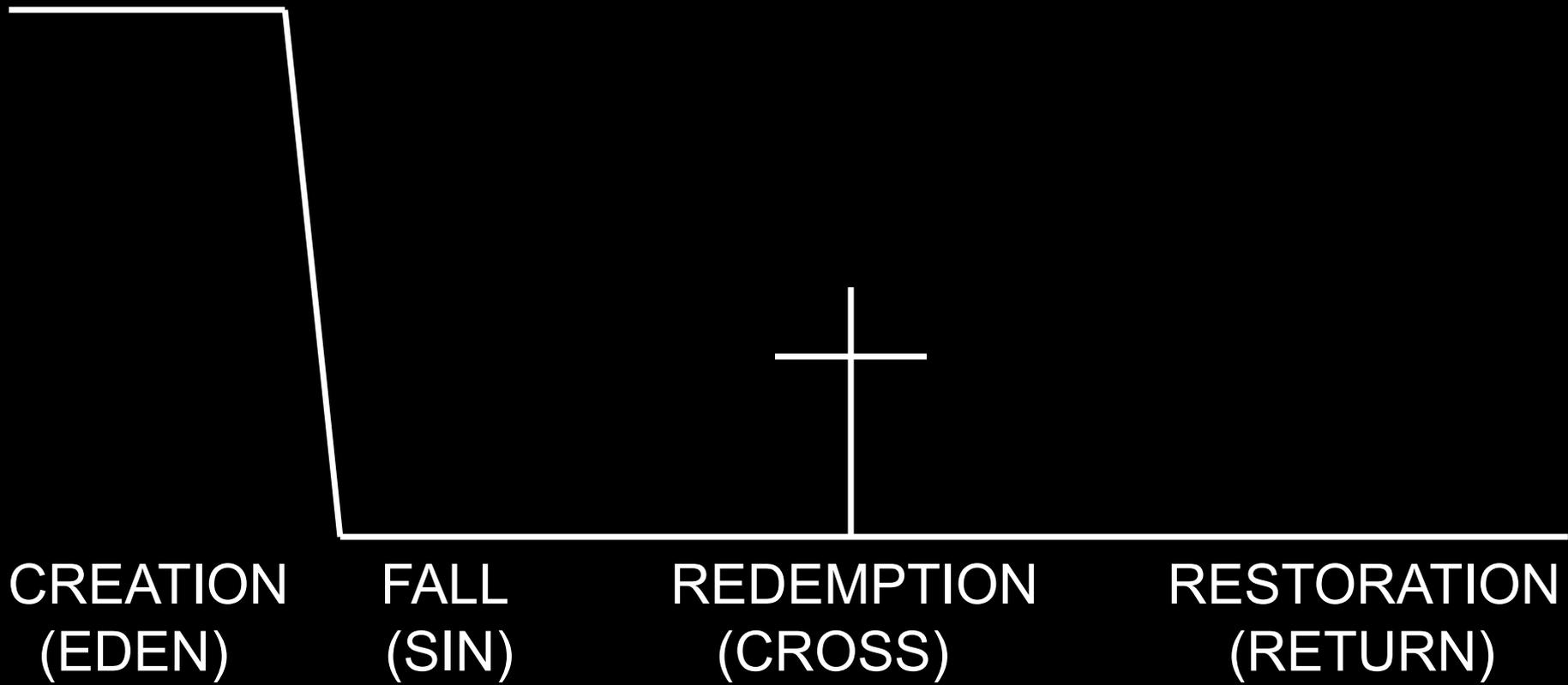


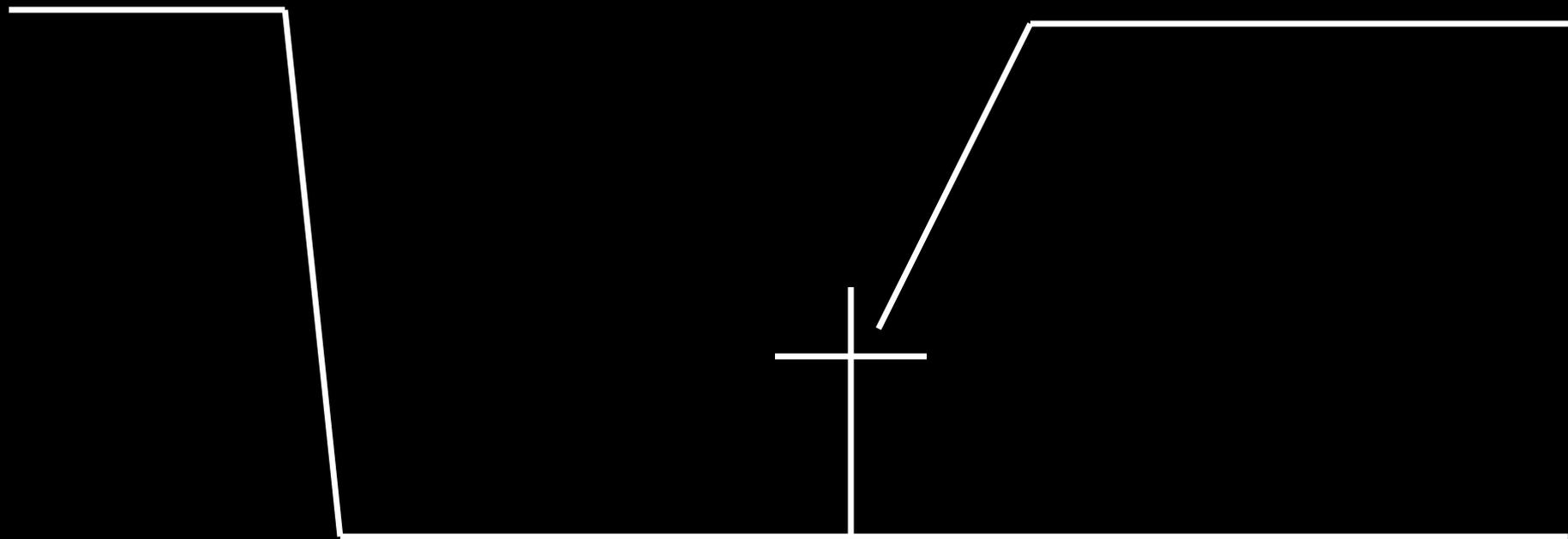
