

# Message Notes

## Being done with sin

**Introduction** - "Meet your Executive Function"

*The Spirit/Flesh Distinctive*

1 Peter 1:3-6

1 Peter 2:9-10

1 Peter 3:18-22

Indicative → → → Imperative

1 Corinthians 6:19-20

Romans 6:1-2, 5-7, 11-14

**Today's Message:**

*"Being done with sin"*

1 Peter 4:1-6

### Being Done with Sin

**1. Suffering is an indicator of your spirit being alive** - 1 Peter 4:1

- a. Arm yourself
- b. Suffering in the body = done with sin

**2. There is a difference in our actual day to day living** - 1 Peter 4:2

**3. The distinction makes us different people than who we used to be, and different than people who have not yet been renewed**  
1 Peter 4:3-4

*a. The Big Six!*

*Debauchery (Acts of Abandon)*

*"Captives are free tonight"*

*Lust*

*Drunkenness*

*Orgies*

*Drinking Parties*

*Detestable Idolatry*

b. Heaping abuse on you

What is the specific kind of suffering Peter is referring to? FOMO!!

**4. There is a real judgement coming for all, and the gospel is the answer!** - 1 Peter 4:5-6

**Gospel Application** - "Will you 'arm yourself' to face suffering and be done with sin?"

# Scripture Passages

*(taken from the New International Version)*

## **1 Peter 4:1-6**

<sup>1</sup>Therefore, since Christ suffered in his body, arm yourselves also with the same attitude, because whoever suffers in the body is done with sin.

<sup>2</sup>As a result, they do not live the rest of their earthly lives for evil human desires, but rather for the will of God. <sup>3</sup>For you have spent enough time in the past doing what pagans choose to do—living in debauchery, lust, drunkenness, orgies, carousing and detestable idolatry. <sup>4</sup>They are surprised that you do not join them in their reckless, wild living, and they heap abuse on you. <sup>5</sup>But they will have to give account to him who is ready to judge the living and the dead. <sup>6</sup>For this is the reason the gospel was preached even to those who are now dead, so that they might be judged according to human standards in regard to the body, but live according to God in regard to the spirit.

## **1 Corinthians 6:19-20**

<sup>19</sup>Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; <sup>20</sup>you were bought at a price. Therefore honor God with your bodies.

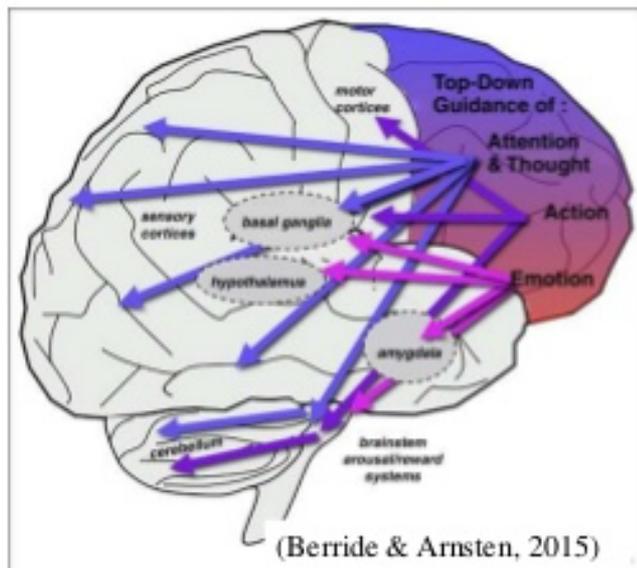
## **Romans 6:1-2, 5-7, 11-14**

<sup>1</sup>What shall we say, then? Shall we go on sinning so that grace may increase? <sup>2</sup>By no means! We are those who have died to sin; how can we live in it any longer?

<sup>5</sup>For if we have been united with him in a death like his, we will certainly also be united with him in a resurrection like his. <sup>6</sup>For we know that our old self was crucified with him so that the body ruled by sin might be done away with, that we should no longer be slaves to sin—<sup>7</sup>because anyone who has died has been set free from sin.

