

**MESSAGE NOTES****SCRIPTURE PASSAGE**

Kummerspeck

**NEW Summer Sermon Series – Psalms!**

An Introduction to the Psalms

Personal, Corporate, and Christ-directed

**Today's message:**

The LORD and his anointed  
Psalms 1 & 2

**Psalm 1:1-4 – The righteous****Psalm 1:5-6 – The unrighteous**

How we tend to read Psalm 1

**Psalm 2:1-3**

The importance of reading the Psalms  
through the lens of the New Testament

“The nations conspire...”  
Acts 4:24-28

**Psalm 2:4-6****Psalm 2:7-9**

“You are my son; today I have become  
your father”  
Acts 13:29-35

**Psalm 2:10-12**

The TRUE king! The Anointed One!

*Are you the blessed one...who take[s] refuge  
in him?*

**Psalm 1–2**

<sup>1:1</sup> Blessed is the one who does not walk  
in step with the wicked or stand in the  
way that sinners take or sit in the  
company of mockers, <sup>1:2</sup> but whose  
delight is in the law of the Lord, and  
who meditates on his law day and night.  
<sup>1:3</sup> That person is like a tree planted by  
streams of water, which yields its fruit  
in season and whose leaf does not  
wither— whatever they do prospers. <sup>1:4</sup>  
Not so the wicked! They are like chaff  
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the wicked will not stand in the  
judgment, nor sinners in the assembly of  
the righteous. <sup>1:6</sup> For the Lord watches  
over the way of the righteous, but the  
way of the wicked leads to destruction.

<sup>2:1</sup> Why do the nations conspire and the  
peoples plot in vain? <sup>2:2</sup> The kings of the  
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The One enthroned in heaven laughs;  
the Lord scoffs at them. <sup>2:5</sup> He rebukes  
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I will proclaim the Lord’s decree: He  
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a rod of iron; you will dash them to  
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and celebrate his rule with trembling. <sup>2:12</sup>  
Kiss his son, or he will be angry and  
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# Wonderful Words With No English Equivalent

## 15. **Kummerspeck (German)**

Excess weight gained from emotional overeating. Literally, grief bacon.