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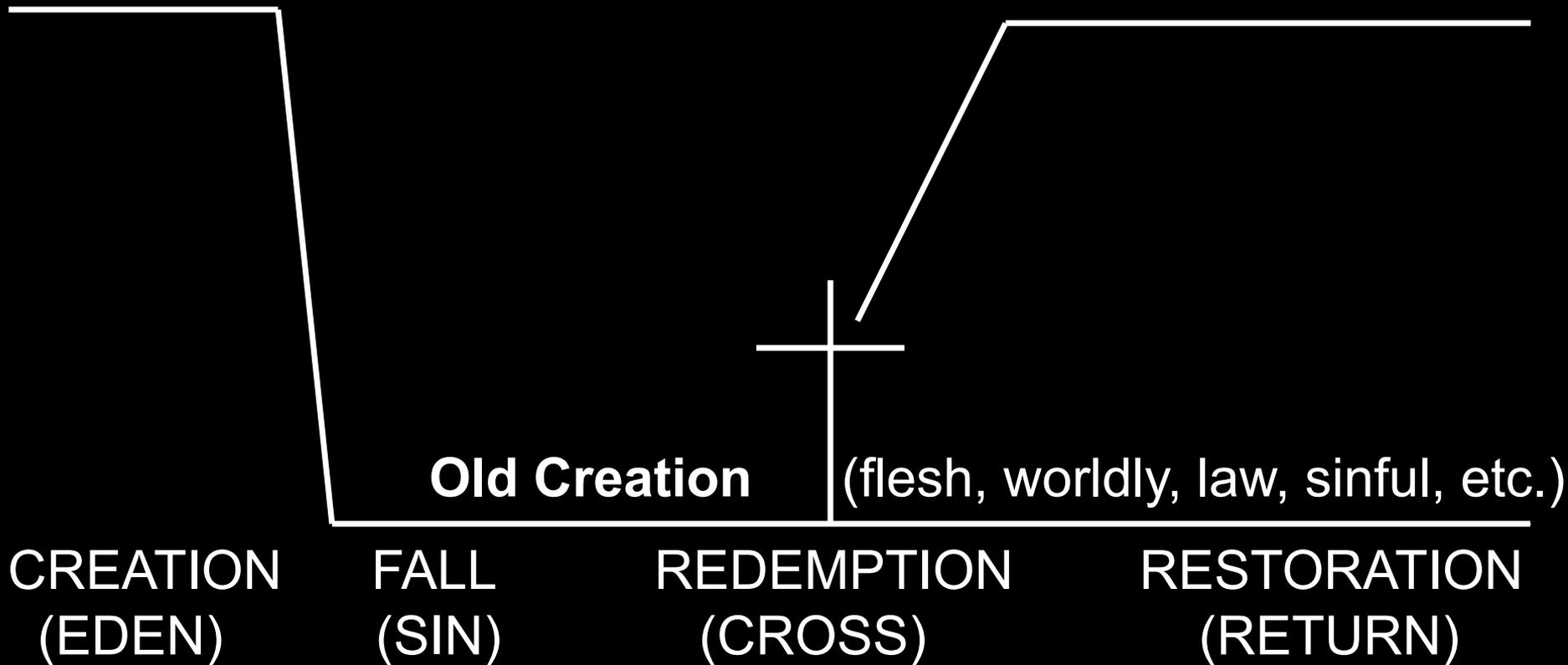