<sup>11</sup>In the same way, count yourselves dead to sin but alive to God in Christ Jesus. <sup>12</sup>Therefore do not let sin reign in your mortal body so that you obey its evil desires. <sup>13</sup>Do not offer any part of yourself to sin as an instrument of wickedness, but rather offer yourselves to God as those who have been brought from death to life; and offer every part of yourself to him as an instrument of righteousness. <sup>14</sup>For sin shall no longer be your master, because you are not under the law, but under grace.

## Prefrontal Cortex is Responsible for Executive Function



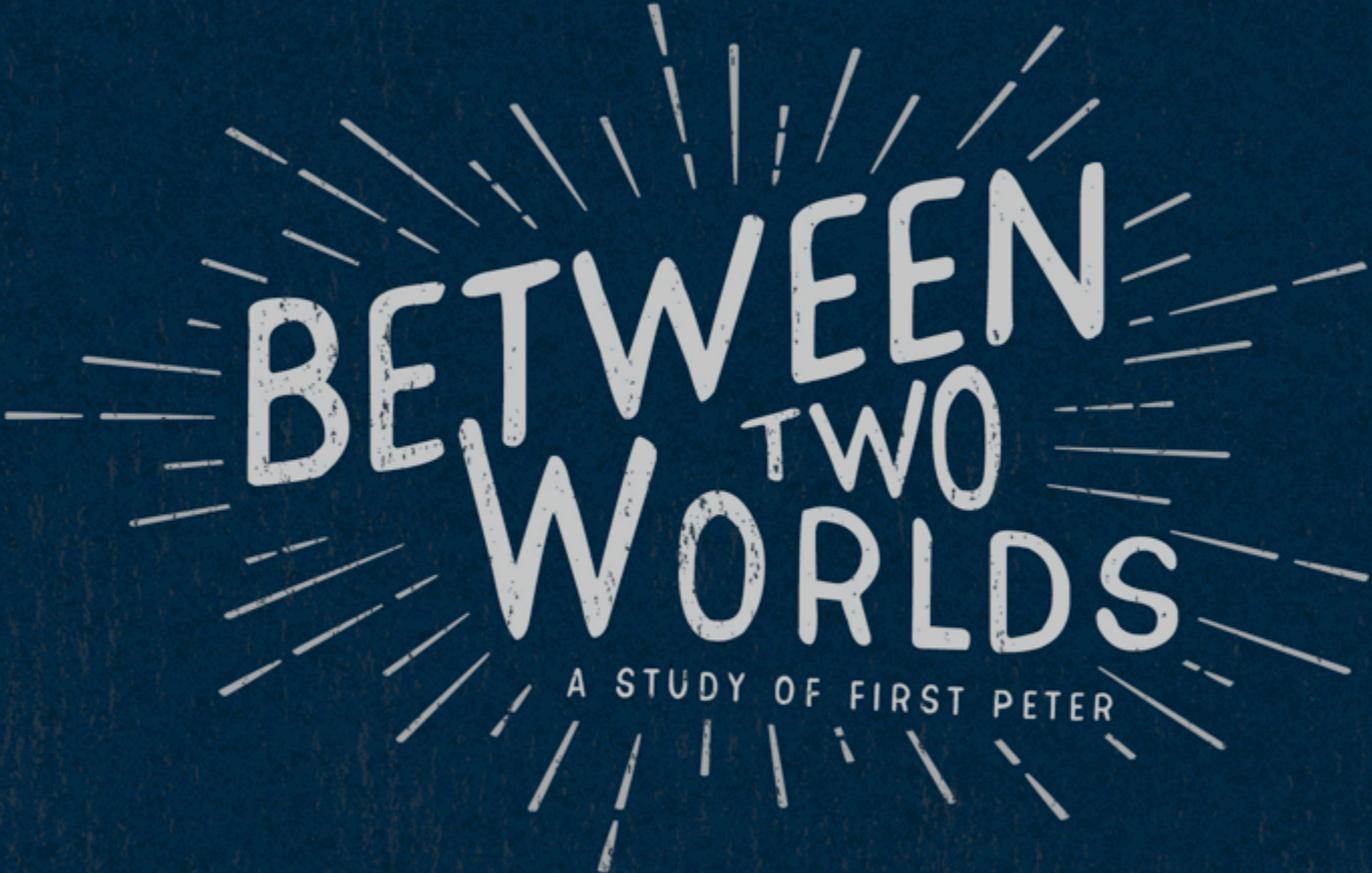
### Executive Function

- Plays an important role in cognitive control
- Is involved in supervisory attention
- Orchestrates thought and action according to internal goals
- Provides top-down bias signals to other brain structures to guide the flow of activity along neural pathways

(Kuo, et al., 2008; Miller & Cohen, 2001)

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The title 'BETWEEN TWO WORLDS' is rendered in a white, hand-drawn, distressed font. The word 'BETWEEN' is on the top line, 'TWO' is smaller and positioned between 'BETWEEN' and 'WORLDS', and 'WORLDS' is on the bottom line. The text is surrounded by numerous short, white, radiating lines that create a sunburst or starburst effect. The entire graphic is set against a dark blue, textured background.

BETWEEN  
TWO  
WORLDS

A STUDY OF FIRST PETER

## 1 Peter 4:1-6

<sup>1</sup>Therefore, since Christ suffered in his body, arm yourselves also with the same attitude, because whoever suffers in the body is done with sin. <sup>2</sup>As a result, they do not live the rest of their earthly lives for evil human desires, but rather for the will of God. <sup>3</sup>For you have spent enough time in the past doing what pagans choose to do—living in debauchery, lust, drunkenness, orgies, carousing and detestable idolatry. <sup>4</sup>They are surprised that you do not join them in their reckless, wild