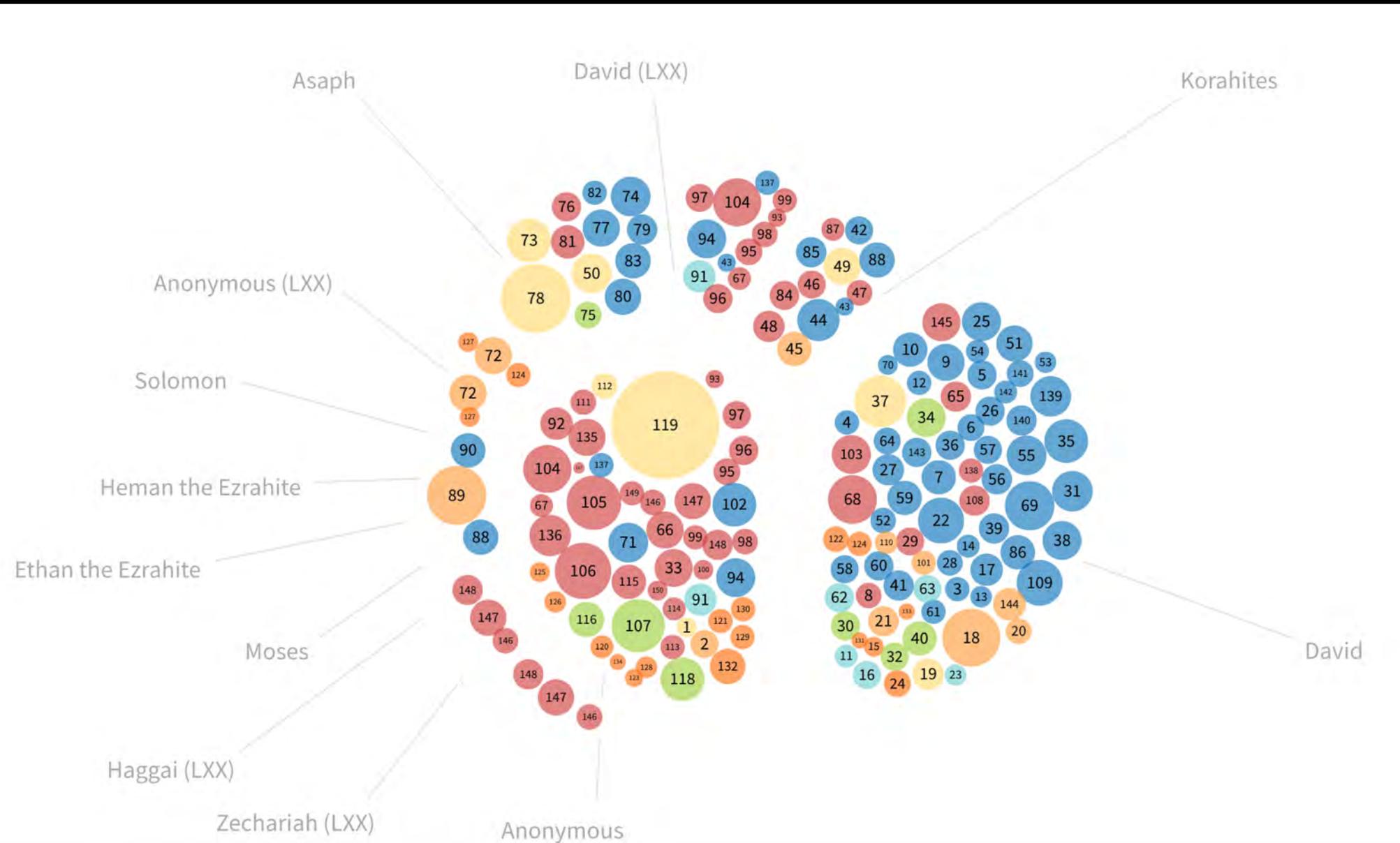
grief-bacon

"kummerspeck" from German

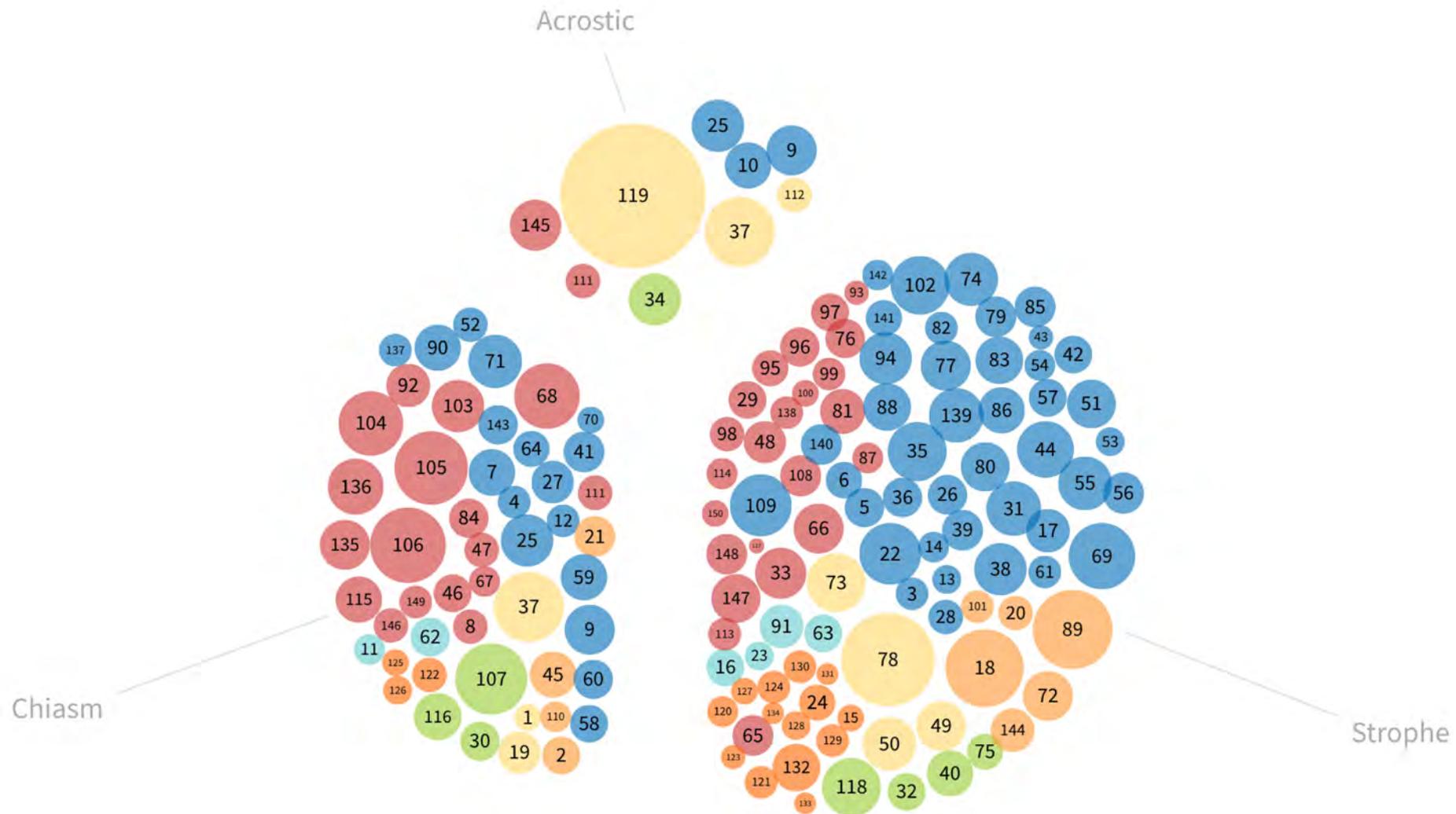
# PSALMS

SERMON SERIES

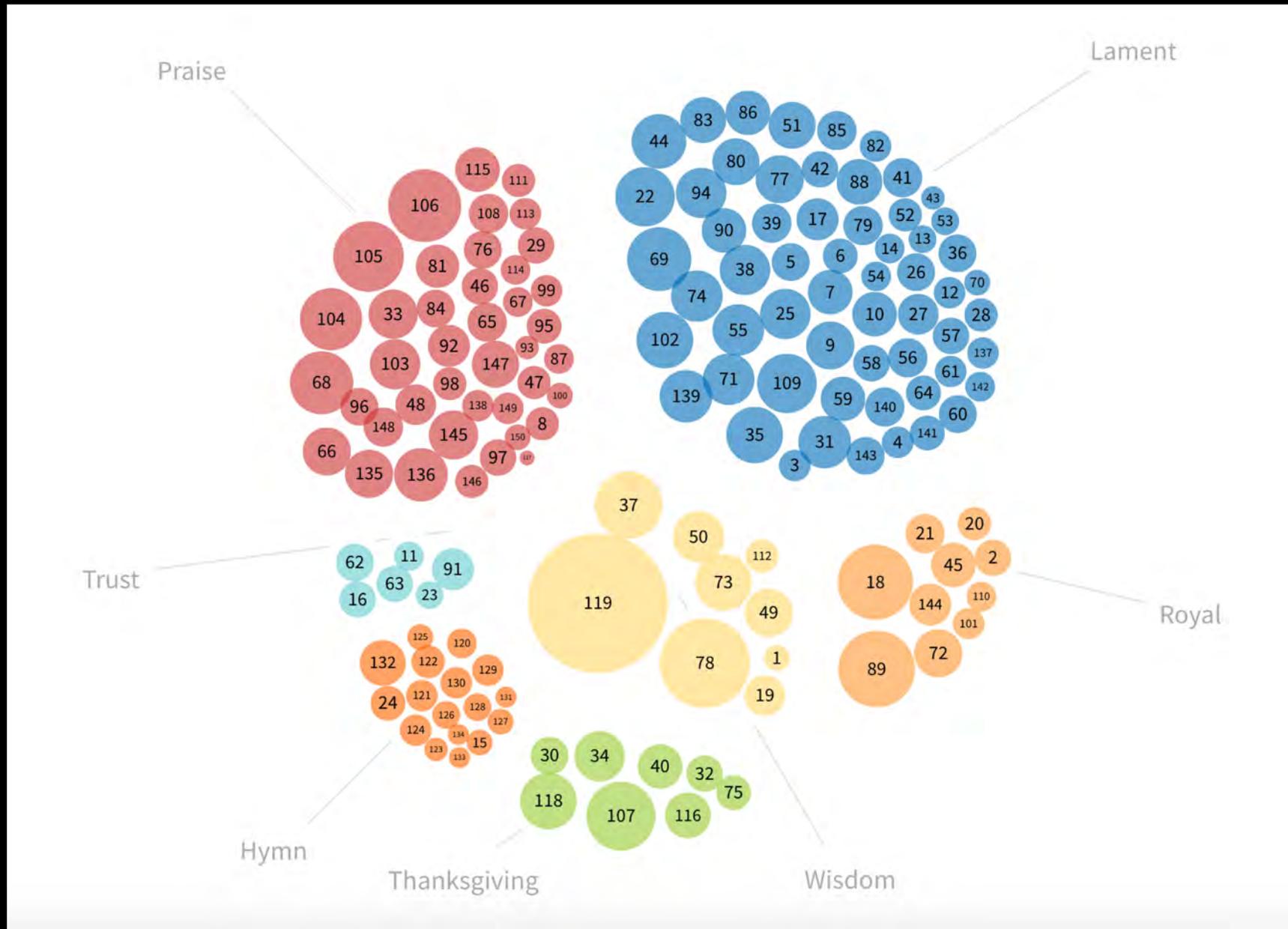
# An introduction to the book of Psalms



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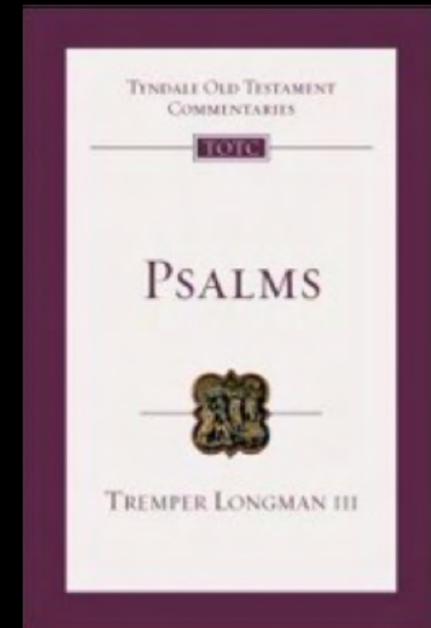


# An introduction to the book of Psalms



It seems as though the writers of the New Testament are not attempting to identify and limit the psalms that prefigure Christ but rather are assuming that the (Psalms) as a whole has Jesus Christ in view and that this should be the normative way of interpreting the psalms.

Bruce K. Waltke in Longman, T., III. (2014). *Psalms: An Introduction and Commentary*. (D. G. Firth, Ed.) (Vol. 15–16, p. 48). Nottingham, England: Inter-Varsity Press.



This week's message:

The LORD and his anointed  
*Psalms 1 & 2*

[hopecc.com/slides](http://hopecc.com/slides) & [hopecc.com/notes](http://hopecc.com/notes)

## Psalm 1-2

<sup>1:1</sup> Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, <sup>1:2</sup> but whose delight is in the law of the LORD, and who meditates on his law day and night. <sup>1:3</sup> That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither — whatever they do prospers. <sup>1:4</sup> Not so the wicked! They are like chaff that the wind blows away. <sup>1:5</sup> Therefore the wicked will not stand in the judgment, nor sinners in the assembly of the righteous. <sup>1:6</sup> For the LORD watches over the way of the righteous, but the way of the wicked leads to destruction.