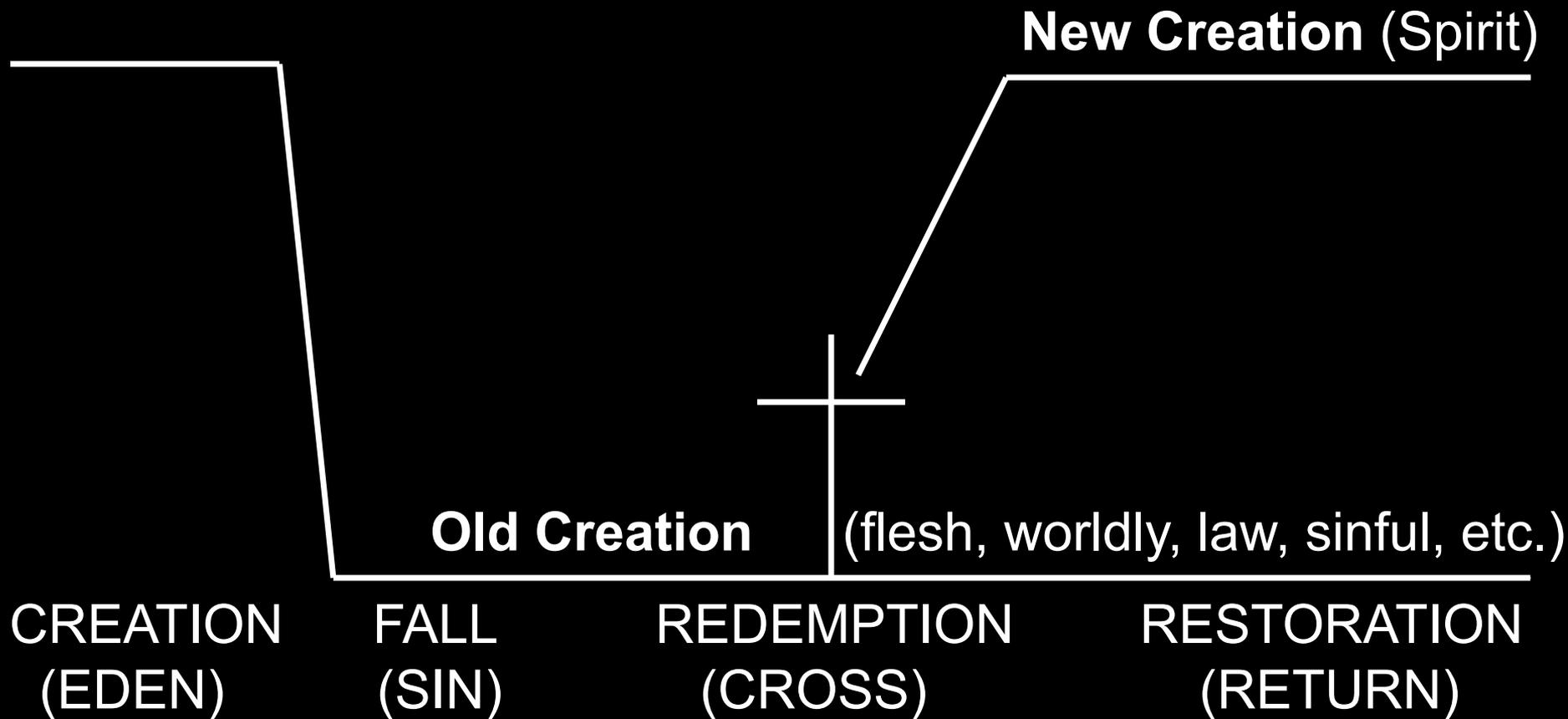
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