living, and they heap abuse on you. <sup>5</sup>But they will have to give account to him who is ready to judge the living and the dead. <sup>6</sup>For this is the reason the gospel was preached even to those who are now dead, so that they might be judged according to human standards in regard to the body, but live according to God in regard to the spirit.

This week's Message:  
*"Being done with sin"*  
1 Peter 4:1-6



## 1 Peter 1:3-6

<sup>3</sup>Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead, <sup>4</sup>and into an inheritance that can never perish, spoil or fade. This inheritance is kept in heaven for you, <sup>5</sup>who through faith are shielded by God's power until the coming of the salvation that is ready to be revealed in the last time. <sup>6</sup>In all this you greatly rejoice, though now for a little while you may have had to suffer grief in all kinds of trials.

## 1 Peter 2:9-10

<sup>9</sup>But you are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of him who called you out of darkness into his wonderful light. <sup>10</sup>Once you were not a people, but now you are the people of God; once you had not received mercy, but now you have received mercy.

## 1 Peter 3:18-22

<sup>18</sup>For Christ also suffered once for sins, the righteous for the unrighteous, to bring you to God. He was put to death in the body but made alive in the Spirit. <sup>19</sup>After being made alive, he went and made proclamation to the imprisoned spirits — <sup>20</sup>to those who were disobedient long ago when God waited patiently in the days of Noah while the ark was being built. In it only a few people, eight in all, were saved through water, <sup>21</sup>and this water symbolizes baptism that now saves you also — not the removal of dirt from the body but the pledge of a clear conscience toward God. It saves you by the resurrection of Jesus Christ, <sup>22</sup>who has gone into heaven and is at God's right hand — with angels, authorities and powers in submission to him.