A — The righteous man stands not with the wicked

1 // (a) Blessed is the one  
who does not walk in step with (b) the wicked  
(a) or stand (b) in the way that sinners take  
(a) or sit (b) in the company of mockers,

B — The blessed man chooses God's law

2 // (a) but (b) whose delight is in the law of the LORD,  
(a) and (b) who meditates on his law day and night.

C — Green tree illustrates righteous man

3 // (a) That person is like a tree planted by streams of water,  
(b) which yields its fruit in season  
(b) and whose leaf does not wither—  
whatever (c) they do prospers.

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## How we tend to read Psalm 1

<sup>1:1</sup> Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, <sup>1:2</sup> but whose delight is in the law of the LORD, and who meditates on his law day and night. <sup>1:3</sup> That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither — whatever they do prospers. <sup>1:4</sup> Not so the wicked! They are like chaff that the wind blows away. <sup>1:5</sup> Therefore the wicked will not stand in the judgment, nor sinners in the assembly of the righteous. <sup>1:6</sup> For the LORD watches over the way of the righteous, but the way of the wicked leads to destruction.

## Psalm 2

2:1 Why do the nations conspire and the peoples plot in vain?

2:2 The kings of the earth rise up and the rulers band together against the LORD and against his anointed, saying, 2:3 “Let us

break their chains and throw off their shackles.” 2:4 The One enthroned in heaven laughs; the Lord scoffs at them. 2:5 He

rebukes them in his anger and terrifies them in his wrath,

saying, 2:6 “I have installed my king on Zion, my holy mountain.”

## Acts 4:24–28

<sup>24</sup> When they heard this, they raised their voices together in prayer to God. “Sovereign Lord,” they said, “you made the heavens and the earth and the sea, and everything in them. <sup>25</sup> You spoke by the Holy Spirit through the mouth of your servant, our father David: “ ‘Why do the nations rage and the peoples plot in vain? <sup>26</sup> The kings of the earth rise up and the rulers band together against the Lord and against his anointed one.’ <sup>27</sup> Indeed Herod and Pontius Pilate met together with the Gentiles and the people of Israel in this city to conspire against your holy servant Jesus, whom you anointed. <sup>28</sup> They did what your power and will had decided beforehand should happen.

## Psalm 2

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## Psalm 2

2:7 I will proclaim the LORD's decree: He said to me, "You are my son; today I have become your father. 2:8 Ask me, and I will make the nations your inheritance, the ends of the earth your possession. 2:9 You will break them with a rod of iron; you will dash them to pieces like pottery." 2:10 Therefore, you kings, be wise; be warned, you rulers of the earth. 2:11 Serve the LORD with fear and celebrate his rule with trembling. 2:12 Kiss his son, or he will be angry and your way will lead to your destruction, for his wrath can flare up in a moment. Blessed are all who take refuge in him.

## Acts 13:29-35

<sup>29</sup> When they had carried out all that was written about him, they took him down from the cross and laid him in a tomb. <sup>30</sup> But God raised him from the dead, <sup>31</sup> and for many days he was seen by those who had traveled with him from Galilee to Jerusalem. They are now his witnesses to our people. <sup>32</sup> We tell you the good news: What God promised our ancestors <sup>33</sup> he has fulfilled for us, their children, by raising up Jesus. As it is written in the second Psalm: 'You are my son; today I have become your father.'

<sup>34</sup> God raised him from the dead so that he will never be subject to decay. As God has said, 'I will give you the holy and sure blessings promised to David.' <sup>35</sup> So it is also stated elsewhere: 'You will not let your holy one see decay.'

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## Psalm 1:1 & 2:12

1:1 Blessed is the one who...

...

...

...

...

Take[s] refuge in him.