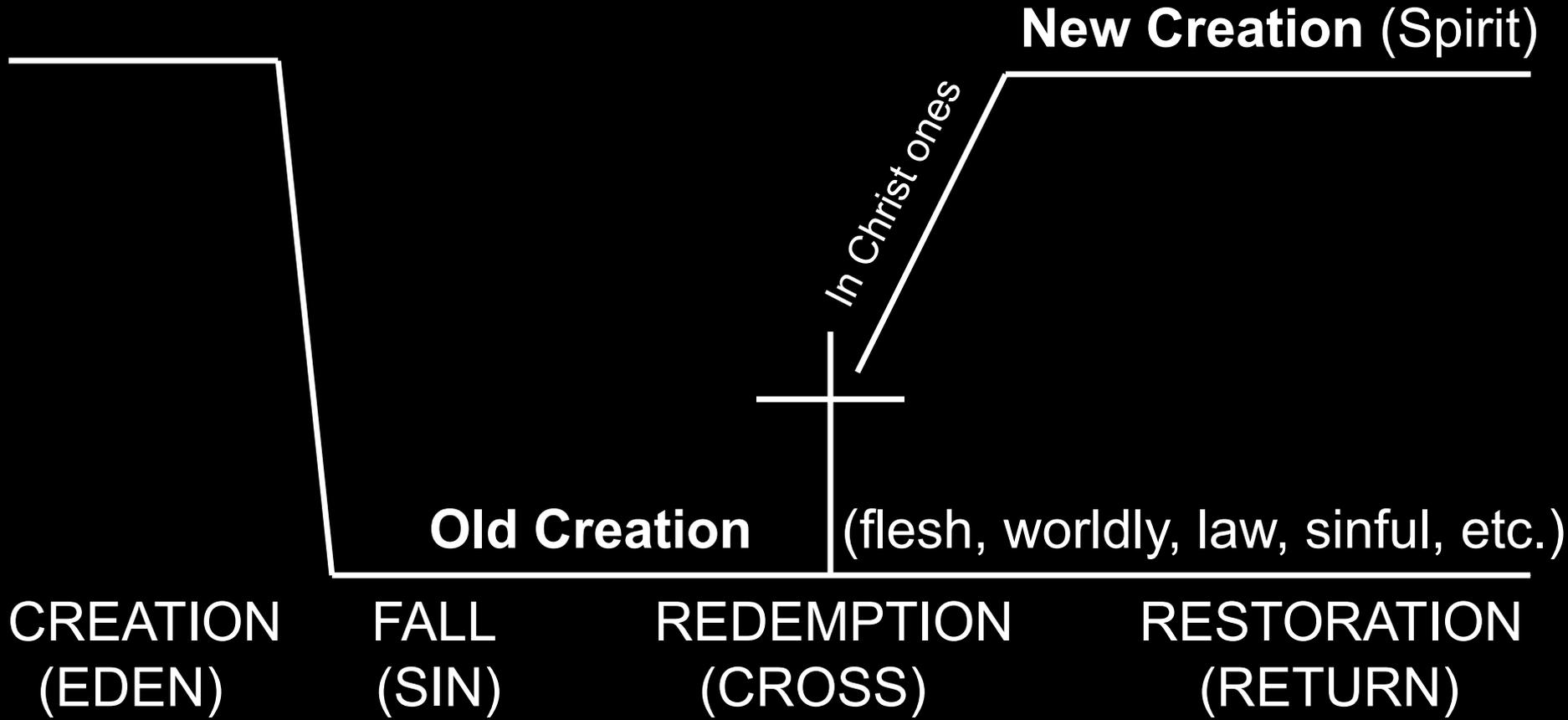