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*Identity*

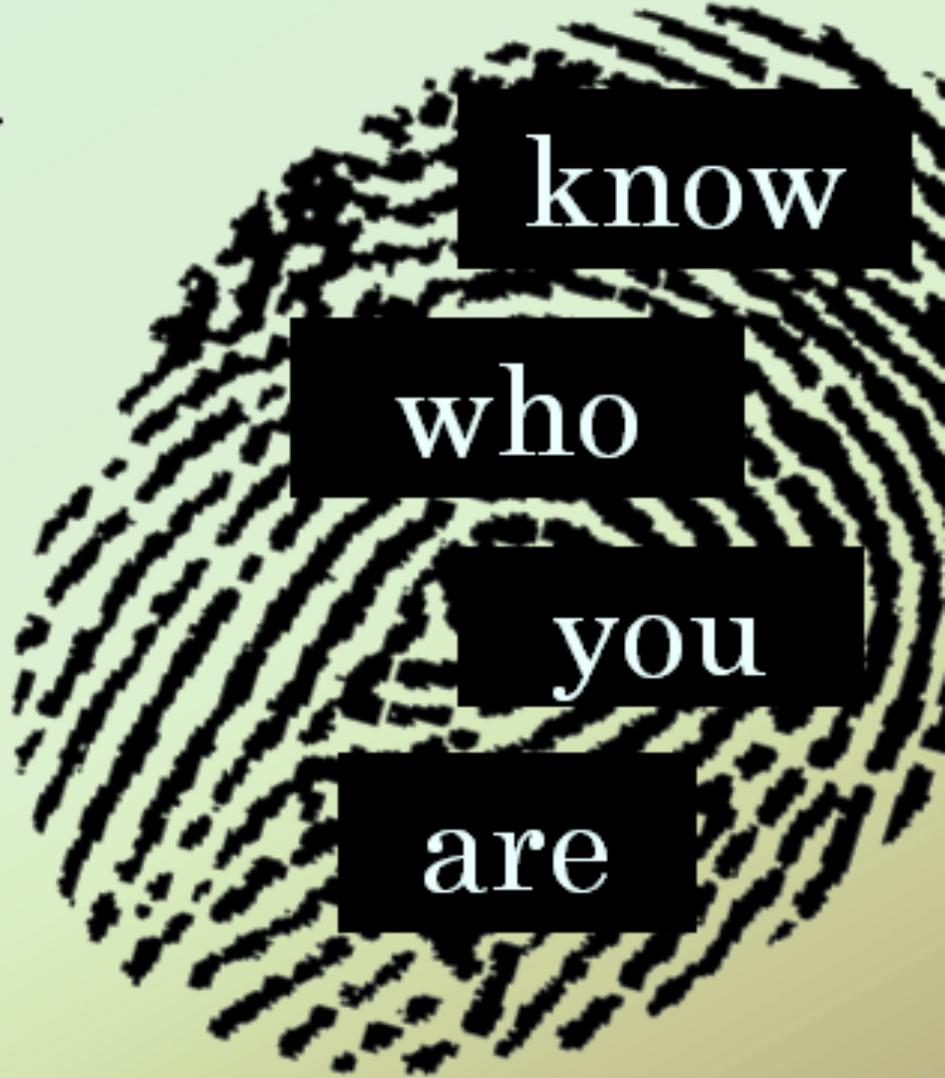
**in Christ**

know

who

you

are





**Indicative - Imperative**

**Indicative - Imperative**  
**WHO - WHAT**

# Indicative - Imperative

“You are holy” →→→ “So, live holy”

## 1 Corinthians 6:19-20

<sup>19</sup>Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; <sup>20</sup>you were bought at a price. Therefore honor God with your bodies.

Unredeemed inner man  
(old man)



Unredeemed body  
(flesh)

Redeemed inner man  
(New Man)



The  
Holy  
Spirit

Unredeemed body  
(lingering sin)