## **2 Corinthians 5:17**

Therefore, if anyone is in Christ,  
the new creation has come:

The old has gone,  
the new is here!



## **Ephesians 2:1-7**

<sup>1</sup>As for you, you were dead in your transgressions and sins, <sup>2</sup>in which you used to live when you followed the ways of this world and of the ruler of the kingdom of the air, the spirit who is now at work in those who are disobedient. <sup>3</sup>All of us also lived among them at one time, gratifying the cravings of our flesh and following its desires and thoughts. Like the rest, we were by nature deserving of wrath.

## **Ephesians 2:1-7**

<sup>4</sup>But because of his great love for us, God, who is rich in mercy, <sup>5</sup>made us alive with Christ even when we were dead in transgressions – it is by grace you have been saved. <sup>6</sup>And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus, <sup>7</sup>in order that in the coming ages he might show the incomparable riches of his grace, expressed in his kindness to us in Christ Jesus.

# How it works

## Step 1 – Put off

### **Ephesians 4:22**

<sup>20</sup>That, however, is not the way of life you learned <sup>21</sup>when you heard about Christ and were taught in him in accordance with the truth that is in Jesus. <sup>22</sup>You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; <sup>23</sup>to be made new in the attitude of your minds; <sup>24</sup>and to put on the new self, created to be like God in true righteousness and holiness.

# How it works

## Step 2 – Be Made New

### **Ephesians 4:22**

<sup>20</sup>That, however, is not the way of life you learned <sup>21</sup>when you heard about Christ and were taught in him in accordance with the truth that is in Jesus. <sup>22</sup>You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; <sup>23</sup>to be made new in the attitude of your minds; <sup>24</sup>and to put on the new self, created to be like God in true righteousness and holiness.

# How it works

## Step 3 – Put On

### **Ephesians 4:17-32**

<sup>20</sup>That, however, is not the way of life you learned <sup>21</sup>when you heard about Christ and were taught in him in accordance with the truth that is in Jesus. <sup>22</sup>You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; <sup>23</sup>to be made new in the attitude of your minds; <sup>24</sup>and to put on the new self, created to be like God in true righteousness and holiness.



**DIRTY JOBS**  
with Mike Rowe

# Examples of how this works

## *Truthful speech*

### **Ephesians 4:25**

<sup>25</sup>Therefore each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body. <sup>26</sup>“In your anger do not sin”: Do not let the sun go down while you are still angry, <sup>27</sup>and do not give the devil a foothold. <sup>28</sup>Anyone who has been stealing must steal no longer, but must work, doing something useful with their own hands, that they may have something to share with those in need.

# Examples of how this works

## *Appropriate display of anger*

### **Ephesians 4:26-27**

<sup>25</sup>Therefore each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body. <sup>26</sup>“In your anger do not sin”: Do not let the sun go down while you are still angry, <sup>27</sup>and do not give the devil a foothold. <sup>28</sup>Anyone who has been stealing must steal no longer, but must work, doing something useful with their own hands, that they may have something to share with those in need.

# Examples of how this works

## *Stealing*

### **Ephesians 4:28**

<sup>25</sup>Therefore each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body. <sup>26</sup>“In your anger do not sin”: Do not let the sun go down while you are still angry, <sup>27</sup>and do not give the devil a foothold. <sup>28</sup>Anyone who has been stealing must steal no longer, but must work, doing something useful with their own hands, that they may have something to share with those in need.

# Examples of how this works

## *Beneficial Speech*

### **Ephesians 4:29**

<sup>29</sup>Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. <sup>30</sup>And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. <sup>31</sup>Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. <sup>32</sup>Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

# Examples of how this works

## *Not Grieving Holy Spirit*

### **Ephesians 4:30**

<sup>29</sup>Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. <sup>30</sup>And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. <sup>31</sup>Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. <sup>32</sup>Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

What then could Paul mean when he speaks of grieving the Holy Spirit? The picture Paul paints is of believers, each sealed with the Spirit, choosing whether to walk in their new self or fall back into old pagan ways. Do they speak from the redemptive power within them, a Holy Spirit-shaped deposit guaranteeing their inheritance? Or do they spew rotten words at another believer, who is sealed with the same Holy Spirit (1:13)? Do they tear down the temple wherein God dwells by his Spirit (2:22)? Putrid talk weakens the Christian community, and what diminishes God's temple grieves God's Spirit. Truth-telling in its many dimensions expresses life as the new self, which, by God's grace and resurrection power, will continue into eternity.

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# Examples of how this works

*Bitterness, rage, anger, brawling and slander*

## **Ephesians 4:31-32**

<sup>29</sup>Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. <sup>30</sup>And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. <sup>31</sup>Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. <sup>32</sup>Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

A deep dive into how to put on Your Jesus' Clothes

*Falsehood*

**Put off: Falsehood  
(WHY?)**

**Put off: Falsehood  
(WHY?)**

**Gospel Shower: I'm ok in Jesus  
(LOOK!)**

**Put off: Falsehood  
(WHY?)**

**Gospel Shower: I'm ok in Jesus  
(LOOK!)**

**Put on: Truthful Speech  
(LIVE)**

# Gospel-Centered Application:

*Are you living the new creation life?*