## Romans 6:1-2, 5-7, 11-14

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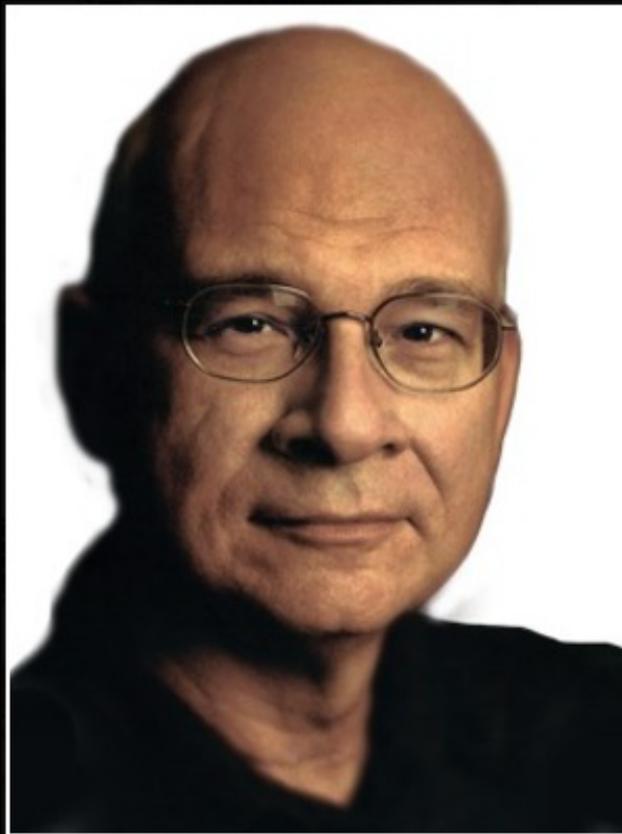
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In every other religion the indicative flows from the imperative. Which means, 'because I do, therefore I am... because I do this, therefore I'm a child of God.' But only in Christianity does the imperative flow from the indicative. 'Because I am in Christ all these things, therefore I obey.' Exactly the opposite.

— *Timothy Keller* —

# Being Done with Sin

# Being Done with Sin

1. Suffering is an indication of your spirit being alive

## 1 Peter 4:1

<sup>1</sup>Therefore, since Christ suffered in his body, arm yourselves also with the same attitude, because whoever suffers in the body is done with sin.

# Being Done with Sin

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  - a. *Arm yourself*

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# Being Done with Sin

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## **1 Peter 3:18**

<sup>18</sup>For Christ also suffered once for sins, the righteous for the unrighteous, to bring you to God. He was put to death in the body but made alive in the Spirit.

The term “arm yourselves” has military connotations, and in other texts the Christian life is compared to the life of a warrior (Rom 6:13; 13:12; 2 Cor 6:7; 10:4; Eph 6:11–17; 1 Thess 5:8). The martial language indicates that discipline and grit are needed to live the Christian life, particularly in view of the suffering believers encounter. Indeed, believers must arm themselves with the “attitude” that suffering is inevitable... Like soldiers preparing for battle, believers should prepare themselves for suffering.



~ Thomas R. Schreiner, *1, 2 Peter, Jude*, vol. 37, *The New American Commentary* (Nashville: Broadman & Holman Publishers, 2003), 199.

# Being Done with Sin

1. Suffering is an indication of your spirit being alive
  - b. Suffering in the body = done with sin*

## **1 Peter 4:1**

<sup>1</sup>Therefore, since Christ suffered in his body, arm yourselves also with the same attitude, because whoever suffers in the body is done with sin.

# Being Done with Sin

2. There is a difference in our day to day lives

## 1 Peter 4:2

<sup>2</sup>As a result, they do not live the rest of their earthly lives for evil human desires, but rather for the will of God.

# Being Done with Sin

3. Renewed people are different than unrenewed people

## 1 Peter 4:3-4

<sup>3</sup>For you have spent enough time in the past doing what pagans choose to do – living in debauchery, lust, drunkenness, orgies, carousing and detestable idolatry. <sup>4</sup>They are surprised that you do not join them in their reckless, wild living, and they heap abuse on you.

# Being Done with Sin

3. Renewed people are different than unrenewed people
  - a. *The Big Six!*

## 1 Peter 4:3-4

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# Debauchery – Acts of Abandon

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lack of self-constraint which involves one in conduct that violates all bounds of what is socially acceptable, *self-abandonment*.



~ William Arndt et al., [\*A Greek-English Lexicon of the New Testament and Other Early Christian Literature\*](#)  
(Chicago: University of Chicago Press, 2000), 141.

“and we take captive every  
thought to make it  
obedient to Christ.”

*~ The Apostle Paul in 2 Corinthians 10:5.*

“and we take captive every  
thought to make it  
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~ *The Apostle Paul in 2 Corinthians 10:5.*



Lust

# Lust

a desire for something forbidden  
or simply inordinate,  
*craving, lust*

~ William Arndt et al., [A Greek-English Lexicon of the New Testament and Other Early Christian Literature](#)  
(Chicago: University of Chicago Press, 2000), 372.



Lust is a poor, weak, whimpering,  
whispering thing compared with that  
richness and energy of desire which  
will arise when lust has been killed.

— *C. S. Lewis* —



# Drunkenness

# Drunkenness

*drunkenness*

~ William Arndt et al., *A Greek-English Lexicon of the New Testament and Other Early Christian Literature*  
(Chicago: University of Chicago Press, 2000), 701.

# Orgies

# Orgies

drinking parties involving unrestrained indulgence in alcoholic beverages and accompanying immoral behavior – ‘orgy, reveling, carousing.’

~ Johannes P. Louw and Eugene Albert Nida,  
*Greek-English Lexicon of the New Testament:*  
*Based on Semantic Domains* (New York: United Bible Societies, 1996), 772.



# Drinking Parties

# Drinking Parties

a social gathering at which wine was served, *drinking party*. 1

Peter 4:3 here probably in the sense of ‘carousal’. In the Greek-Roman world it was customary for [highbrows intellectuals] to hold banquets at which topical discussions were featured, with participants well lubricated with wine. These would not properly be rendered ‘carousals’. It is probable that this passage has less sophisticated participants in mind.

~ William Arndt et al., [\*A Greek-English Lexicon of the New Testament and Other Early Christian Literature\*](#)  
(Chicago: University of Chicago Press, 2000), 857.

# Detestable Idolatry

# Detestable Idolatry

pertaining to being bad and disgusting on the basis of not being allowed — ‘disgusting, bad.

derogatory term *image-worship, idolatry*

~ Johannes P. Louw and Eugene Albert Nida,  
[\*Greek-English Lexicon of the New Testament: Based on Semantic Domains\*](#) (New York: United Bible Societies, 1996),  
757 and William Arndt et al., [\*A Greek-English Lexicon of the New Testament and Other Early Christian Literature\*](#)

# **IDOLATRY**

**MAKING A GOOD THING THE ULTIMATE THING.**

# Being Done with Sin

3. We are different than unrenewed people  
*The abuse toward those who don't join in*

## 1 Peter 4:3-4

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Pagans of the first century viewed Christians as killjoys who lived gloomy lives devoid of pleasure... The pleasures from which Christians of the first century typically abstained were the popular forms of Roman entertainment: the theater with its risqué performances, the chariot races, and the gladiatorial fights with their blood and gore. Christian lifestyle also condemned the “pleasures” of an indulgent temper, sex outside marriage, drinking, slander, lying, covetousness, and theft. These attitudes toward contemporary Roman customs and morals, combined with the Christians’ refusal to burn incense to the emperor – a gesture of civic gratitude intended to assure the well-being of the empire – earned Christians the reputation of being haters of humanity and traitors to the Roman way of life.

~ Karen H. Jobes, *1 Peter*, Baker Exegetical Commentary on the New Testament, page 262



What is the specific kind of suffering Peter is referring to in this passage?

# FEAR OF MISSING OUT



# Being Done with Sin

4. There is a real judgement coming for all,  
and the gospel is the answer!

## 1 Peter 4:5-6

<sup>5</sup>But they will have to give account to him who is ready to judge the living and the dead. <sup>6</sup>For this is the reason the gospel was preached even to those who are now dead, so that they might be judged according to human standards in regard to the body, but live according to God in regard to the spirit.

# Gospel Application

*Will you “arm yourself” to  
face suffering and be  
done with sin?*